

Annual Working Group Report Form

Year/time period of report: 2023

Name of Working Group: Working Group on Hypertension and Cardiovascular Disease in Special Populations

Name of Working Group Section: Hypertension in Older Adults

Composition of Working Group

Chair:

Name: Athanase Benetos

Email: a.benetos@chru-nancy.fr

Year of appointment: 2022

Year of birth: 1956

Working Group Members

This group has been created by the ESH at the end of June 2022. The WG members have been proposed by the chair (AB) and validated by the ESH.

During the year of 2023 there were 4 new members joining the WG.

Current number of members: 16

New members approved this year: 4

- Giovambattista Desideri, Italy, giovambattista.desideri@univaq.it
 - Jerzy Gasowski, Poland, jerzy.gasowski@uj.edu.pl
 - Agostino Viridis, Italy, agostino.viridis@unipi.it
 - Kwang-il Kim, Seoul, Korea, kikim907@snu.ac.kr
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Activities of the year

Publications on behalf of the Working Group

Published this year: none

In preparation:

- Preparing a paper in 2024 with the results of the Survey (see below)
- Article with the 10 Q/A to detail the ESH 2023 guidelines on the management of HTN in old adults

Meetings organized/planned in 2023:

Meeting 1, January 11, 2023 – online meeting

The main goal of this meeting was to discuss the questions included in the survey.

Meeting 2, March 23, 2023 – online meeting

The main goal was to discuss the divulgation of the survey on the management of hypertension in older adults.

Meeting 3, June 23 – onsite meeting during the ESH Congress in Milan

We discussed the possibility of preparing and submitting a paper on some important practical issues regarding the management of hypertension in older adults.

Meeting 4, October 11 – online meeting

The main topics were to discuss the promotion of divulgation of the survey in national and international academic societies and future article on some hot questions concerning the management of hypertension in older adults.

ESH endorsement: yes (Alexander Persu participates in the meetings of the WG)

Participation to the ESH Annual Meeting:

ESH 2023: Meeting of the ESH Working Group on Hypertension and Cardiovascular Disease in Special Populations



YELLOW HALL 2	Meeting of the ESH Working Group on Hypertension and Cardiovascular Disease in Special Populations	
 Share	 Print Abstract details	Add all session to my Diary
	Chairpersons: A. Benetos (Nancy, FRANCE), P.A. Modesti (Florence, ITALY), C. Thomopoulos (Athens, GREECE)	
13:00 - 13:30	SECTION HYPERTENSION IN WOMEN	
13:00 - 13:10	Pre-existing secondary hypertension in pregnancy A. Péchère-Bertschi (Geneva, SWITZERLAND)	
13:10 - 13:20	Future hypertension and cardiovascular risk after a hypertensive pregnancy A. Mihailidou (Kensington, AUSTRALIA)	
13:20 - 13:30	Discussion	
13:30 - 14:00	SECTION HYPERTENSION IN OLDER ADULTS	
13:30 - 13:40	The STOPP/START criteria : Usefulness for the the optimization of the antihypertensive treatment G. Bahat (Istanbul, TURKEY)	
13:40 - 13:50	When should we consider deprescribing antihypertensive therapy? J. Sheppard (Oxford, UNITED KINGDOM)	
13:50 - 14:00	Discussion	

Figure 1 - WG participation in 2023 ESH meeting

Proposals already submitted for the 2024 ESH meeting

Scientific projects

Completed this year: none

Ongoing:

Survey to “IDENTIFY CURRENT PRACTICES ON TREATMENT OF HYPERTENSION IN ADULTS ≥75 YEARS ACROSS DIFFERENT SPECIALTIES IN EUROPE”

This survey was sent to all ESH Hypertension Expert Centers. The results of the first 50 centers analyzed with a summary submitted for the 2024 ESH annual meeting.

In planning for next year: see above

Educational projects

Completed this year: /

In planning for next year: /

Collaborations with other WGs/Scientific Societies: We schedule to organise joint sessions with the European Geriatric Medicine Society (EuGMS).

The survey on the current practices on hypertension in older adults will also be sent to the EuGMS and to several National Geriatric and Hypertension Societies by the members of the WG

Collaborations with other WGs/Scientific Societies:

Organisation of a Joint Session with the European Geriatric Medicine Society (EuGMS) during the 19th Annual EuGMS Congress in Helsinki (September 20-22, 2023) on the “Criteria for considering the reduction of antihypertensive treatment in older adults.



Figure 2 - WG participation in 19th EuGMS 2023

<p>JOINT SYMPOSIUM EuGMS - ESH CRITERIA FOR CONSIDERING THE REDUCTION OF ANTIHYPERTENSIVE TREATMENT IN OLDER ADULTS Chairs: Andrea Ungar, Italy, Athanase Benetos, France 1. How to explain the relationship between BP and CV events in very old people? Dhayana Dallmeier, Germany 2. ROUND TABLE: PRESCRIPTION VS. DEPRESCRIPTION. RISKS AND BENEFITS - Targets of antihypertensive drug treatment in older adults and the possibilities of deprescription Rosalinde Poortvliet, Netherlands - Which criteria of fragility/functionality could lead us to reduce antihypertensive treatment? Athanase Benetos, France - Adverse effects of antihypertensive treatment in older adults James Sheppard, United Kingdom Discussion Conclusive remarks of the Round table Athanase Benetos</p>

Other remarks: /

Filled by: Athanase Benetos (Chair) and Dr Heloisa Ribeiro (Secretary) of the WG

Date: December 12, 2023

Appendix:

List of current WG members

Name	First Name	City	Country	Email
Bahat	Gulistan	Istanbul	Turkey	gbahatozturk@yahoo.com
Benetos	Athanase	Nancy	France	a.benetos@chru-nancy.fr
Bogaerts	Jonathan	Leiden	Netherlands	J.M.K.Bogaerts@lumc.nl
Camafort	Miguel	Barcelona	Spain	miguel.camafort@gmail.com
Dallmeier Rojas	Dhayana Dala	Ulm	Germany	ddallmei@bu.edu
de Backer	Tine	Gent	Belgium	Tine.DeBacker@UGent.be
Desideri	Giovambattista	L'Aquila	Italy	giovambattista.desideri@univaq.it
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Protogerou	Athanase	Athens	Greece	aprotog@med.uoa.gr
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