

## Annual Working Group Report Form

**Year/time period of report: 2022**

**Name of Working Group: WG on Diabetes and Metabolic Risk Factors**

**Name of Working Group Section (if applicable): NA**

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### Composition of Working Group

#### Chair:

Vasilios Kotsis, [vkotsis@auth.gr](mailto:vkotsis@auth.gr)

Year of appointment: 2019, year of birth = 1969

#### Vice-Chair:

Christina Antza, e-mail: [kris-antza@hotmail.com](mailto:kris-antza@hotmail.com)

Year of appointment: 2022 and year of birth = 1989

### Working Group Members

Current number of members: 39

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### Activities of the year

#### Publications on behalf of the Working Group

1. Cardiovascular, renal and liver protection with novel antidiabetic agents beyond blood glucose lowering in type 2 diabetes: consensus article from the European Society of Hypertension Working Group on Obesity, Diabetes and the High-risk Patient. Kotsis V, Jordan J, Stabouli S, Antza C, Micic D, Jelaković B, Schlaich MP, Nilsson PM, Kreutz R, Mancia G, Tsioufis K, Grassi G. J Hypertens. 2020 Mar;38(3):377-386. doi: 10.1097/HJH.0000000000002279. PMID: 31764586
2. Lifestyle, psychological, socioeconomic and environmental factors and their impact on hypertension during the coronavirus disease 2019 pandemic. Kreutz R, Dobrowolski P, Prejbisz A, Algharably EAE, Bilo G, Creutzig F, Grassi G, Kotsis V, Lovic D, Lurbe E, Modesti PA, Pappaccogli M, Parati G, Persu A, Polonia J, Rajzer M, de Timary P, Weber T, Weisser B, Tsioufis K, Mancia G, Januszewicz A; European Society of Hypertension COVID-19 Task Force Review. J Hypertens. 2021 Jun 1;39(6):1077-1089. doi: 10.1097/HJH.0000000000002770.
3. Antza C, Stabouli S, Kotsis V. Practical guide for the management of hypertensive disorders during pregnancy. J Hypertens. 2022 Jul 1;40(7):1257-1264. doi: 10.1097/HJH.0000000000003194.

#### Meetings organized this year:

2022 Meeting of the WG, May 5-8, 2022, Chalkidiki, Greece Official satellite symposium of the ESH Athens Meeting 2022

ESH endorsement: yes

In preparation/ planned:

2023 Meeting on Cardiometabolic Diseases, Obesity and Diabetes. WG on Diabetes and Metabolic Risk Factors, EUROPEAN SOCIETY OF HYPERTENSION.

Participation to the ESH Annual Meeting  
WG scientific meeting; main program

### 2022 ESH Meeting in Athens

Meeting of the ESH Working Group on Diabetes and Metabolic Risk Factors

Chairpersons: G. Grassi (Milan, ITALY), J. Jordan (Cologne, GERMANY), V. Kotsis (Thessaloniki, GREECE), P. Nilsson (Malmö, SWEDEN), M. Schlaich (Perth, AUSTRALIA)

13.30-13.40 Cardiovascular effects of SGLT2 in T2D and obesity

P. Nilsson (Malmö, SWEDEN)

13.40-13.50 Hypertension outcomes of diabetes clinical trials with SGLT2 or GLPi

V. Kotsis (Thessaloniki, GREECE)

13.50-14.00 Renal Denervation in obesity. Is it possible and when?

M. Schlaich (Perth, AUSTRALIA)

14.00-14.10 Obesity in the space station. What can we expect?

J. Jordan (Cologne, GERMANY)

14.10-14.20 Obesity induced kidney disease future pandemic

J. Redon (Valencia, SPAIN)

14.20-14.30 New WG registry on ABPM in obese patients and weight gain or loss

C. Antza (Thessaloniki, GREECE)

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### **Scientific projects**

Completed this year: NA

Ongoing: Questionnaire for obesity, obesity induced hypertension from the WG to the Centers of Excellence of the ESH

In planning for next year: to be finished and have publications

### **Educational projects**

Completed this year: NA

Ongoing: NA

In planning for next year: NA

**Collaborations with other WGs/Scientific Societies:** Joint session meetings with the WG in children and adolescents and WG on arteries and EASO (European association for the study of obesity)

**Other ongoing remarks:**

New practical guidelines 2023-2024 for the management of obesity induced hypertension and type 2 diabetes. Joint project with European Society Hypertension WG and European Association for the study of obesity (EASO)

**Filled by (full name):** V Kotsis

**Date:** 07/1/2023

**Appendix:** WG members

**Chair:** Kotsis, Vasilios

**Vice-Chair:** Antza, Christina

**Nucleus members:**

Last Name	First Name	Email
Grassi	Guido	guido.grassi@unimib.it
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