

## **Minutes of the Meeting of the ESH Scientific Council**

**May 27, 2026 | 15:00 – 18:00 CEST**

**Amber EXPO | ESH Room, Level 1, Gdańsk**

### **PARTICIPANTS**

T. Weber, President

A. Januszewicz, Vice-President

C. Delles, Secretary

J. Danser, Treasurer

D. Ferrão, YI Representative

J. Brguljan

M. Burnier

R. de Pinho

G. Grassi

L. Halvorsen

Z. Jarai

R. Kreutz

A. Pathak

A. Persu

K. Tsioufis

### **Other participants**

M. Elgner, ESH Coordinator

R. Lynch, ESH Sekretariat

M. Massaro, AIM Group (partly)

G. Sarri & G. Parzanese, AIM Communications (for topic XX only)

### **Apologies**

M. Brunström

M. Doumas

G. Mancia

E. Rodilla

### **1. PRESIDENT'S WELCOME & APOLOGIES (T. Weber)**

The ESH President, T. Weber, welcomed all members to the ESH Council meeting.

T. Weber apologized on behalf of the Council members M. Brunström, M. Doumass, G. Mancia and E. Rodilla who, due to flight problems will arrive late and are unable to attend the Council meeting.

### **2. APPROVAL OF MINUTES – Online Council Meeting on March 16, 2026 (C. Delles)**

The minutes of the online Council Meeting held on March 16, 2026 were approved unanimously by the Council members.

### **3. TREASURERS REPORTS**

#### **3.a ESH Financial Report (J. Danser)**

J. Danser presented the audited Financial Statement as of 31 December 2025, expressed in Swiss francs (CHF). He was unable to provide more recent financial information due to the unavailability of the auditors' staff at Ornitag AG as a result of health-related issues.

#### **Financial position as of 31 December 2025:**

- Total assets: CHF 2,458,379.95 (an increase of approximately EUR 150,000 compared with the previous year)
- Total short-term liabilities: CHF 164,833.98
- Total equity: CHF 2,293,539.97
- Total liabilities and equity: CHF 2,458,373.95
- Net result for 2025: CHF 159,668.34

#### **3.b FESH Financial Report (M. Burnier)**

M. Burnier presented the audited Financial Statement as of 31 December 2025, expressed in Swiss francs (CHF).

#### **Financial position as of 31 December 2025:**

- Total assets: CHF 785,256.37
- Total short-term liabilities: CHF 28,936.00
- Total long-term liabilities: CHF 261,423.95 (FESH projects)
- Total liabilities: CHF 291,359.95
- Net result for 2025: CHF 27,457.94

In recent years, the Summer School has cost on average around EUR 140,000 to 150,000. The organizers of the 2024 Summer School in France did an outstanding job securing about EUR 94,000 (CHF 90,531) in sponsorship. The Swedish team organizing the 2025 school also raised around EUR 78,000 (CHF 75,838.10). M. Burnier thanked the organizers for their strong support.

#### **3.c Situation at Ornitag (M. Burnier)**

M. Burnier informed the Council that the situation at Ornitag remains uncertain. Several staffing changes have taken place, primarily due to health-related issues. The Council expressed its hope that Beat Steiman's health concerns are not serious and that he will be able to return to work in the near future.

For all financial matters, Council members should contact J. Danser and M. Elgner to ensure proper oversight.

### **4. BUSINESS MATTERS**

#### **4.a Tasks of Council Members (C. Delles)**

##### ***Appointment of New Task Force Leaders***

C. Delles informed the Council that, following the recent revisions to the Society's by-laws,

corresponding changes to the structure and composition of the Task Forces will be required. The appointment of new Task Force leaders will therefore need to be considered in due course.

#### ***Requests for Endorsement from Non-EU Companies***

C. Delles reported an increasing number of requests from companies based outside the European Union (e.g., in India) seeking Society endorsement for educational webinars and related activities.

The Council agreed that a dedicated coordinator should be appointed to oversee and manage such requests and to ensure a consistent and transparent endorsement process.

#### ***Development of an Education Strategy***

The Council acknowledged the need to develop and implement a comprehensive education strategy for the Society. This strategy should define key priorities, target audiences, and appropriate delivery formats for future educational initiatives.

#### ***First Meeting of the FESH Committee***

The 1<sup>st</sup> meeting of the FESH Committee, chaired by G. Mancia, will take place on 28 May 2026 at 12:00. New initiatives focusing on education and research will be presented and discussed.

#### ***Working Groups, Guidelines, and Educational Activities***

The Council reviewed the current activities of the Working Groups and the progress of guideline development. Opportunities to further strengthen their contribution to the Society's educational mission were discussed.

#### ***Website Development***

The Council discussed potential improvements to the Society's website, with particular emphasis on enhancing communication, improving access to resources, and increasing member engagement.

## **5. UPDATE GUIDELINES**

### **5.a 2029 Joint Guidelines with ESC (T. Weber)**

T. Weber informed the Council about a recent teleconference with the ESC regarding the development of the joint Guidelines planned for 2029. The discussions were constructive, and agreement was reached on most key issues. However, discussions remain ongoing concerning the evidence-grading system, and the draft Memorandum of Understanding (MoU) will undergo further review by the ESC Board in December.

The Council was informed of several principles that are expected to govern the guideline development process:

- The number of authors and reviewers will be limited.
- ESH will be required to comply with the ESC financial disclosure rules for authors, including the annual disclosure threshold of €10,000.
- Restrictions on the number of times an individual may serve as first author will apply. This requirement is considered non-negotiable and will also extend to reviewers.
- The relationship between guideline contributors and industry will remain an important consideration throughout the process.
- Further clarification is required regarding the possibility of publication in both ESH journals.
- Additional discussions are needed concerning the extent to which the Guidelines may be presented at the ESH Annual Meeting.

The Council approved the proposed ESH negotiating team:

- T. Weber (lead)
- C. Delles
- M. Brunström

T. Weber committed to keeping the Council informed of further developments and to circulating future drafts of the Memorandum of Understanding as discussions progress.

In case that there will be an agreement between both societies, T. Weber offered to take the ESH chair position, which was unanimously agreed.

### **5.b 2028 ESC Guidelines on CVD Prevention**

T. Weber informed the Council that the ESC has clarified ESH's contribution to the 2028 ESC Guidelines on Cardiovascular Disease (CVD) Prevention. ESC has decided to focus in these guidelines on non-traditional CV risk factors. Therefore, the role of traditional CV risk factors such as hypertension will be smaller, given the fact that specific guidelines on traditional risk factors exist and will be updated (see 5.a). Therefore, ESC offered us no longer a co-authors position, but rather the position of an internal reviewer. It was decided to agree to the ESC proposal, but to ask for two internal reviewer positions, given the strong recent publication of our WG on Environment in Hypertension.

### **5.c ESH MASTERplan Activities – Update (R. Kreutz)**

R. Kreutz reported that several translations from National Societies have been received, while others are still in progress.

He further informed the Council that the illustrations are currently being prepared. The infographics will be produced as single-page documents.

He will discuss with the ESC the potential inclusion of these materials in the joint Guidelines. Copyright issues related to the Pocket Guidelines will need to be negotiated with the ESC and the *Journal of Hypertension*.

## **6. UPDATES FROM ESH TASK FORCES**

### **6.a Task Forces on Educational Activities & Scientific Activities (J. Brguljan, A. Januszewicz)**

A. Januszewicz reported about the very successful first episode of the new ESH Masterclass webinar series that took place on May 11, 2026. It was titled "Unmasking Secondary Hypertension: Diagnosis, Pitfalls, and Targeted Therapy". The recording is already available on the ESH website.

The 2026 calendar of upcoming webinars within the series *Unmasking Secondary Hypertension* was presented:

- 30 September: Atherosclerotic renovascular disease (RVD)
- October (date to be confirmed): Renovascular disease (RVD) due to fibromuscular dysplasia
- November (date to be confirmed): Malignant hypertension due to secondary hypertension
- December (date to be confirmed): Pheochromocytoma–paraganglioma syndrome

## **7. COMMUNICATIONS** (A. Pathak, D. Ferrão)

### **7.a Overview** (A. Pathak)

A. Pathak presented an overview of the development of the *Digital Voice of ESH*, highlighting the transition from congress-centred communication towards a continuously visible scientific community.

The presentation covered:

- Achievements to date
- The rationale for this strategic evolution
- Examples and inspiration from leading scientific societies

He further outlined the 365-day communication strategy, aimed at shifting from event-based promotion to continuous engagement.

Key elements included:

- The four strategic pillars
- Future directions for digital communication

The next phase will focus on engagement, influence, and leadership, with the objective of positioning ESH as a leading reference voice in hypertension.

Strategic priorities for 2026–2028 were also presented, highlighting opportunities for ESH to further strengthen its visibility and impact.

### **7.b Proposal: ESH Brand Manual** (G. Sarri, AIM Communications)

#### ***Brand Identity Guidelines***

A further overview of the digital promotion strategy for ESH was presented.

The development of the ESH brand identity is currently a work in progress. This activity is funded through the ESH budget and is being implemented on a pilot basis in collaboration with AIM Communications. The primary target audience is healthcare professionals in the field.

The 2025 pilot phase has already shown promising results within the first three months.

Key elements of the emerging brand identity include:

- Flexibility
- Purpose-driven communication
- Regular updates aligned with the ESH core mission
- A clearly defined communication language and tone of voice

The proposed brand archetype framework includes:

- Primary archetype: The Sage
- Secondary archetype: The Caregiver

Visual identity components currently under development include:

- Logo design and usage guidelines
- Colour palette
- Typeface selection
- Shapes and graphic patterns

Applications of the brand identity will extend to:

- Physical and event-related materials (e.g., promotional items and environmental branding)
- Digital platforms, including social media and newsletters

### **7.c Social Media Update, Newsletter** (G. Parzanese, AIM Communications)

G. Parzanese presented a summary of the ESH Marketing and Communications (MarCom) activities report.

#### **1. Overview and Strategy**

The presentation reviewed progress made since the trial phase launched in December 2025. Significant results were achieved within the first three months, particularly through LinkedIn and Instagram activities.

The 2026 communication strategy is structured around three key pillars:

- Community: social media and newsletter activities
- Brand: development and implementation of brand guidelines
- Content: production of podcasts and other educational formats

#### **2. Social Media Activities**

The social media strategy is organized around the following content clusters:

- Meetings and events
- Online education
- ESH flagship (“hero”) content
- Publications
- Resources for the professional community

An overview of social media performance was presented:

#### **LinkedIn**

- Trial phase (2025): 244 followers
- Mid-February to end of May 2026: 416 followers
- Net increase: +172 followers

#### **Instagram**

- Trial phase (2025): 464 followers
- Mid-February to end of May 2026: 623 followers
- Net increase: +159 followers

The paid advertising strategy focuses on:

- Increasing awareness and engagement
- Growing the Instagram audience
- Driving registrations for the Annual Congress
- Promoting audio podcast content

The content framework is based on three types of posts:

- Hero posts: flagship content showcasing ESH and its mission (e.g., “Who is ESH?”)
- Hub posts: regular content designed to maintain audience engagement
- Help posts: practical and educational content providing value to the community

### **3. On-site Communication Activities**

Communication activities during ESH 2026 will include:

- Approximately 40 Instagram stories (more than 10 per day)
- Four daily recap posts across LinkedIn and Instagram
- Production of two short-form “express” reels using mobile devices

### **4. Direct E-Mail Marketing**

*An example of direct e-mail marketing activity was presented:*

- Welcome message for the official ESH Newsletter

T. Weber thanked G. Sarri and G. Parzanese for the good work they have done within the past months.

## **8. ESH EXCELLENCE CENTRE PROGRAM & HYPERTENSION SPECIALIST PROGRAM (M. Doumas, C. Delles)**

### **8.a ESH Excellence Centres Update**

A brief overview of the current status of the Excellence Centres was presented.

- Total Excellence Centres: 217 (May 2026)
- Affiliated E.C.s (Europe): 199
- European countries represented: 34
- Associated E.C.s outside Europe: 18
- Countries outside Europe: 11, across 5 continents (Asia, Middle East, Oceania, South America, and North America)

*New Excellence Centres approved*

- 2025: 10
- 2026: 7

*Status of Excellence Centre Leads*

- Total E.C. Leads: 231
- Heads in good standing: 154
- Heads with unpaid membership fees: 77
- Heads who are not ESH members: 15

## 8.b ESH Hypertension Specialists Update

A brief overview of the current status of Hypertension Specialists was presented.

- Total number of Hypertension Specialists (ESH): 635 (May 2026)
- ESH Hypertension Specialists in Europe: 604
- European countries represented: 34
- ESH Hypertension Specialists outside Europe: 31
- Countries outside Europe: 15 across 6 continents (Asia, Middle East, Oceania, North Africa, North America, and South America)

### *New Hypertension Specialists approved*

- 2025: 19
- 2026: 7

### *Status of Hypertension Specialists (May 2026)*

- In good standing: 136
- With unpaid membership fees: 499

The issue of unpaid membership fees among both Excellence Centre heads and Hypertension Specialists remains ongoing and requires careful consideration. An effective and sustainable solution will need to be identified and implemented.

## 9. WORKING GROUP ACTIVITIES (A. Persu)

### 9.a Changes in WG Leadership / Elections

A. Persu presented an overview of the Working Group leadership positions to be renewed for 2026, as well as those Working Groups scheduled to hold leadership elections during the meeting in Gdańsk.

### 9.b Update on WG Publications and Projects

#### *Working Group on Blood Pressure Monitoring*

- Position Paper: ***Wearable wrist-watch type cuff oscillometric blood pressure monitors: Evidence, potential, and consensus recommendations***
- Suggested target journal: *Journal of Hypertension*
- Date of proposal submission to ESH Council: 08 February 2026

#### *Working Group on Diabetes and Metabolic Risk Factors*

- Review article: ***Obesity and heart failure-A "how to manage" guide***
- Endorsed by: Association for the Study of Obesity
- Suggested target journal: *Journal of Hypertension*
- Date of submission to ESH Council: January 2025
- Published: *Journal of Hypertension*, 2026 Jun 1;44(6):938–947

### **Working Group on Diabetes and Metabolic Risk Factors**

- Review article: **Obesity-induced hypertension: A focus on individualized pharmacotherapy and the role of body composition**
- Suggested target journal: *British Journal of Clinical Pharmacology* (invitation)
- Expected submission date: Not specified
- Key authors: Christina Antza, Reinhold Kreutz
- Date of submission to ESH Council: 13 May 2025
- Status: Submitted

### **Working Group on Small Arteries**

- Position paper: **Management of hypertension in patients with autoimmune rheumatic disorders**
- *Topic Hypertension and autoimmune rheumatic disorders*
- Expected submission date: January 2025

Both Working Group position papers submitted to the *Journal of Hypertension* have been accepted. A. Virdis expressed special thanks to Eugenia Gkaliagkousi and colleagues for their excellent work.

### **Working Group on Environment in Hypertension**

- Position paper: **Environmental pollution and climate change in relation to hypertension**
- Suggested target journal: *Cardiovascular Research*
- Expected submission date: June 2025
- Date of proposal submission to ESH Council: January 2025
- Published: *Cardiovascular Research*, 2026 Mar 20; cvag061. doi:10.1093/cvr/cvag061 (online ahead of print)

### **Working Group on Hypertension and the Kidney / Environment in Hypertension**

- Position paper: **Management of antihypertensive and nephroprotective drugs during heat waves in patients with hypertension**
- Suggested target journal: *Journal of Hypertension*
- Date of proposal submission to ESH Council: February 2026

R. Kreutz noted that this position paper should also involve and be discussed with the Working Group on Lifestyle, Cardiovascular Pharmacotherapy, and Adherence. Pending this, the proposal is approved.

### **Symposium – Working Group on Environment in Hypertension**

A request was made to the ESH WG Coordinator for a positive recommendation to organise a symposium of the Working Group on Environment in Hypertension as a post-ESH satellite symposium.

- Proposed date: 14 October 2026
- Location: Kraków
- Context: Prior to the Polish Society of Hypertension meeting (15–17 October 2026, Kraków)
- Proposed title: *Satellite post-ESH symposium on environmental factors in hypertension*

The endorsement was granted.

As this was his final Council meeting in his capacity as Working Group Coordinator, A. Persu expressed his gratitude to the Council for its support and collaboration throughout his term.

“It has been a great honour and learning experience for me to be coordinator of the ESH WGs all these years. I am particularly grateful to all successive Presidents and Secretaries, beginning with Costas Tsioufis and Reinhold Kreutz to Thomas Weber and Christian Delles, as well as to Mrs Mandy Elgner. Their help and support have been invaluable.

I am also very grateful to Lene Halvorsen for taking the baton. I’m sure she will improve further what we have jointly done over these years, and I am happy to support her for as long and as much as needed.”

## **10. ESH YOUNG INVESTIGATORS GROUP (D. Ferrão)**

D. Ferrão provided the Council with an update on the activities and status of the Young Investigators Group (YIG).

### **10.a YIG By-Laws / Regulations**

The YIG governing document is currently awaiting approval. D. Ferrão requested the Council’s authorization to publish it on the website. During the discussion, the Council noted that the document should not be confused with the ESH By-Laws. It was therefore agreed that the title “YIG By-Laws” should be replaced with “**YIG Regulations**”.

A brief discussion followed on the importance of ensuring regular renewal of the YIG Board. The Council agreed that the positions of Chair and Vice-Chair (similar to the WG regulations) should be filled through an online election process. After 2 years the Vice-Chair automatically becomes the Chair of the group.

The need to further strengthen the promotion of the YIG during ESH Summer Schools was also emphasized.

To ensure continued growth and engagement, it was proposed that at least five new members be recruited each year and that YIG members maintain an active level of participation in the Group’s activities.

### **10.b YIG Platform on ESH Website**

The Council was informed that the YIG section is now available on the ESH website.

### **10.c YIG Applications**

- Applications opened in March 2026
- Currently, more than 60 members have been approved
- Meetings with members will commence after the ESH Congress

### **10.d Promotion of the YIG**

The visibility and promotion of the YIG are being enhanced through the following activities:

- Emails to previous Summer School attendees
- Emails to all ESH members

- Direct communication with National Societies
- Dissemination via social media

#### 10.e Research Projects and Publications

The following YIG publications were reported as submitted or published:

- ***Empowering the next generation: The Young Investigators Group of the European Society of Hypertension*** – Belančić A. et al.  
Published in *Blood Pressure*
- ***Measurement of blood pressure in European Society of Hypertension Excellence Centres: A survey by the Young Investigators Group of the European Society of Hypertension*** – Mancusi C. et al.  
Published in *Blood Pressure*
- ***Gut microbiota as a key modulator of obesity: Mechanisms, dietary influences, and therapeutic perspectives*** – Belančić A. et al.  
Submitted
- ***Interventional treatment of arterial hypertension in the modern era: An updated review from the Young Investigators Group of the European Society of Hypertension*** – Senner Y. et al.  
Submitted
- ***Hypertension knowledge and research involvement among early-career physicians in Europe: A multinational survey*** – Antza C. et al.  
In drafting stage

#### 10.f ESH Meeting 2026

##### ***Hypertension in 2036***

This session, organised by the YIG, will explore the future of hypertension and cardiometabolic care over the coming decade.

- Date: Thursday, 28 May 2026
- Time: 16:15–17:15
- Venue: Red Room

##### **Social Evening**

The YIG Social Evening is designed as an informal networking opportunity for young investigators and early-career colleagues.

- Venue: Jungla Cocktails & Food, Gdańsk
- Date: Friday, 29 May 2026
- Time: from 19:45

##### **Under Pressure Quiz**

An interactive quiz designed to test knowledge in hypertension among young investigators and early-career colleagues. The quiz will be conducted via the ESH Congress app and will last approximately 45 minutes.

- Venue: Meet the Expert Area, AmberExpo
- Date: Saturday, 30 May 2026
- Time: 15:00

### **Congress Run**

The Morning Run will take place on Friday, 30 May 2026.

### **Congress Activities**

- YIG official booth (Booth No. 37)
- Daily congress highlights provided by YIG

### **10.g Contribution to Social Media**

#### **Communications Task Force:**

- A. Pathak
- D. Ferrão
- M. Elgner
- G. Parzanese (AIM)

### **10.h Work in Progress / Future Initiatives**

The following ongoing and planned YIG initiatives were presented:

- Expansion of the group and its scope (networking, activities, research projects)
- Development of an educational platform on the ESH website dedicated to young investigators, including:
  - Centralised access to all guidelines and position papers
  - Presentations of current and hot topics by experts and young investigators
  - Expert–YI discussions on guidelines
  - Practical research guidance (e.g., oral presentations, ESH project preparation, meta-analyses, manuscript writing)

## **11. ANNUAL MEETINGS**

### **11.a ESH 2026 Gdańsk – Update** (K. Narkiewicz, A. Januszewicz, R. Kreutz, M. Massaro)

Congress figures at May 25<sup>th</sup>

- Congress sessions: 112
- Oral Presentations: 115
- E-Poster: 521

Attendees

- Total attendees including delegates, press, exhibitors and guests: 2343
- Faculty members: 333

Abstracts

- Abstracts received at first deadline: 731
- Late Breakers: 66
- Total received: 797 (rejected abstracts 118, withdrawn abstracts 43)
- Total abstracts in the programme: 636
- Oral Presentations included in the programme: 115
- E-Posters included in the programme: 521

Sponsors:

- Diamond Sponsor: Servier
- Platinum Sponsors: Boehringer Ingelheim, Gedeon Richter
- Gold Sponsors: AstraZeneca, KRKA, Menarini, Merck
- Silver and Bronze Sponsors and Supporters were also listed

Sponsored Sessions

- 20 Sponsored sessions: 5 Symposia | 15 mini-Symposia

New Sponsored Scientific Activities

- 12 Meet-the-Expert Hub
- 1 Patient Journey

Other Sponsorships

- Other sponsorship activities were also listed

Social Programme

- Opening Ceremony & Get Together: Thursday May 28, 2026, Hall A Amber Expo
- Presidential Dinner: Saturday May 30, 2026, Artus Court, Gdansk

**11.c ESH Awards 2026** (C. Delles)

The following ESH Awards will be conveyed:

- Alberto Zanchetti Life Achievement Award – Enrico Agabiti-Rosei
- Björn Folkow Award & Lecture – Daniela Carnevale
- Honorary Membership – Konstantinos Tsioufis
- Paul Milliez Award – Alexandre Persu
- Sky Labs Established Researchers Award – Johan Sundström
- ADAMED Young Investigators Research Grant – Emelina Stabolliu
- SOMNOmedics Young Investigators Award – Geoffroy Solelhac
- 3 best oral and 3 best poster presentations – Winners will be selected onsite

J. Danser proposed awarding the winners of the three best oral and three best poster presentations as follows: EUR 1,500 for first place, EUR 1,000 for second place, and EUR 500 for third place. The Council agreed.

**11.c 2027 ESH Meeting, Basel – Outlook** (M. Burnier, M. Massaro)

Congress and Convention Bureau Support

- The congress in Basel will take place from June 10-13, 2027 at Messe Congress Center, near the Basel Marriott Hotel.
- Complimentary stay of PCO in preparation phase (estimated value CHF 4,000)
- Local culinary specialties as gifts for VIPs and speakers
- Marketing material for congress website

City Support

- Funding of CHF 50,000 can be expected
- BaselCard for free public transportation (estimated value CHF 84,150)

#### Congress Promotion

- ESH 2027 promotional activities will begin during ESH 2026 with a dedicated stand
- A special photobooth experience will allow delegates to take and instantly print a customized photo featuring the official Save the Date artwork.
- A promotional gadget will be distributed to all participants: keychain with a shopping trolley coin.

#### **11.d 2028 ISH-ESH Joint Meeting, Glasgow – Status Update** (C. Delles)

- Newly confirmed congress dates: 1-4 June, 2028
- The question of whether AHA should be asked to join the meeting
- Important sponsorship and quality of the meeting

#### **11.e 2029/2030 ESH Annual Meeting – Status Update** (C. Delles)

- 5 bids have been received to host the 2029 and 2030 ESH Annual Meeting
- The ESH Selection Committee has shortlisted 3 bids for live presentation in Gdansk:  
Gothenburg (bid for 2029)  
Lisbon (bid for 2029)  
Rotterdam (bid for 2029 and 2030)
- The bid presentation will take place on Thursday, May 28 from 13:00-14:00 CEST
- The winners will be announced during the General Assembly on Saturday, May 29 from 12:50-13:25 CEST.

#### **11.f. Faculty benefits for future ESH Annual Meetings** (T. Weber, C. Delles, All)

T. Weber pointed out that the ESH is very generous in granting benefits for faculty for the Annual Meeting. M. Burnier mentioned that the rules need to be defined well in advance.

As a reminder, the faculty rules for ESH 2026 were presented.

#### **12. SUMMER SCHOOL 2026 – The Netherlands** (J. Danser)

- Organizing committee: J. Deinum, L. Vogt, A. van Ittersum, C. Stolk van Heijden, J. Danser
- Location: Hotel De Werelt, Lunteren (75 minutes by train from Schiphol Airport, 1 hour by car)
- Date: 6-11 September 2026 (Sunday-Friday)
- Theme: Into the Future: focus on current knowledge gaps & future research agendas
- Approach: Interactive program with balanced plenary and group assignments. Each invited speaker ends with a look into the future. All invited speakers have accepted and the program has been finalized.
- Finances: Industry is very supportive and currently it is likely that it will cover 100% of the estimated costs (around 140,00-150,00 EUR), i.e. either no or very little FESH sponsoring will be required.

#### **13. RESEARCH PROJECTS – Updates**

##### **13.a ESH – AstraZeneca cooperation project – CKD Registry** (R. Kreutz, L. Halvorsen) **CKD QoC Improvement Initiative for patients with hypertension. Unrestricted Educational Grant**

A brief update on the CKD Registry was provided.

a. ESH CKD In Hypertension registry

- Prospective, observational, multicentre and multinational registry
- ESH Excellence Centres will participate as study centres
- Patients with HT and CKD
- iCaReMe-platform for data capture
- iCaReMe Registry:
  - Multinational registry established by the International Diabetes Federation (IDF) in collaboration with AstraZeneca.
  - Adjusted to our needs

Next Steps:

- Ethical approval and inclusion of study centres
- First centre: Prof. Januszewicz, Warsaw (Poland)

**14. ANY OTHER BUSINESS**

No additional matters were raised for discussion.

**15. DATED FOR FUTURE COUNCIL MEETINGS**

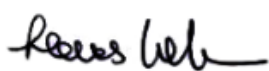
The next Council meeting is scheduled to take place in October 2026. Applications shall be sent to A. Januszewicz and A. Persu.

**16. THANK YOU AND CLOSURE OF THE MEETING (T. Weber)**

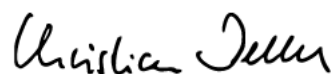
T. Weber thanked all Council members for attending the meeting.

He also expressed his sincere appreciation for their continued support, dedication, and active engagement in the Society throughout his presidency.

The meeting was adjourned.



**Thomas Weber**  
ESH President



**Christian Delles**  
ESH Secretary