

Annual Working Group Report Form

Year/time period of report: 2025

Name of Working Group: Working Group on Lifestyle, Cardiovascular Therapy and Adherence

Composition of Working Group

Chair

Name: Jorie Versmissen

Email: j.versmissen@erasmusmc.nl

Year of appointment: 2024

Vice-Chair | Lifestyle

Name: Veronique Cornelissen

Email: veronique.cornelissen@kuleuven.be

Year of appointment: 2022

Vice-Chair | Pharmacotherapy

Name: Jan Vaclavik

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Year of appointment: 2024

Vice-Chair | Adherence

Name: Pankaj Gupta

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Year of appointment: 2024

Secretary

Name: Vitoria Cunha

Email: vitoria.mcunha@gmail.com

Year of appointment: 2024

Working Group Members

Current number of members: 76

New members approved this year: 2

Antonio Gabriele Laurinavicius, Brazil, antonio.laurinavicius@gmail.com

Hedi Bakr, Iraq, hedahameed90@gmail.com

Activities of the year

Publications on behalf of the Working Group

Published this year:

Burnier et al.

Patient perceptions, motivations and barriers to treatment adherence in hypertension: results of a questionnaire-based survey in five European countries. *Blood Pressure* 2025

In preparation:

Position paper oncology and hypertension

Position paper adherence

Meetings organized/planned this year:

Online WG meetings July 2025 and April 2026 (to be scheduled)

ESH endorsement: yes

Participation to the ESH Annual Meeting

WG scientific meeting approved

Scientific projects

Completed this year: /

Ongoing: 3

In planning for next year: 2

Educational projects

Completed this year: /

Ongoing: podcast and outreach World Adherence Day

In planning for next year: e-modules adherence

Collaborations with other WGs/Scientific Societies:

-Heart

-Diabetes and Metabolic Risk factors (Review obesity-induced hypertension BJCP)

Other remarks: /

Filled by (full name): Jorie Versmissen

Date: 28/02/2026

Appendix:
List of current WG members

Last Name	First name	Country	Email-address
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