

ESH ANNUAL MEETINGS 2029 AND 2030

CALL FOR BIDS

The ESH Scientific Council welcomes bids from ESH affiliated European National Hypertension Societies, from scientists or research groups to host the ESH Annual Meetings in 2029 and 2030. Please indicate in the bid for which year you are applying for.

Important preconditions for bidding countries

Safety and security issues of the bidding country and political stability have become essential elements when selecting the destination. Countries must be in peacetime to be eligible. Likewise, the hosting country must not restrict visa issuance for citizens of any country. Armed conflicts, active military occupations, etc, must be considered and help to exclude a country in a similar situation from participating in the bid.

Accessibility: frequent and direct air connection must be guaranteed. Costs, security, and organisation are key elements for destination selection. The bid must include a list and number of daily flights, destinations available for air travel, train travel options (if applicable), public transportation costs and access to the venue/congress center.

Recent Past Meetings ESH

30th Meeting Glasgow (Joint ESH ISH), Scotland UK, April 11-14, 2021 (virtual)

31st Meeting Athens, Greece, June 17-20, 2022 (hybrid)

32nd Meeting Milan, Italy, June 23-26, 2023

33rd Meeting Berlin, Germany, May 31-June 3, 2024

34th Meeting Milan, Italy, May 23-26, 2025

1. Future Meetings

35th Meeting Gdansk, Poland, May 28-31, 2026

36th Meeting Basel, Switzerland, June 10-13, 2027

37th Meeting Glasgow (Joint ISH/ESH Meeting), UK, date tbd 2028

2. Delegates

It is expected that between 2,000-2,500 delegates will participate (including speakers, but excluding exhibitors, press, and organisers). Delegates at ESH meetings are predominantly from European countries, although attendees are also expected from other regions, particularly North America and Asian-Pacific countries. The target audience are clinicians and research scientists working in the field of hypertension and related cardiovascular diseases. A large proportion of delegates will be sponsored to attend by pharmaceutical companies.

3. Provisional Space Requirements

- 1 Main Auditorium for Plenary Sessions, seating 1,000 – 1,200
- 6 Lecture rooms seating 350 - 550
- 15 meeting rooms (capacity 20-100) for speaker briefing, hospitality suites, VIP Lounge

- 2000 m² net for exhibition space (approximately 25 exhibitors, the stands being from 6-150 square metres in size), E-posters (approx. 1,000 posters displayed in total over 2 days), registration desks.
- Space for ESH business meeting (General Assembly), 100-150 people
- Miscellaneous rooms for office space and other internal meetings for ESH and sponsors
- Lunches will be offered over the 4 days as buffet lunches, to be distributed in a dedicated area (1,200 participants each day).

The rental costs for the venue must be included in the bid. Quotations are required in EUR.

4. Provisional Programme Format

- State-of-the-art lectures, debates and round table discussions (to be given during the plenary sessions and also during some parallel sessions)
- 250- 300 oral free communication presentations (given in 3-4 parallel sessions over 3 days)
- Hands-on Sessions
- ESH Awards ceremony
- Working Group Sessions (held within the main programme)
- Satellite Symposia and other sponsored sessions (minisymposia, educational sessions)
- There are also several Investigator-led Satellites held off-site before and after the main meeting

5. Dates

A date in June is preferred. Before setting the date, an overall check of other big events or festivities must be done.

The following schedule could be taken into consideration:

Tuesday & Wednesday	Set up and group registration
Thursday	Congress opening in morning Official Opening Ceremony & Reception Exhibition
Friday & Saturday	Full day, exhibition, e-poster sessions
Sunday	Half day, exhibition Congress closing early/mid afternoon Dismantling in afternoon, evening

6. Professional Conference Organizer (PCO)

The PCO for the ESH 2029 and ESH 2030 congresses will be AIM Group International. In accordance with ESH, they will undertake all administrative and logistic work connected with the congress, e.g. full support of the Scientific Programme Committee, speaker management, abstract handling, fundraising and sponsor management, contracting and handling of the venue and all service providers, campaigning for the congress via a dedicated website and via social media, registration and related communication.

7. Local Organizing Committee (LOC) - Requirements

- Previous ESH meetings have attracted more than 2,500 delegates and local organisers should be prepared to host a meeting of at least this size.
- Local organisers should be prepared to meet with the terms set by ESH.
- The local organising Committee, in association with the ESH Scientific Council, is responsible for creating and mastering the scientific programme.
- Members of the ESH Scientific Council will not be expected to pay a registration fee to attend the meeting and are to receive complimentary tickets to all ticketed events.
- Adequate stand space in the commercial exhibition area is to be provided by the local organizer free of charge to ESH.
- There are approximately 150-200 invited speakers. The attendance of a restricted number of speakers will be arranged and covered by the local organizer/congress (low cost or restricted economy airfares and single accommodation for 2 max 3 nights).

8. Sponsorship Services

This service includes the identification and marketing of sponsorship opportunities, development of guidelines, preparation of sponsorship prospectus, sales of sponsorship opportunities to potential sponsors, invoicing, and support on-site. The fund-raising activities must be under responsibility and carried out by the LOC and PCO.

9. Accommodation requirements

Approximately 1,500 hotel rooms are required during the meeting.

The PCO will be the designated official housing agent for individual participants and groups. The PCO will negotiate with hotels on prices, reservation and cancellation terms, block booking of hotel accommodation in different categories.

Included services: Preparations, communication with delegates and monitoring, reservation and payments, on-site supervision of guest arrivals and support to hotels, follow-ups.

10. Social Events

1. There will be an opening ceremony and welcome reception on the first evening, attended by all delegates and speakers.
2. There will be a Presidential Dinner for invited guests (120-150 guests). Guests will be selected by the ESH President and Council and the LOC.

11. Financial Liability

Financial liability for the whole event lies with the PCO.

12. Site selection is based upon the following criteria:

- The bid comes from an ESH affiliated National Hypertension Society.
- Quality and quantity of available convention centre space.
- International air accessibility and cost.
- Quality, quantity and type of hotel rooms available within proximity of the convention centre.
- Incentive appeal of city for international attendees.
- Degree of enthusiasm of support by the National Hypertension Society hosting the meeting.

- Support of the National Hypertension Societies in the immediate region of the proposed host country.
- Support from local hypertension experts in the host city.
- Financial support from the Municipality, Convention Bureau, Local Health Institutions (e.g. funds from the City, financial coverage of hotel rooms during site inspection, financial support in the social events, local transportation etc).
- Grants and/or support from any philanthropic or public institutions in the host country that can be provided either to the conference as such or for supportive aspects such as travel grants for participants from low-income countries.
- Experience of host organisation with similar types of professional meetings.
- Innovation and particular credit will be awarded to bids which have new features designed for their programme.

Sustainability is another factor that should be included in bid. ESH is committed to providing more sustainable events and pushing for a culture of sustainability within its international audience. Therefore, elements to be kept into consideration are energy efficiency, waste reduction, sustainable event design and practices, food waste management etc. The environmental impact of medical conferences is now well known; therefore, this requirement must be included in the bid to help choose venues that support the sustainability aim.

13. Timing of Announcement of Winning Bid

The ESH Council will vote on the 2029 and 2030 destinations during the next ESH Annual Meeting in Gdańsk, Poland (May 28-31, 2026). All shortlisted applicants will be invited to a short presentation (10 minutes) of their bid. The winners will be announced at the end of the ESH 2026 congress in Gdansk.

17. Submission of Proposal

Prospective applicants should prepare a comprehensive proposal to be submitted to Mandy Elgner (ESH Coordinator) by email **no later than March 31, 2026**. (Contact details shown below).

Proposals should be as complete as possible, addressing all items as outlined in this document, and accompanied by at least one set of floor plans of the proposed convention centre.

Proposals should be sent by email to:

Mandy Elgner
ESH Coordinator
eshcoordinator@eshonline.org

Abbreviations:

PCO – Professional Conference Organisers

LOC – Local Organising Committee