

Annual Working Group Report Form

Year/time period of report: 2025

Name of Working Group: Hypertension and the Heart

Composition of Working Group

Chair:

Miguel Camafort

Email: Miguel.camafort@gmail.com

Year of appointment: 2025

Vice-Chair:

Stefano Masi

Email: stefano.masi@unipi.it

Year of appointment: 2025

Secretary:

Alexandros Kasiakogias

Email: akasiakogias@gmail.com

Year of appointment: 2023

Officers

Jin-Ok Jeong (Email: jojeong@cnu.ac.kr)

Panayiotis Iliakis (Email: panayiotisiliakis@gmail.com)

Working Group Members

Current number of members: 86 (in 2025)

New members approved this year: 1

Luka Faconti, Country: United Kingdom, **email:** luca.faconti@kcl.ac.uk

Activities of the year

Publications on behalf of the Working Group

Published this year:

Camafort M, Kasiakogias A, Agabiti-Rosei E, Masi S, Iliakis P, Benetos A, Jeong JO, Lee HY, Muiesan ML, Sudano I, Tsioufis C; European Society of Hypertension Working Group on Hypertension and the Heart. Hypertensive heart disease in older patients: considerations

for clinical practice. Eur J Intern Med. 2025 Apr;134:75-88. doi: 10.1016/j.ejim.2024.12.034. Epub 2025 Feb 15. PMID: 39955235.

In preparation:

Cardiac imaging for the differential diagnosis of the hypertensive heart. Practical considerations (draft version under review)

Meetings organized/planned this year: /

ESH endorsement: /

Participation to the ESH Annual Meeting 2025

WG scientific meeting: Cardiovascular Risk Reclassification by Hypertension-Mediated Cardiac Damage Across Sexes, Ethnicities and Blood Pressure Strata

Main program: Assessment of HMOD in Clinical Practice

Scientific projects

Completed this year: /

Ongoing: Focused update on HFpEF and Hypertension

In planning for next year: Clinical Survey on awareness and clinical management of hypertensive heart disease and HFpEF among ESH Excellence Centres

Educational projects

Completed this year: /

Ongoing: /

In planning for next year: /

Collaborations with other WGs/Scientific Societies: /

Other remarks: /

Filled by (full name): Alexandros Kasiakogias

Date: 22/12/2025

Appendix:

List of all current WG members incl. full name, e-mail

Statutes

List of WG members (as of 2025)

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Statutes of the Working Group (as of 2023)

Article 1

The working group (ESH Working Group on Hypertension and the Heart) is established as a working group of the European Society of Hypertension (ESH) according to the by-laws of the ESH. The internal governance of the WG is regulated by ESH Council-approved Rules and Regulations.

Article 2

The WG encourages research, teaching and communication of knowledge, and participates in education focused on pathophysiological aspects of the heart in hypertension, diagnosis and treatment of hypertensive heart disease and of cardiovascular diseases associated to hypertension.

Specific objectives include:

- To contribute to the organisation of the scientific program of the annual ESH Congress and to support and participate in other ESH scientific meetings and symposia
- To contribute to task forces for the development and implementation of ESH guidelines and joint guidelines with sister societies
- To develop position papers and consensus documents on cardiovascular complications of hypertension and on cardiovascular diseases associated to hypertension

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- To contribute to the organization of joint sessions with other international societies and other scientific meetings related to the diagnosis and treatment of hypertensive cardiac complications and of cardiovascular associated diseases

Article 3

The Board consists of:

Officers: Chairman, Vice-Chairman, Secretary, and up to five officers.

The Chairman and the Vice-Chairman are elected for a non-renewable period of 2 years.

The Vice-Chairman automatically becomes Chairman for the following 2 years, after his/her Vice-Chairman term of office has expired and a new vice-chairman is elected after 2 years. After his/her 2-year term, the Chairman may stay in the board as Past-Chairman for 2 years with an advisory role.

The secretary is also elected for a period of 2 years that can be renewed once. Officers are appointed by the Chair for the duration of his/her mandate. Approval from the majority of the WG is necessary. Officers have to be members of the WG in order to be appointed. To be eligible, candidates need to be members of the WG since at least one year.

Article 4

The Secretary, with the agreement of the Chair, is responsible for preparing an annual report on the activities of the WG for the ESH Council and the membership, to be presented and approved at the Annual General Assembly.

Article 5

The members of the WG elect the Chair and the Vice-Chair every 2 years

Article 6

The Board will consist of members with a proven record in the field of hypertension and heart disease. Potential members should apply to the Chair by submitting brief (one page) curriculum vitae including relevant references related to the subject of the WG. The Chair will ratify the application, but may ask for advice from the other Officers if deemed appropriate.

Article 7

The Board will meet at least once a year at the annual ESH Congress. The Board may meet in conjunction with other events and hold conference calls when required.

Article 8

The general Assembly is held once a year during the annual ESH Congress. The agenda of the General Assembly is drawn up by the Chair.