

Annual Working Group Report Form

Year/time period of report: 2023

Name of Working Group: WG on Diabetes and Metabolic Risk Factors

Name of Working Group Section (if applicable): NA

Composition of Working Group

Chair:

Vasilios Kotsis, vkotsis@auth.gr

Year of appointment: 2019

Year of birth = 1969

Vice-Chair:

Christina Antza, e-mail: kris-antza@hotmail.com, antza@auth.gr

Year of appointment: 2022

Year of birth = 1989

Working Group Members

Current number of members: 42

New members approved this year: 6

- Riccardo Sarzani, Italy, r.sarzani@staff.univpm.it
 - Sang-Hyun Ihm, Korea, limsh@catholic.ac.kr
 - Jang-Young Kim, Korea, kimjang713@gmail.com
 - Harris Grassos, harigrass@yahoo.gr
 - Bojan Jelakovic, jelakovicbojan@gmail.com
 - Ana Jelakovic, anajelakovic9@gmail.com
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Activities of the year

Publications on behalf of the Working Group

Published this year: N/A

In preparation: Assessment and Management of Obese Hypertensive Patients in European Society of Hypertension Excellence Centres. A survey from the ESH Working Group on Diabetes and Metabolic Risk Factors.

Meetings organized/planned this year: N/A

ESH endorsement: yes/no

In preparation/ planned: 2024 Meeting on Cardiometabolic Diseases, Obesity and Diabetes. WG on Diabetes and Metabolic Risk Factors, EUROPEAN SOCIETY OF HYPERTENSION.

Participation to the ESH Annual Meeting

2023 ESH Meeting in Milan:

OBESITY AND CARDIOVASCULAR DISEASE: BEYOND HYPERTENSION Meeting of the ESH Working Group on Diabetes and Metabolic Risk Factors

Chairpersons: J. Jordan (Cologne, GERMANY), V. Kotsis (Thessaloniki, GREECE), J. Redon (Valencia, SPAIN)

- 13:00 - 13:12 **Practice guidelines from the WG to treat obesity induced hypertension, diabetes, and dyslipidemia in obesity**
C. Antza (Thessaloniki, GREECE)
- 13:12 - 13:24 **How to measure baroreflex sensitivity in obese patients**
C. Grassos (Athens, GREECE)
- 13:24 - 13:36 **How to measure Blood Pressure in obese children (office, home or 24h)**
S. Stabouli (Thessaloniki, GREECE)
- 13:36 - 13:48 **How to measure e-GFR in obesity**
B. Jelakovic (Zagreb, CROATIA)
- 13:48 - 14:00 **Recent diabetes CVD trials on SGLT2 and GLP1 and their effects on weight and HTN?**
P. Nilsson (Malmö, SWEDEN)
- 14:00 - 14:12 **Obesity and metabolic risk factors beyond blood pressure to reduce total cardiovascular risk**
J. Redon (Valencia, SPAIN)
- 14:12 - 14:30 **General Discussion**
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Scientific projects

Completed this year: Questionnaire for obesity, obesity induced hypertension from the WG to the Centers of Excellence of the ESH.

Ongoing: N/A

In planning for next year: Collaboration paper on behalf of our Working Group and European Association for the study of obesity (EASO).

Educational projects

Completed this year: N/A

Ongoing: N/A

In planning for next year: N/A

Collaborations with other WGs/Scientific Societies: N/A

Other ongoing remarks:

New practical guidelines 2024-2025 for the management of obesity induced hypertension and type 2 diabetes. Joint project with European Society Hypertension WG and European Association for the study of obesity (EASO)

Filled by: Christina Antza

Date: December 13, 2023

Appendix:

Full Board Composition

Chair: Kotsis, Vasilios

Vice-Chair: Antza, Christina

Nucleus members:

Grassi, Guido

Jordan, Jens

Nilson, Peter

Redon, Josep

List of Working Group Members 2023 (incl. board members)

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