

**Satellite Symposium to the 2023 ESH Meeting**  
**“Hot topics in the automated BP measurement era”**  
(Friday September 8<sup>th</sup>, 2023; hybrid meeting)  
Venue: San Daniele del Friuli, Italy

**Programme**

**Introduction 09.00-09.10**

**Devices for BP measurement (Chairpersons: G Parati, G Stergiou)**  
**(9.10-10.30)**

- Cuff-based BP measurement. Achievements and issues (R Asmar, France)
- Are cuffless devices ready for clinical practice? (G Stergiou, Greece)
- Is BP telemonitoring applicable and useful in clinical practice ? (G.Parati, Italy)
- Central BP measurement: implications for clinical practice (G Pucci, Italy)

**Office and out-of-office BP measurement**

**Session I (Chairpersons: G Grassi, ML Muiesan)**

**(10.30-11.30)**

- Attended, unattended, and exercise BP measurement. Advantages and limitations (T Niiranen, Finland)
- BP measurement in severely obese subjects: challenges and pitfalls (P Palatini, Italy)
- ABPM and HBPM. Optional or mandatory in the management of hypertension? (P Verdecchia, Italy)

**Coffee break (11.30-11.50)**

**Session II (Chairpersons: E. Agabiti-Rosei, G. Mancia)**

**(11.50-13.10)**

- Out-of-office BP thresholds and targets in clinical practice (A Kollias, Greece)
- Blood pressure variability. Has time come for the use of BPV in clinical practice? (G Bilo, Italy)
- Diurnal BP rhythm prognosis in the young and the elderly (M Pengo, Italy)
- ABPM in the management of chronic kidney disease (A Jelakovic, Croatia)

**Lunch (13.10 – 14:30)**

**Hypertension phenotypes: cardiovascular risk and optimal treatment options**

**Session I** (Chairpersons: A. De la Sierra, B. Jelakovich)  
**(14.30-15.50)**

- Isolated systolic hypertension in the young (F. Saladini, Italy)
- Isolated diastolic hypertension (E. Dolan, Ireland)
- Masked Hypertension (A. De la Sierra, Spain)
- White-coat hypertension (C. Cuspidi, Italy)

**Session II** (Chairpersons: L Mos, P Palatini)  
**(15.50-16.30)**

- Job-strain Hypertension (X. Trudel, Canada)
- Nocturnal hypertension (O. Vriz, Italy)

**16.30 – 16.40      Closing remarks**

*Each speech will be given 15 min + 5 min discussion*

**Scientific Committee**

Alejandro De la Sierra, Spain

Paolo Palatini, Italy

Gianfranco Parati, Italy

George Stergiou, Greece

**All enquiries to:**

Prof. Paolo Palatini

Studium Patavinum - Department of Medicine

University of Padova

Via Giustiniani, 2, 35128 Padova, Italy

[palatini@unipd.it](mailto:palatini@unipd.it) Tel +39-328-4617036