

Annual Working Group Report Form

Year/time period of report: 2025

Name of Working Group: Diabetes and Metabolic Risk Factors

Composition of Working Group

Chair

Christina Antza

Email: kris-antza@hotmail.com, antza@auth.gr

Year of appointment: 2024

Vice-Chair

Ana Jelakovic

Email: anajelakovic9@gmail.com

Year of appointment: 2024

Secretary

Vasilios Kotsis

Email: vkotsis@auth.gr

Year of appointment: 2024

Working Group Members

Current number of members: 47 (incl. the 2 new members listed below)

New members approved this year: 2

Panagiota Anyfanti, panyfan@hotmail.com

Hilmi Erdem Sümbül, erdemsumbul@gmail.com

Activities of the year

Publications on behalf of the Working Group

Published this year: None

In preparation: Two, but still pending

Meetings organized/planned this year: none

ESH endorsement: no

Participation in the ESH Annual Meeting

Title: Working Group on Obesity, Diabetes and the High-Risk Patient

Presidents: Vasilios Kotsis

Lecture 1 (Title): Obesity-induced hypertension: Is the future bright?

P. Nilsson

Lecture 2 (Title): Obesity-Induced Hypertension and Gut microbiota: A potential therapeutic avenue?

A. Belancic

Lecture 3 (Title): The role of Lean Body Mass on Hypertensive Heart and CV risk evaluation.

C Grassos

Lecture 4 (Title): Cardio-reno-metabolic syndrome: Lessons from RCTs for clinical practice.

A Jelakovic

Lecture 5 (Title): Metabolically healthy obesity. The key for future clinical management?

P Anyfanti

Scientific projects

Completed this year: None

Ongoing: None

In planning for next year: None

Educational projects

Completed this year: None

Ongoing: None

In planning for next year: None

Collaborations with other WGs/Scientific Societies: Two publications in preparation, one in collaboration with WG Pharmacotherapy, lifestyle interventions and adherence and one in collaboration with EASO.

Other remarks: None

Filled by (full name): Christina Antza

Date: 12/01/2026

Appendix:

Full board composition

Chair: Antza, Christina
Vice-Chair: Jelakovic, Ana
Secretary: Kotsis, Vasilios

Nucleus members

Grassi, Guido
Jordan, Jens
Nilson, Peter
Redon, Josep

List of Working Group Members

Last Name	First Name	Email
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