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Assistant professor at the Department of Internal Medicine, Faculty of Medicine, Aristotle University of Thessaloniki, Greece and a European Hypertension Specialist. Her research focuses on early vascular aging, with the creation of a new model, the Early Vascular Aging Ambulatory score (EVAAs), based on the use of important parameters from 24-hour blood pressure monitoring and other cardiovascular risk factors, in order to detect patients with early vascular aging. Her postdoctoral research was in Diabetes Mellitus and Obesity at the University of Birmingham, in the United Kingdom. In the field of hypertension, there is a special interest on blood pressure measurement methods as well as obesity-induced hypertension. She serves as a Chair of the Working Group on Diabetes and Metabolic Risk Factors of the European Society of Hypertension is an elected member of the Board of Directors of the Hellenic Atherosclerosis Society.