

Annual Working Group Report Form

Year/time period of report: 2022

Name of Working Group: Working Group on Hypertension and Cardiovascular Disease in Special Populations

Name of Working Group Section: Hypertension in Older Adults

Composition of Working Group

Chair:

Athanase Benetos

Email: a.benetos@chru-nancy.fr

Year of appointment: 2022

Year of birth: 1956

Working Group Members

This group has been created by the ESH at the end of June 2022. The WG members have been proposed by the chair (AB) and validated by the ESH. The selection criteria of the WG members were the expertise in hypertension and the will to better treat high blood pressure in the oldest and most frail adults. The 12 (5 women and 7 men) initial members including the chair, are from 12 different countries all over Europe.

Current number of members: 12

New members approved this year: 12

Tine de Backer, Gent, *Belgium*
Gulistan Bahat, Istanbul, *Turkey*
Jonathan Bogaerts, Leiden, *Netherlands*
Miguel Camafort, Barcelona, *Spain*
Dhayana Dallmeier Rojas, Ulm, *Germany*
Rose Anne Kenny, Dublin, *Ireland*
Athanase Protogerou, Athens, *Greece*
Marek Rajzer, Krakow, *Poland*
James Sheppard, Oxford, *UK*
Heloisa Ribeiro, Santa Maria da Feira, *Portugal*
Andrea Unger, Firenze, *Italy*

Tine.DeBacker@UGent.be
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aprotog@med.uoa.gr
rajzer37@interia.pl
james.sheppard@phc.ox.ac.uk
heloisaribeiro.17@gmail.com
andrea.ungar@unifi.it

Activities of the year

Publications on behalf of the Working Group

Published this year: No publication

In preparation: Preparing a paper in 2023 with the results of the Survey (see below).

Meetings organized/planned this year:

Meeting #1: September 7, 2022

- Creation of the group
- Definition of the Working axes: to develop various actions promoting better management of blood pressure issues in seniors, such as position papers, surveys, studies, seminars, scientific sessions at congresses. In order to amplify the impact of our actions, our WG will develop collaborations with several other Academic European Societies in the fields of Geriatrics, Cardiology, Vascular Medicine, General Medicine, etc.

Meeting #2: October 26, 2022

- Proposals for presentations to the MILANO 2023 meeting: One “focused topical workshop” on Polypharmacy in older Hypertensive patients and 2 “how-to” sessions on assessing frailty and BP measurements in hypertensive patients over 80 y.o.
- Initial discussion for the preparation of a survey

Meeting #3: January 11, 2023

- Finalization of the survey and submission of the proposed document to the ESH for validation (see below)

ESH endorsement: yes (Alexander Persu participates in the meetings of the WG)

Participation to the ESH Annual Meeting: Proposals submitted for the 2023 ESH meeting

Scientific projects

Completed this year: None

Ongoing: NA

In planning for next year: NA

Educational projects

Completed this year: NA

Ongoing:

Survey to “IDENTIFY CURRENT PRACTICES ON TREATMENT OF HYPERTENSION IN ADULTS ≥ 75 YEARS ACROSS DIFFERENT SPECIALTIES IN EUROPE” prepared by the WG and submitted for validation to the ESH Direction.

Our aim is to invite all the Hypertension Excellence Centers but also members of other European and National Societies to participate in this survey, which is aimed to outline the current medical practice related to diagnosis and management of hypertension in older adults ≥ 75 years among different specialties including cardiologists, geriatricians and general practitioners across Europe. This outline will provide a European view of the current practices helping us to determine the areas of current knowledge gaps in the treatment of hypertension in older adults. Once these gaps are defined, we will be able to

organize educational meetings to improve hypertension management in this specific and challenging patient group.

In planning for next year:

Collaborations with other WGs/Scientific Societies: Collaboration with the European Geriatric Medicine Society (EuGMS)

Other remarks: Project for collaboration with other WG of the ESH

Filled by (full name):Prof. Athanase Benetos

Date: 19/01/2023

Appendix: none

List of all current WG members on page 1 of this report