

Deprescribing antihypertensive medications in older patients: Indications, risks, benefits and clinical practice

Friday, 02 February, 2024 | 8:30am
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Working Draft

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08:30 WELCOME

9:00-12:00 MORNING SESSION

Presentation of the 2023 ESH Guidelines on hypertension -
Representative of the ESH to be determined

Innovations of the 2023 ESH Guidelines concerning older patients
- A. Benetos (FR)

Risks / adverse effects of antihypertensive treatments in older
people - J. Sheppard (UK)

Possible harms of deprescribing antihypertensive medications -
N. Girerd (FR)

Long term follow-up after a trial of deprescription (OPTIMISE)- R. McManus
(UK)

12:15-13:30 LUNCH BREAK

13:30-15:15 ROUND TABLE

How to promote deprescription in clinical practice: exchanges
between Cardiologists, General Practitioners and Geriatricians

• Chairman – L. Joly (FR)

15:15-15:30 CLOSING REMARKS

Scientific Committee

- A. Benetos
- J. Sheppard
- R. McManus
- R. Kreutz
- L. Joly
- N. Girerd

Organizing Committee

- A. Benetos
- I. Georgiopoulos