

**Minutes of the Meeting of the ESH Scientific Council**  
**NH Milan CityLife, Milan, Italy**  
**May 23, 2025 | 08:00 – 10:45 CEST**

**PARTICIPANTS**

T. Weber, President  
C. Delles, Secretary  
G. Grassi, Immediate Past President  
M. Doumas, Officer-at-Large

M. Burnier  
J. Brguljan  
M. Brunström  
J. Danser  
R. de Pinho  
L. Halvorsen  
Z. Jarai  
R. Kreutz  
A. Pathak  
A. Persu  
E. Rodilla  
K. Tsioufis

**Other participants**

M. Elgner, ESH Coordinator  
R. Lynch, ESH Secretariat  
M. Massaro, AIM

**Apologies**

A. Januszewicz, Vice-President  
G. Mancina  
J. Polonia, Treasurer

**1. PRESIDENT'S WELCOME & APOLOGIES (T. Weber)**

The ESH President, T. Weber, welcomed all members to the ESH Council meeting. He informed the participants that this Council Meeting will be in a shorter format.

T. Weber apologized on behalf of the Council members A. Januszewicz, G. Mancina, J. Polonia who, due to previous commitments, were unable to attend the meeting.

**2. APPROVAL OF MINUTES – ESH SCIENTIFIC COUNCIL MEETING ON FEB 8, 2025 (C. Delles)**

The minutes of the Council Meeting held on February 8, 2025, in Milan, Italy, were approved unanimously by the Council members.

### 3. TREASURER'S REPORT

#### 3.a ESH Financial Report (J. Danser on behalf J. Polonia)

J. Danser, the incoming ESH Treasurer, reported on the financial status, provided by ORNITAG at 31 December 2024 vs 31 December 2023, in Swiss francs and audited.

- Previous year's income is higher due to the Berlin Meeting.
- Expenses for services increased but mainly due to the contribution to FESH. Without it, expenses are lower by some CHF 17,000.
- There were also lower "operating expenses", and a financial income of CHF 66,000 vs a loss of CHF 102,000 in the previous year.
- A stable EUR/CHF exchange rate and a gain in USD/CHF as well as the purchase of CHF at higher rates helped a lot.
- ESH also received interest on EUR monies invested in time deposits.

- Net assets at beginning of period: **2024:** 1,992,000.75 / **2023:** 1,994,190.35
- Profit/Loss (net results for the year): **2024:** 141,870.88 / **2023:** -2,189.60
- Net assets at end of period: **2024:** 2,133,871.64 / **2023:** 1,992,000.75
- Total INCOME: **2024:** 417,697.78 / **2023:** 298,676.84
- Total EXPENDITURES: **2024:** 275,826.90 / **2023:** 300,866.44

The problem of unpaid membership fees and how to overcome it was discussed. The Membership Task Force will brainstorm and report on the outcome at the next Council meeting.

#### 3.b FESH Financial Report (M. Burnier)

M. Burnier reported on the general financial situation of the FESH.

- New research projects (e.g. with AstraZeneca) providing new income for the Foundation, which will handle the expenses of the projects.
- Excellent results of the Summer School in France; 60% of the costs were covered by sponsorship. Many thanks to Atul Pathak for his efforts.
- Good entries from webinars and other seminars.
- Positive financial income due to a favorable exchange rate.
- Less administrative costs.

- Net results for the year: **2024:** 103,629.16 / **2023:** -183,271.62
- Total Foundation capital: **2024:** 466,438.48 / **2023:** 362,809.32
- Total liabilities: **2024:** 914,033.73 / **2023:** 687,456.91
- Total cash: **2024:** 821,933.08 / **2023:** 654,342.91

### 4. BUSINESS MATTERS

#### 4.a Reminder By-Law Changes (C. Delles)

C. Delles reminded the Council on the planned changes to the ESH By-Laws, already discussed during the previous Council meeting.

The amendments only affect § 15 of the current statutes. C. Delles always presented the current passage in comparison to the amended passage.

#### § 15.a Composition of ESH Scientific Council

##### OLD

The ESH Scientific Council is formed by 11 elected voting members (including Office Bearers), by non-voting Ex-Officio Members and by non-voting Executive officers nominated by the Scientific Council for specific matters.

##### NEW

The ESH Scientific Council is formed by the **Nucleus** (6 Office bearers and 5 additional elected voting members), by non-voting Ex-Officio Members and by non-voting Executive Officers (Task Force leaders) nominated by the **Nucleus** of the Scientific Council for specific matters.

#### § 15.b Election of ESH Scientific Council and terms of service

ESH Scientific Council members shall be elected as follows: at the time of the General Assembly during the Annual Scientific Meeting of the ESH, the Society shall vote on membership of the **Nucleus** of the ESH Scientific Council, giving due consideration to the recommendations of the existing Scientific Council. Any member of the Society may nominate a candidate by writing to the Secretary of the ESH Scientific Council not less than sixty days before the scheduled Annual Scientific Meeting of the ESH.

##### OLD

Members of the Scientific Council may serve for a **four-year** term with the possibility for an additional **four-year** term depending on the confirmation by the General Assembly.

##### NEW

Members of the Nucleus of the Scientific Council may serve for a **three-year** term with the possibility for an additional **two-year** term depending on the confirmation by the General Assembly.

#### § 15.c Duties of ESH Scientific Council

##### OLD

The presence of six elected members of the ESH Scientific Council constitutes a quorum.

##### NEW

The presence of six elected members of the **Nucleus** of the ESH Scientific Council constitutes a quorum.

##### OLD

The ESH Scientific Council should normally meet at least **twice a year**. Meetings should be convened by the ESH President. Additional individuals may be invited by the President to participate in an ESH Scientific Council meeting.

##### NEW

The **Nucleus** of the ESH Scientific Council should normally meet **at least every other month** (virtual meetings possible; at least 2 in person meetings per year). Meetings should be convened by the ESH President. **Additional members of the Scientific Council** (and other individuals) may be invited by the President to participate in an ESH Scientific Council **Nucleus** meeting.

§ 15.d Office Bearers

OLD

Office Bearers of the Society are:

- the President,
- the Immediate Past President,
- the Vice-President,
- the Secretary,
- the Treasurer and,
- the Officer at Large

NEW

Office Bearers of the Society are:

- the President,
- the Immediate Past President,
- the Vice-President,
- the Secretary,
- the Treasurer and,
- the Young Investigator Representative

With this amendment to the By-Laws, the position of the Officer at Large will be abolished, while the Young Investigator Representative will be a newly established position.

§ 15.d Office Bearers

OLD

The President shall serve for a two-year term and shall subsequently remain in the ESH Scientific Council as Officer Bearer for two more years as Immediate Past President. This applies also when the total period of the Immediate Past President in the Scientific Council exceeds eight years.

The Vice-President shall normally serve or two years with the possibility for an additional two-year term, but without extension of a maximum eight-year term in the Scientific Council.

NEW

The President shall serve for a two-year term and shall subsequently remain in the Nucleus of the ESH Scientific Council as Office Bearer for two more years as Immediate Past President. This applies also when the total period of the Immediate Past President in the nucleus of the Scientific Council exceeds eight years.

The Vice-President (President-Elect) shall serve for two years, and shall then become President, and subsequently Immediate Past President. This applies also when the total period of the Immediate Past President in the Nucleus of the Scientific Council exceeds eight years.

The Secretary, the Treasurer, the Young Investigator Representative shall normally serve for three years with the possibility for an additional two-year term, but without extension of a maximum eight-year in the Nucleus of the Scientific Council.

The Young Investigator Representative should be elected by the Young Investigator Group and should be typically at an earlier career stage.

#### § 15.e Ex-Officio Members

##### OLD

Ex-Officio non-voting members of the Scientific ESH Council are:

- One ESH member representing FESH.
- One ESH member representing the affiliated and associated National Hypertension Societies.

The ex-officio member shall serve for a two-year term with the option to prolong this term for additional two-year period.

##### NEW

Ex-Officio non-voting members of the Scientific ESH Council are:

- One ESH member representing FESH.
- One ESH member representing the affiliated and associated National Hypertension Societies.

The ex-officio member shall serve for three-year term with the option to prolong this term for on additional two-year period.

#### § 15.f Executive Officers

##### OLD

The ESH Scientific Council may appoint Executive Officers with specific responsibilities in areas that are regarded by the ESH Scientific Council to require expert attention and decisions on a continuous basis. They can be selected from among ESH Scientific Council members or regular ESH members on account of experience and competence. Executive Officers selected from regular ESH members may be invited by the ESH President to attend the ESH Scientific Council meeting or a portion of the meeting. Areas to be considered for Executive appointments are:

- Coordination of Working Group Activities
- ESH Summer Schools
- Educational Activities of the Society
- Research and Communication Activities of the Society
- Liaison with other (non-European) International Hypertension Societies or Scientific Bodies
- Young Fellows
- General Practitioners Network
- eHealth Technologies

##### NEW

The ESH Scientific Council may appoint Task Forces, led by Executive Officers, with specific responsibilities in areas that are regarded by the ESH Scientific Council to require expert attention and decisions on a defined time span or on a continuous basis. They can be selected from among ESH Scientific Council Nucleus members or regular ESH members on account of experience and competence. Executive Officers, leading Task Forces, selected from regular ESH members may be invited by the ESH President to attend the ESH Scientific Council Nucleus meeting or a portion of the meeting. Areas to be considered for Executive Officer appointments can be defined by the Nucleus of the Scientific Council at any time, typical examples being:

- Coordination of Working Group Activities
- ESH Summer Schools
- Educational Activities of the Society
- ESH Conference Planning Coordination

- Guidelines Preparation
- Research and Communication Activities of the Society
- Liaison with other (European and non-European) International Hypertension Societies or Scientific Bodies
- General Practitioners Network
- eHealth Technologies

The Executive Officers (Task Force Coordinators) shall serve for the time period to fulfill the task given. The maximum duration is 6 years.

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Following the presentation of the proposed amendments to the ESH By-Laws, a discussion took place covering several key points. The main issues raised were:

- Concern that the new By-Laws were not circulated to all members prior to the General Assembly, which was considered non-constitutional.
- The need for a transition phase to address and clarify several crucial aspects, including:
  - The election of a new Vice-President
  - A clear definition of the Vice-President's role
  - The organization of next year's elections
  - A clear definition of term limits and mandates

The result was that there was no consensus within the Council on the changes described. The amendments need to be discussed in detail once again. The only change that was decided upon was the introduction of the position of Young Investigator Representative and the abolition of the position of Officer at Large in the Council. This change will also be presented during the General Assembly on Sunday, May 25, 2025 in Milan.

#### **4.b Reminder new Office Bearers, Elected Members (C. Delles)**

The Council members were reminded that the term of the current ESH Treasurer Jorge Polonia will end in June 2025. The proposed new candidate is Jan Danser.

His nomination was already confirmed during the Council meeting in February 2025. The official confirmation will be made during the General Assembly in Milan.

With the agreed amendment to the By-Laws, it was decided to abolish the position of "Officer-at-Large". This means that the original number of 6 Office Bearers will be reduced by one member. To compensate for this, the position of a Young Investigator Representative will be established. The number of 6 Office Bearers is thus again achieved. Consequently, Michael Doumas will no longer be an Office Bearer but will remain in the Council as an elected voting member.

The Young Investigators Nucleus group unanimously nominated Diana Ferrão (Portugal) as candidate for the position of Young Investigator Representative on the ESH Council. The ESH Council had no objections.

After the General Assembly has confirmed the small amendment to the By-Laws and the mentioned changes of officers, the ESH Council members that are eligible to vote are:

#### **Office Bearers (n=6)**

Thomas Weber | President  
Guido Grassi | Immediate Past President  
Andrzej Januszewicz | Vice-President

#### **Elected Voting Members (n=5)**

Michael Doumas | Coordinator, EC & EHS Program  
Lene Halvorsen  
Atul Pathak | Editor, ESH Clinical Update & News

Christian Delles | Secretary

Jan Danser | Treasurer

Diana Ferrão | Young Investigator Representative

Alexandre Persu | Coordinator, WG Activities

Enrique Rodilla

#### **4.c Membership Status (C. Delles)**

C. Delles presented the current Membership status at May 15, 2025.

- Total number of ESH members = 2,583
- New members (June 4, 2024-May 15, 2025) = 99
  - 74 from European countries
  - 25 from non-European countries (Africa, Asia, Middle East, Oceania, North & South America)
  - 19 participants from the ESH 2024 Summer Schools
- Paid/renewed 2025 membership fees = 269
  - Standard fees paid (Euro 100) = 259
  - Reduced fees paid (Euro 50) = 10
  - ESH Scientific Council members / other Committee members = 15
  - 2024 membership fees paid in 2025 = 16

A discussion took place on the ongoing challenge of encouraging members to pay their membership fees and on possible strategies to improve payment rates. The Task Force will meet to explore this further and report back with recommendations.

#### **5. UPDATE GUIDELINES**

##### **5.a + b ESH MASTERplan Activities (R. Kreutz)**

R. Kreutz reported about the current situation with the Publisher Wolters Kluwer. The collaboration is increasingly problematic since the publication process is excessively long and everything incurs a cost. Translations into other languages are not possible. This overall situation is becoming unacceptable.

**R. Kreutz suggested the following procedure:**

- Consider updating the MASTERplan publication separately in Blood Pressure 2025 retaining all copyrights for ESH (print, translation, full freedom of use (e.g. on website, presentations, etc.).
- The figure in MASTERplan created by R. Kreutz & A. Januszewicz is currently copyrighted by Wolters Kluwer.
- Generate new graphics/Tables for which Wolters Kluwer currently has the copyrights.

M. Burnier mentioned that Ornitag can always be asked to check contracts with new publishers. This opportunity should be taken into account.

It was concluded that completely new figures will be done before the summer break. The new versions can then be published in Blood Pressure. Any volunteers are welcome to help.

##### **5.c Joint Paper (T. Weber)**

T. Weber informed the Council that the Joint Paper *European guidelines for hypertension in 2024: key recommendations for clinical practice* has been accepted for publication in Nature Reviews Cardiology.

## **6. ESH EXCELLENCE CENTRE & HYPERTENSION SPECIALIST PROGRAM (M. Doumas, C. Delles)**

### **6.a ESH Excellence Centres Update**

M. Doumas reported on the current status of the ESH Excellence Centres at May 21, 2025.

- Total number of Excellence Centres = 215
- Affiliated E.C.s (Europe) = 200
  - European countries = 35
  - Associated E.C.s outside Europe = 15
  - Countries outside Europe = 9 in 4 continents (Asia, Middle East, Oceania, South America)
- New E.C.s approved
  - 2024 = 4 (approved after ESH meeting in Berlin)
  - 2025 = 6
- Status of Excellence Centers
  - Number of E.C. Heads = 310
  - Heads in good standing = 80
  - Heads unpaid membership fees = 230
  - Heads not ESH members = 19

M. Doumas reiterated the ongoing issue of unpaid membership fees. He informed the Council members that when the Heads of an E.C. are not in good standing, the E.C. is removed from the Directory on the ESH website until payment is received.

He informed the Council that when there is a change in the Head of an E.C., the incoming Head must submit a new application detailing the updated leadership and any changes since the original submission.

He also informed the Council that a series of webinars involving the E.C.s is scheduled to begin in September.

### **6.b ESH Hypertension Specialists Update**

M. Doumas reported on the current status of the ESH Hypertension Specialists at May 15, 2025.

- Total number of Hypertension Specialists (EHS) = 615
  - EHS in Europe = 585
  - European countries with EHS = 34
  - EHS outside Europe = 30
  - Countries outside Europe with EHS = 15 in 6 continents (Asia, Middle East, Oceania, North Africa, North & South America)
- New EHS approved
  - 2024 = 7
  - 2025 = 6
- Status of EHS
  - EHS in good standing = 162
  - EHS unpaid membership fees = 453

M. Doumas once again highlighted the issue of unpaid membership fees among EHS, as well as the fact that many are not members of the ESH. EHS who are not in good standing or who are not members are removed from the directory on the ESH website.



## 7. WORKING GROUP ACTIVITIES (A. Persu)

A. Persu gave an overview of the ESH Working Groups and their Chairs, Vice-Chairs and Secretaries. The boards of most of the Working Groups changed in 2024. Elections are required for the Chairs and Vice-Chairs of the following WGs (highlighted in yellow/green):

Hypertension and the Heart		
<b>Chair</b> Konstantinos Tsioufis (2023)	<b>Vice-Chair</b> Miguel Camafort (2023)	<b>Secretary</b> Alexandros Kasiakogias (2023)
Endocrine Hypertension		
<b>Chair</b> Aleksander Prejbisz (2023)	<b>Vice-Chair</b> Laurence Amar (2023)	
Small Arteries		
<b>Chair</b> Agostino Virdis (2022/2023)	<b>Vice-Chair</b> Michalis Doumas (2022/2023)	
Hypertension in Children and Adolescents		
<b>Chair</b> Stella Stabouli (2022)	<b>Vice-Chair</b> Dorota Drozd (2022)	<b>Secretary</b> Denes Pall (2018)
Hypertension in Women		
<b>Chair</b> Costas Thomopoulos (2021/2023)	<b>Vice-Chair</b> Jana Brguljan (2022)	

### 7.b Update on WG publications and projects

A. Persu presented an update on new WG publications and projects.

- Position paper - WG on BP monitoring and CV variability  
*Blood pressure measurement in public spaces (Kiosk)*  
Published J Hypertens. 2025 Apr 1;43(4):577-588
- Position paper – WG on BP monitoring and CV Variability  
*Nocturnal Blood Pressure: Pathophysiology, Measurement and Clinical Implications*  
Accepted for publication in J Hypertens.
- Proposal position paper (NEW) – WG on Endocrine HTN  
Suggested title: *Systematic Screening for Primary Aldosteronism in hypertension: A Position Statement*.  
Suggested target Journal: Hypertension, Journal of Hypertension  
Expected month/year of submission to Journal: May 2026  
Lead authors: Laurence Amar, Silvia Monticone  
Date of proposal submission to ESH Council: May 19, 2025  
The proposal was approved by the Council.

- Proposal position paper – WG on Diabetes and Metabolic Risk Factors  
Suggested title: *Obesity and heart failure- A „how to manage“ guide*  
Endorsed by other entities: Association for the Study of Obesity  
Suggested target Journal: Journal of Hypertension  
Lead authors: Christina Antza, Kostantinos Tsioufis et al.  
Date of proposal submission to ESH Council: January 2025  
Approval after modifications (emphasis on HTN, involvement of K. Tsioufis): 28<sup>th</sup> April 2025
- Proposal review (NEW) – WG on Diabetes and Metabolic Risk Factors  
Suggested title: *Obesity-Induced Hypertension: A Focus on Individualized Pharmacotherapy and the Role of Body Composition.*  
Suggested target Journal: British Journal of Clinical Pharmacology (invitation)  
Expected month/year of submission to Journal: not specified  
Tentative authors: Christina Antza, Jens Jordan, Ana Jelakovic, Bojan Jelakovic, Andrej Belancic, Panagiota Anyfanti, Jan-Niklas Hoenemann, Vasilios Kotsis  
Date of proposal submission to ESH Council: 13<sup>th</sup> May 2025  
→ It was suggested to involve the WG on Pharmacotherapy.
- Proposal position paper (NEW) – WG on Large Arteries  
Suggested title: *Cardiovascular risk assessment and management of hypertension through arterial biomarkers in the era of Artificial Intelligence.*  
Endorsed by other entities: May be endorsed by WG on Small Arteries and ARTERY  
Suggested target Journal: Journal of Hypertension  
Expected month/year of submission to Journal: 06/2026  
Contact person/potential lead: Dimitrios Terentes-Printzios  
Date of proposal submission to ESH Council: 22<sup>nd</sup> May 2025  
The proposal was approved by the Council.
- Position paper – WG on Small Arteries  
Topic: *Hypertension and autoimmune rheumatic disorders*  
Suggested title: *Management of hypertension in patients with autoimmune rheumatic disorders*  
Submission to Hypertension: 28<sup>th</sup> April 2025; reviewer comments: 11<sup>th</sup> May 2025  
Responsible lead authors: Agostino Virdis, Eugenia Gkaliagkousi

A. Persu reminded the Council members the Working Groups General Assembly will be held today, May 23, 2025 from 15:45 to 16:30 in Room Aqua 2.

He pointed out that the meetings of the Excellence Centres and Working Groups were scheduled at conflicting times, all on the same day and hour. He requested that this be taken into consideration when planning next year's programme.

## **8. ESH YOUNG FELLOWS PROGRAM – UPDATE (J. Danser, J. Brguljan)**

A brief overview of the Young Fellows (YI) program was given by J. Danser. The current group consists of 14 YI participants from the 2019-2024 ESH Summer Schools, representing Austria, Finland, France, Germany, Greece (2x), Hungary, Italy, Poland, Portugal, Serbia, Slovenia, The Netherlands and Turkey. A list of YI members was shown to the Council.

Monthly online meetings have taken place once a month since October 30<sup>th</sup>, 2024 to work on ideas/contribution for the ESH 2025 meeting and to start their own activities beyond the ESH 2025 meeting.

The following activities during the ESH 2025 meeting have been organized:

- Best oral and poster award session (YI in judging committee)
- 6 Clinical cases presented by YI in 2 sessions
- YI act as poster/oral session chairs through the entire meeting
- Social evening at bar „Rob de Matt“ for YI on Friday, May 23
- YI session „Sex & Gender in Hypertension“ on Friday, May 23 (WG day)
- „Under Pressure - The Quiz“ on Saturday, May 24 with 10 free ESH 2026 entry tickets
- Congress Run on Monday, May 26 at 07:00 AM CEST

R. Kreutz suggested introducing rules for future oral and poster awards, including an age limit for young fellows and a restriction preventing previous winners from participating again.

## **9. ESH ANNUAL MEETINGS**

### **9.a 2025 ESH Annual Meeting, Milan – Update** (G. Mancina, G. Grassi, M. Massaro)

M. Massaro gave a brief overview of the ESH 2025 congress.

Updated figures:

- Registered participants = 1920 – of which 228 Faculty (including 15 E-poster session Chairs)
- Top 5 Countries = Italy (177), France (114), Poland (105), Romania (101), Portugal (98)
- Top registration by Continents = Europe (EU), Asia (Far East), Asia (Middle East), Europe (non-EU), Africa
- Top Sponsors = Diamond - Servier, Gold - Menarini, Merck, Silver – AstraZeneca, Boehringer Ingelheim, Bronze – Bayer, Huawei, Recor Medical, SkyLabs
- Sponsored sessions = 14 (12 mini symposium + 2 satellite symposium)
- Plenary Sessions = 3
- E-Poster Sessions = 3 / 16 E-Poster Totem
- Total Abstracts receive: 868
  - Received at first deadline = 787
  - Late Breakers = 85
  - Rejected abstracts = 27
  - Withdrawn abstracts = 135
  - Total Abstracts in programme = 845
  - Oral presentations included in the programme = 150
  - E-Posters included in the programme = 695
  - Top 5 Countries = Italy, China, Greece, Croatia, Poland

Social Programme:

- Opening Ceremony & Welcome Cocktail
  - Friday, May 23
  - Venue: Allianz MiCo – North Wing (Level 2), OCEAN Room
- Presidential Dinner
  - Sunday, May 25
  - Venue: The Westin Palace, Milan

Website & Promotion:

- Social media channels – X (Twitter), Facebook, E-Mail blasts
- Website constantly updated

- New LinkedIn account

### 9.b Awards

The following awards will be conveyed during the Award Ceremony on Sunday, May 25, 2025 in Milan:

Award / Grant	Awardee
Alberto Zanchetti Life Achievement Award	Dame Anna Dominiczak
Peter a. van Zwieten Award	Sir Mark Caulfield
Björn Folkow Award & Lecture	Michel Azizi
Honorary Membership	Krzysztof Narkiewicz
Paul Milliez Award	Athanase Benetos
Servier Research Grant in Hypertension	Antonios Argyris
SOMNomedics Young Investigators Award	Tomas Bothe
3 best oral & 3 best poster presentations	Winners will be selected on Saturday

### 9.c 2026 ESH Annual Meeting Gdańsk – Outlook (R. Kreutz, M. Massaro)

An outline of the 2026 meeting in Gdańsk (Poland) was provided:

- The meeting will take place May 28-31, 2026, starting on Thursday ending on Sunday
- Venue: AMBER Expo
- The meeting is promoted by the Polish Society of Hypertension
- The Chairpersons are Prof. Andrzej Januszewicz (Warsaw) and Prof. Krzysztof Narkiewicz (Gdańsk)
- The Council meeting will take place on May 27
- The Working Group meetings will be an integral part of the regular congress
- The preliminary timetable and proposed topics were shown
- Subvention and benefits from the city:
  - 3-day free ticket for buses and trams in the Gdańsk area for all ESH 2026 attendees
  - Special connecting train from the Central Station to Amber Expo
  - 100 Gdańsk Tourist Cards provided free of charge for ESH 2026 VIPs

### 9.d 2027 ESH Annual Meeting – Announcement of venue (T. Weber)

Following an anonymous vote by the voting members of the ESH Council, Basel was selected as the host city for the 2027 ESH Annual Meeting, which will take place from June 10 to 14, 2027.

### 9.e ISH-ESH Joint Meeting 2028 – Status Update (T. Weber)

T. Weber updated the Council on the current status of the ISH-ESH Joint meeting.

- 7 bids were received to the host the joint meeting in 2028 → 4 of them have been shortlisted
- These shortlisted countries will be invited shortly to present their bids during online meetings
- After the presentations, both societies will score the presentations and select the winner
- Committee of the ESH to discuss with ISH = T. Weber, A. Januszewicz, R. Kreutz, L. Halvorsen

FRANCE (Paris)	NETHERLANDS (Rotterdam)	SWEDEN (Gothenburg)	UK (Glasgow)
Athul Pathak (Past President) and Theodora Bejan-Angoulevant (President) French Society of Hypertension (SFHTA). Organising Committee members listed in bid. SFHTA is a subsidiary of the French Society of Cardiology.	Jan Danser and Liffert Vogt – with the Dutch Hypertension Society	Mattias Brunström Secretary Swedish Society of Hypertension, Stroke and Vascular Medicine and President of Society – Jonas Spaak	Christian Delles, Anna Dominiczak, Tony Heagerty, Ian Wilkinson and Carmel McEniery - with the British and Irish Hypertension Society

## 10. SUMMER SCHOOL 2025 IN SWEDEN – OUTLOOK (M. Brunström, J. Brguljan)

### 10.a Date / Location & Organizing Committee

- The 2025 Summer School will take place in Särö, near Gothenburg, September 14-19
- 59 applications have been received from 47 European countries and 12 from outside Europe
- Spain, Estonia and Serbia were unable to find suitable candidates
- The topic of the ESH Summer School 2025 will be *Hypertension, cardiometabolic disorders and kidney disease*
- A preliminary programme has been prepared
- Faculty members are invited to participate in all events
- Funding has been received from AstraZeneca, Boehringer Ingelheim, Bayer and Merck. Omron is still pending.

### 10.b Upcoming Summer Schools (M. Brunström, J. Brguljan)

Future Summer Schools will take place in:

2026 – The Netherlands, 6-11 September

2027 – Spain, near Valencia

2028 – Norway (?)

## 11. ESH TASK FORCES – REMINDER & SHORT UPDATE

### 11.a Members Task Force 1 – ESH Council Members

C. Delles & T. Weber = Leaders

M. Burnier, L. Halvorsen, E. Rodilla, A. Pathak

Since the amendment to the ESH By-Laws must be discussed again, it was decided to add further members to the group = M. Dumas, C. Tsioufis.

### 11.b Task Force 2 – ESH Annual Conferences

R. Kreutz = Leader

M. Burnier, J. Danser, C. Delles, G. Mancina, A. Persu, K. Tsioufis, T. Weber

- 3<sup>rd</sup> on-site meeting of ESH Nucleus TF Team with Gdańsk Team in Gdańsk on April 24<sup>th</sup>

- Excellence Centre coordinator M. Doulas should be invited to join the Task Force, maybe also the coordinator with the National Societies, Z. Jarai

#### **11.c Members Task Force 3 – ESH Scientific Activities**

A. Januszewicz = Leader

J. Brguljan, M. Brunström, M. Doulas, A. Pathak, A. Persu, K. Tsioufis

No update could be reported.

#### **11.d Task Force 4 – ESH Membership**

L. Halvorsen = Leader

J. Danser, A. Januszewicz, Z. Jarai, A. Pathak

- New member – A. Januszewicz
- None since last Council Meeting
- Agenda:
  - Free membership versus regular membership, define corresponding benefits
  - Revision of the criteria for becoming an ESH member
  - Further discussions regarding corporate membership

#### **11.e Task Force 5 – ESH Educational Activities**

J. Brguljan = Leader

M. Brunström, M. Burnier, M. Doulas, A. Januszewicz, Z. Jarai, R. de Pinho, E. Rodilla

- Meetings with Presidents of the National Societies, help them with their educational activities
- Organize Summer Schools outside Europe
- Task Force on the matters of social media, communication, update of ESH website needs to be established. Volunteers = R. Kreutz, A. Pathak, D. Ferrao

### **13. SATELLITE MEETINGS & ENDORSED MEETINGS 2025**

#### **13.a Satellite Meetings/Symposia 2025 (C. Delles)**

##### Already took place

- European Hypertension Forum | April 24-26, 2025, Gdańsk, Poland (K. Narkiewicz, M. Burnier)
- 11<sup>th</sup> Pre-ESH 2025 Satellite Symposium on “Difficult to control hypertension and related comorbidities” | March 14-15, 2025, Athens, Greece (K. Tsioufis)

##### Upcoming

- Post-ESH 2025 Satellite Symposium on “Last ESH Guidelines and the Position of Blood Pressure in other Guidelines” | September 19-20, 2025, Porto Heli, Greece (A. Manolis)
- Post-ESH 2025 Satellite Symposium on “Highlights of Environmental Factors in Hypertension” | October 10-11, 2025, Krakow, Poland (M. Rajzer)

#### **13.b Endorsed Meetings / Webinars 2025**

##### Already took place

- Annual meeting of the Netherlands Society of Hypertension Annual Meeting – “50 Years of Hypertension and Medicine” | February 7, 2025, Zeist (K. Narkiewicz - speaker)
- Heart Masters Talk Show | February 21, 2025, Dubai (organized by Servier; R. de Pinho - speaker)
- ProAdWise India – 2 webinars on HMOD | March/April 2025 (G. Grassi - speaker)

- Hypertension-Cardio Course 2025 | April 4-5, 2025, Lisbon (organized by Servier; several ESH speakers)
- 9<sup>th</sup> Hypertension School of the Hellenic Society of Hypertension | April 10-13, 2025, Athens
- BEATS “Beta Blockers Evidence and Practices” | April 25, 2025, Qatar (G. Mancina – speaker)
- 3<sup>rd</sup> International Congress on Hypertension in Children and Adolescents (ICHCA) | May 8-10, 2025, Warsaw
- Master the MASTERPLAN regional class Asia | May 17, virtual (T. Weber, M. Burnier – speakers), (organized by Servier)

#### Upcoming

- Master the MASTERPLAN regional class, Sao Paolo | June 18 (T. Weber, R. Kreutz – speakers) (organized by Servier)
- Hypertension a common link in the Cardiovascular-Kidney-Metabolic Syndrome | September 6, 2025, Warsaw (A. Januszewicz, R. Kreutz, M. Spiewak)

#### To be endorsed

- Gedeon Richter Mastercourse | October 17-18, 2025, Athens, or Thessaloniki

### **14. NATIONAL SOCIETIES – NEW AFFILIATION/ASSOCIATION REQUESTS (C. Delles)**

C. Delles reported on three new applications submitted by national societies to be affiliated or associated with ESH. An overview of the requests was shown:

- Iraqi Hypertension League - association request
- Jordan Cardiac Society – association request
- Georgian Society of Arterial Hypertension and Vascular Research – affiliation request

All three societies submitted the required documents and are very active in the fight against hypertension in their regions. The documents have already been reviewed and approved by the ESH Council. Official approval will be requested during the General Assembly.

### **15. ANY OTHER BUSINESS (C. Delles)**

M. Burnier mentioned two topics:

1)

Less “attractive” countries might promote themselves hosting an ESH Summer School.

2)

The FESH also needs some change within the board. According to the FESH By-Laws, the term of the board members is 5 years. Most of the board members are in there for more than 5 years. C. Tsioufis proposed to have a meeting within the FESH first and then with the entire ESH Council to discuss any proposals for changes.

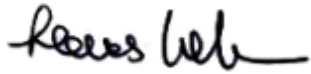
### **16. DATES FOR FUTURE COUNCIL MEETINGS (T. Weber, C. Delles)**

The venue and date for the autumn Council meeting is still to be confirmed. The Council will be informed shortly.

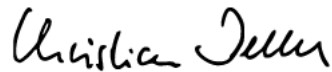
**17. CLOSURE** (T. Weber)

Due to time, not all items on the Council Meeting agenda were covered, these will be taken up again during the next Council meeting.

T. Weber thanked everyone for the good and fruitful discussions and closed the Council meeting in Milan.



**Thomas Weber**  
ESH President



**Christian Delles**  
ESH Secretary