

# **Council Meeting**

January 29, 2022 2:00 pm – 6:00 pm EET (Athens time) Break about 4:15 pm Crowne Plaza Athens, Greece

hybrid



# Some housekeeping remarks for the virtual participants before we start:

We would like to record the meeting. Does everyone agree?

Please mute your microphones while listening.

Please unmute your microphone when you want to talk (questions/comments) starting by mentioning your name.

Coffee break will be approximately at 4:15 PM local time (3:15 PM CET, 2:15 PM London time)



### 1. President' s Welcome (R. Kreutz)

#### Apologies

- Bojan Jelakovic
- Jorge Polonia



# 2. Approval of Minutes – Council Meeting on Sept 24, 2022

(A. Januszewicz)

The meeting minutes of the last Council Meeting have been sent to all of you for approval. There has been no objection.



### 3. Treasurer's Reports

- 3.a ESH Financial Report (A. Januszewicz on behalf of J. Polonia)
- 3.b FESH Financial Report (M. Burnier)



### **3.a ESH Financial Report** (A. Januszewicz on behalf of J. Polonia)

### European Society of Hypertension, 6300 Zug

#### Income and Expenditures as per 31.12.2021 (provisional, not audited)

	31.12.2021 (CHF)		31.12.2020 (CHF)	
Net assets at beginning of period	1'853'869		1'813'266	
Net assets at end of period	1'898'698		1'853'869	
Profit/-Loss	44'829	9.1%	40'603	11.6%
Total INCOME	493'629	100.0%	350'779	100.0%
Total EXPENDITURE	-448'800	-90.9%	-310'176	-88.4%



### **3.b FESH Financial Report** (M. Burnier)

### Foundation of the ESH, 6300 Zug

#### Balance Sheet as at 31.12.2021 (provisional, not audited)

	31.12.2021 (C	HF)	31.12.2020 (CHF)	
Net assets at beginning of period	554'276		550'741	
Net assets at end of period	509'620		554'276	
Profit / Loss	-44'657	-6788.8%	3'535	10.8%
Total INCOME	658	100.0%	32'808	100.0%
Total EXPENDITURE	-45'314	-6888.8%	-29'273	-89.2%



# 3.b FESH Financial Report (M. Burnier)

	31.12.2021 (CHF)		31.12.2020 (CHF)	
INCOME				
Allowance to the FESH	0	0.0%	0	0.0%
Contribution to Summer School	0	0.0%	0	0.0%
Subscriptions of organisations	0	0.0%	32'577	99.3%
Other Income				
Dividend/Interest Securities	658	100.0%	231	0.7%
Total Other income	658	100.0%	231	0.7%
Total INCOME	658	100.0%	32'808	100.0%



# 3.b FESH Financial Report (M. Burnier)

	31.12.2021 (CHF)		31.12.2020 (CHF)	
EXPENDITURE				
General expenses				
Administration costs Legal- and Professional fees Bank charges Loss on Securities Exchange difference <b>Total General expenses</b>	-19'434 -3'287 -2'397 -105 -20'092 <b>-45'314</b>	-2954.4% -499.6% -364.4% -16.0% -3054.5% -6888.8%	-15'904 0 -2'667 -814 -9'887 <b>-29'273</b>	-48.5% 0.0% -8.1% -2.5% -30.1% -89.2%
General Meeting costs	0	0.0%	0	0.0%
Total Meeting expenses	0	0.0%	0	0.0%
Donations Research Fellowships Donations	0 0	0.0% 0.0%	0 0	0.0% 0.0%
Total Donations	0	0.0%	0	0.0%
Total EXPENDITURE	-45'314	-6888.8%	-29'273	-89.2%



### 4. ESH Business Matters

- 4.a Renewal of ESH Coordinator Contract (R. Kreutz)
- 4.b Update of ESH By-Laws (R. Kreutz)
- 4.c Election of new Council Members in 2022 (R. Kreutz)
- 4.d Others



### 4.a Renewal of ESH Coordinator Contract (R. Kreutz)

Official working contract of Mandy Elgner ends on May 31, 2022.



### 4.b Update of ESH By-Laws (R. Kreutz)



BY-LAWS

ARTICLE I

European Society of Hypertension (ESH), Zug (CH)

The name of this organization shall be the European Society of Hypertension (ESH) and the abbreviation ESH is used in this document to refer to this organization. The ESH is a society according to art. 60 et seq. of the Swiss Civil Code. Its seat is in Zug, Switzerland.

Barcelona, 10, June 2018 K. Tsioufis ESH President

ESH Secretray

ESH By-Laws need to be adjusted regarding:

- New Membership categories & fees
- Immediate past president term may prolong term of elected member status
- Awards Committee members
- Emeritus member status
- President propososal: should be coordinated by president, vice-president, immediate past president, secretary, ESH foundation chair, Ornitag representative



# **NEW Membership Categories & Fees**

1. "Standard Membership" with full online subscription to the Journal of Hypertension | currently
 € 185.00 per year (depending on the actual annual fee for subscription):
 - possibly 135 \$ subscription costs for JH in current pre-draft contract

2. "Standard Membership" without subscription to the Journal of Hypertension | € 99.00 per year

3. Membership with reduced fee (without subscription) | € 50.00 per year

- \* ESH young fellows, cut of age 35 years?
- \* other healthcare professionals (nurses)
- \* professionals from low income countries (as defined by the WHO)
- \* Emeritus status (upon request)
- 4. Honorary Membership | no fee

Questions: Cut off mid-term June / July



# 4.c Election of new Council Members

### Elected Members

#### Total number of elected members incl. office bearers according to By-Laws = 11

- Members leaving in June 2022 after 2 terms +1 COVID-19 year (=9 years):
   M. Azizi, B. Jelakovic, K. Tsioufis as Immediate Past President
- **Two new council members to be nominated for Council/Annual Meeting in June 2022:** one from France, one from Greece
- Officer at large: Thomas Weber, Coordinator of Excellence Centres
- New ESH president tbd for June 2022
- Members leaving in June 2023: T. Kahan, E. Lurbe, B. Williams, R. Kreutz remains as Immediate Past President



# 4.c Election of new Council Members

### **Ex-officio Members**

- Claudio Borghi ISH Representative: perspective
- Michel Burnier FESH Representative: perspective
- Maria Dorobantu Representative of National Hypertension

Societies, selection of new candidate for June 2022

#### 4. Ex-Officio Members

Ex-Officio non-voting members of the Scientific ESH Council are:

- a) one ESH member designated by the International Society of Hypertension;
- b) one ESH member representing FESH;
- c) one ESH member representing National Hypertension Societies;

The ex-officio member shall serve for a two-year term with the option to renew the appointment for two more years.



### 4.c Election of new Council Members

### **Executive Officers**

- Jan Danser (Netherlands)
  - Coordinator of ESH Young Fellow Program

#### 6. Non-voting Executive Officers

The ESH Scientific Council may appoint executive officers with specific responsibilities in areas that are regarded by the ESH Scientific Council to require expert attention and decisions on a continuous basis. They can be selected from among ESH Scientific Council members, regular ESH members or non-members on account of experience and competence. Executive officers selected from regular ESH members or non-members will normally be invited by the ESH president to attend the ESH Scientific Council meeting or a portion of the meeting but may not vote or be elected to position of office bearers. Areas to be considered for executive officer appointments are:

- a) Clinical Hypertension Specialist activities
- b) ESH excellence centres
- c) Coordination of Working Group activities
- d) ESH Summer Schools
- e) Educational/Research activities of the Society
- f) Liaison with other national hypertension societies and World Hypertension League



### 4.d Others (R. Kreutz)

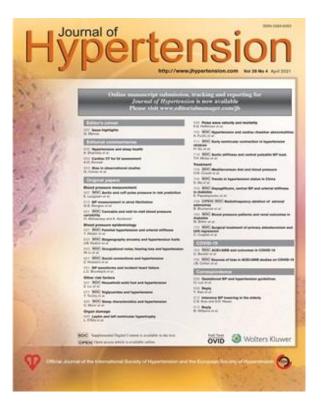


### 5. ESH Official Journals (R. Kreutz)

- 5.a Journal of Hypertension (R. Kreutz)
  - Status of new contract
- 5.b Blood Pressure (R. Kreutz, M. Burnier)



### 5.a Journal of Hypertension (R. Kreutz)



#### Status of new contract

- Previous contract expired December 2021
- Letter of intent, indicating our wish to continue was sent to WK (Phil Daly, November 2021)
- Pre-draft of contract received January 21, 2022
- Aim: new contract effective in April 2022
  - Coordinated by Task Force: R. Kreutz, A.
     Januszewicz, J. Redon, K. Tsioufis, G. Mancia



# Some key points highlighted by Phil Daly

- Acknowledgment of Blood Pressure as the other official Journal of ESH
- Online optional member subscriptions currently this is for calendar year.
  - Language needs to be adapted to cover anytime starts if that is what you want as an option.
  - Anytime starts means that a member could start a journal subscription in say July for example and they would continue to subscribe to June the following year.
- Open Access discount for members
- Submission of official society articles and page annual page extent with Open Access through payment of a fee, or freely accessible as described.
- Publisher appointment of Editor and involvement of Society members
- Royalty calculation as in prior agreement but other Society's member revenue will be excluded from the royalty calculation. I said we may favour a royalty on revenue; but currently we have opted for the existing calculation and you will be familiar with this.



### 5.b Blood Pressure (R. Kreutz, M. Burnier)



Blood Pressure is published by Taylor & Francis Group (Contact = Yurong Fei-Bloom)

Blood Pressure has converted to a fully Open Access journal.

All published articles will immediately be freely and permanently available online for anyone to read, reproduce and build upon.

Cooperation between ESH and Blood Pressure is accepted: Possibilities of publication for ESH: Newsletter (free of charges): 6 per year Position papers: 4 per year



### 5.b Blood Pressure (R. Kreutz, M. Burnier)

#### **Actual Editors**

Brent M. Egan - University of South Carolina Greenville, USA Sverre E. Kjeldsen - University of Oslo, Oslo, Norway Krzysztof Narkiewicz - Medical University of Gdansk, Gdansk, Poland Reinhold Kreutz - Charité University of Berlin, Berlin, Germany

#### **Honorary Editors**

Giuseppe Mancia - University of Milano-Bicocca, Milan, Italy Suzanne Oparil - University of Alabama, Birmingham, USA



### 5.b Blood Pressure (R. Kreutz, M. Burnier)

#### **Associate Editors**

Grzegorz Bilo - University of Milano-Bicocca, Milan, Italy Mattias Brunström - Umeå University Hospital, Umeå, Sweden Tine De Backer - University Hospital Ghent, Ghent, Belgium Tanja Dudenbostel - Louisiana State University, Shreveport, USA Fadl Elmula M. Fadl Elmula - University Hospital, Oslo, Norway Yan Li - Shangai Institute of Hypertension, Shanghai, China Paolo Palatini - University of Padova, Padova, Italy Alexandre Persu - Université Catholique de Louvain, Brussels, Belgium Markus P. Schlaich - University of Western Australia, Perth, Australia Jacek Wolf - Medical University of Gdansk, Gdansk, Poland Gregoire Wuerzner - University Hospital, Lausanne, Switzerland



### 6. ESH Newsletters (G. Grassi, R. Kreutz)

- 6.a Future perspective
- 6.b Newsletters 2022



### 6.a Future perspective I (G. Grassi, R. Kreutz)

- **1.** Implementation of Co-Editors
  - Rosa Maria Bruno, Paris
  - Georg Ehret, Geneva





#### 2. Newsletter issues

• Issues per year: 4-6 should be the aim (4 in 2022, 6 in 2023)

#### 3. Newsletters in Journals

- NL might be published in Blood Pressure → Blood Pressure changed to fully open access format available only online
- Layout/space will be limited to 2 printed pages (max. 1,200-1,400 words) plus 10 references



### 6.a Future perspective II (G. Grassi, R. Kreutz)

#### 4. Unified newsletter structure

- 1. Background: what is already known
- 2. Elements of novelty
- 3. Uncertainties/unclear aspects
- 4. "Take home message": practical implications

#### 5. Authorships

 having 2-3 authors with some seniors of the Society internationally well-known will attract a greater number of readers

#### 6. Newsletter topics

- Focus on novel elements coming out in the literature in the previous year
- Should also contain elements of controversy



### 6.b ESH Newsletters 2022 (G. Grassi, R. Kreutz)

#### **Proposals for NL topics in 2022**

- Hypertension in older adults (A. Benetos, R. Kreutz)
- Caffeine and high blood pressure: a cause/effect relationship (C. Borghi)
- Should we redefine "normal" blood pressure values?
- Update on blood pressure monitoring devices (G. Stergiou, G. Wuerzner)
- Other topics tbd



### 7. ESH Working Group Activities (A. Persu)

- 7.a Feedback on WG Reports
- 7.b Update on new WG sections: women | older adults | lifestyle
- 7.c Contribution of the WGs to the ESH 2022 Annual Meeting
- 7.d How to improve communication within and between WGs



#### Leadership of Working Groups

- According to WG statutes: term of Chair = 2 years
   → after that the Vice-Chair becomes Chair
- Covid-19 to be taken into account
- Year of appointment < 2019

Working Group:	Chair	Year of appoint- ment
BPM and CV Variability	George Stergiou	2016
Hypertension and Brain	Pedro Cunha	2018
Hypertension in Children & Adolescents	Empar Lurbe	2009
Device-based Treatment of Hypertension	Roland Schmieder	?
Diabetes and Metabolic Risk Factors	Vasilios Kotsis	?



### New members in WGs in 2020/2021

Working Group	Number of new members
Blood Pressure Monitoring and CV Variability	2 + 2 (Israel)
Hypertension and Brain	0
Hypertension and the Heart	0
Hypertension and the Kidney	5
Endocrine Hypertension	1 (Israel)?
Diabetes and Metabolic Risk Factors	1 (Israel)?
Large Arteries	2 + 1 (Israel)
Hypertension in Children & Adolescents	2
Lifestyle, CV Pharmacotherapy and Adherence	0
Device-based Treatment of Hypertension	2



### Number of publications in 2020/2021

Working Group	N° of publications
Blood Pressure Monitoring and CV Variability	5
Hypertension and Brain	3
Hypertension and the Heart	1
Hypertension and the Kidney	4
Endocrine Hypertension	3
Diabetes and Metabolic Risk Factors	1
Large Arteries	-
Hypertension in Children & Adolescents	-
Lifestyle, CV Pharmacotherapy and Adherence	3
Device-based Treatment of Hypertension	1



#### WG meetings in 2020/2021 (other than ESH Annual Meeting participation)

Working Group	Meetings
Hypertension and the Heart	ESH Webinars on Controversial and missing issues of recent hypertension guidelines (April + May 2021)
Diabetes and Metabolic Risk Factors	June 2021 Meeting of WG in Chalkidiki Next meeting in May 2022 also in Chalkidiki
Hypertension in Children & Adolescents	HyperChildNET 2-day event in Valencia (several WG members had active role)



#### Scientific projects within WGs I

#### **Blood Pressure Monitoring and CV Variability**

#### <u>Ongoing</u>

- ESH Consensus Statement on BP Variability
- ESH Consensus Statement on Cuffless BP monitors
- Collaboration with US Association for the Advancement of Medical Instrumentation (AAMI) and International Organization for Standardization (ISO) for developing an Amendment of AAMI/ESH/ ISO Universal Standard (ISO 81060-2:2018) for evaluation wide-range cuffs (G Stergiou, P Palatini, R Asmar, G Parati)



#### Scientific projects within WGs II

#### Hypertension and the Brain

<u>Ongoing</u>

- CHSP-SML Study: The impact of Central Hemodynamic biomarkers in acute ischemic stroke prognosis and outcome at short, medium and long term. The goal is to analyse the different phenotypes of CBP during stroke, its evolution in the acute, sub-acute and chronic post-stroke evaluations, correlating these findings with cardiovascular and neurological outcomes. Recruitment started in 2019, but activity was stopped during the pandemic.
- CEREBRO Project A longitudinal cohort, followed with the goal of evaluating the prevalence of cognitive dysfunction in hypertensives, correlate different measures of central and peripheral arterial function and brain structure with cognitive decline. Centres in Latin America and Europe have signalled interest. It has started recruitment in 2019.



#### Scientific projects within WGs III

#### Hypertension and the Kidney

<u>Ongoing</u>

- European/International Fibromuscular Dysplasia Registry. A Persu
- "HAMA" (a cohort of patients with malignant hypertension followed in France). R. Boulestreau

In planning for 2022

• Web-based Survey: Do medical professionals caring for CKD patients take a sexual history? P. Sarafidis

#### **Diabetes and Metabolic Risk Factors**

#### In planning for next years (2022-2024)

• New study on weight reduction and BP from the ESH Excellence Centres that is going to be announced and discussed in Athens meeting



### Scientific projects within WGs IV

#### **Large Arteries**

#### <u>Ongoing</u>

- Updating the 2022 Guidelines for Validation of Non-invasive Arterial Pulse Wave Velocity Measurement Devices
- Collaboration with COST Action VascAgeNet

#### In planning for 2022

- Consensus document on assessment of hypertensive vascular damage involving:
  - ESH WG on Large Arteries
  - ARTERY Society
  - ESC Council of Hypertension
  - ESC WG on Aorta and Peripheral Vascular Diseases
  - European Association of Preventive Cardiology



# 7.a Feedback on Working Group Reports (A. Persu)

#### Scientific projects within WGs V

#### Hypertension in Children and Adolescents

#### <u>Ongoing</u>

• Paediatric Hypertension Phase III Study feasibility

#### In planning for 2022

• To develop a protocol assessing the topic of transition of hypertensive children from pediatric to adult units



# 7.a Feedback on Working Group Reports (A. Persu)

#### Scientific projects within WGs VI

#### Lifestyle, Cardiovascular Therapy and Adherence

#### In planning for 2022

- Collaboration contract with Servier International on adherence: Development of a patient survey on adherence in hypertension to be distributed to patients organization and to ESH Excellent Centres.
   To be distributed first Q 2022
- Collaborations with the WG on Blood Pressure Monitoring to include adherence in the online app.
   Members of the WG to be selected
- Project on measurement of drugs in urine and plasma in resistant hypertension (Dr P Gupta and Prof Sidiqqi)



#### Update on New WG Sections 7.b

Hypertension and Cardiovascular Disease in Special Populations

Section: Hypertension in Women	Section: Hypertension in Older Adults	Section: Hypertension in subjects living in or emigrating from low resource settings
Chair Costas Thomopoulos	Chair Athanase Benetos	<mark>Chair</mark> Pietro Amedeo Modesti

Lifestyle, Cardiovascular Pharmacotherapy and Adherence

Section CV Pharmacotherapy and Adherence

Chair **Michel Burnier** 

#### Section Lifestyle

Chair Véronique Cornelissen



	Small Arteries	
Section:	Section:	Section: Endothelins
Hypertension and	Microcirculation and	and Endothelial
Sexual Dysfunction	Inflammation	Factors

Chairman

Chairman **Agostino Virdis**  Factors Chairman Gianpaolo Rossi



Merge?



# 7.c Contribution of the WGs to ESH 2022 (A. Persu)

ESH 20	22						
	A. TRIANTI (min 900 - max 1500 px)	MITROPOULOS (min 270 - max 450 pax)	SKALKOTAS (min 220 - max 380 pax)	BANQUETING (min 390 - max 650 pax)	MC 2 (min 90 - max 150 pax)	MC 3 (min 100 - max 180 oax)	CONFERENCE ROOM 1 (min 50 - max 80 pax)
AM		HSH MEETING					
1:00 PM			WG 1 13.00-14.30 (90') WG ON HYPERTENSION AND THE BRAIN Prof. Pedro Guimarães Cunha	WG 2 13.00-14.00 (60') WG ON HYPERTENSION IN CHILDREN AND ADOLESCENTS Prof Empar Lurbe	WG 3 13.00-14.00 (60') WG ON LARGE ARTERIES Prof. Bart Spronck	WG 4 13.00-14.30 (90') WG ON ENDOCRINE HYPERTENSION	WG 5 13.00-14.30 (90') WG ON SMALL ARTERIES Profs. Margus Viigimaa, Agostino Virdis, Gianpaolo Rossi
2:00 PM 2:30 PM			Duration ?	WG 7	WG 8	Prof Paolo Mulatero	Duration ?
3:00 PM		Teaching Course TBD 13.00-17.30	WG 6 14.30-16.00 (90') WG ON HTN AND KIDNEY Prof. Pantelis Sarafidis	14.00-15.30 (90') WG ON BLOOD PRESSURE MONITORING AND CARDIOVASCULAR VARIABILITY Prof George Stergiou	14.00-15.30 (90') WG ON LIFESTYLE, CARDIOVASCULAR PHARMACOTHERAPY AND ADHERENCE Prof. Michel Burnier	WG 9 14.30-15.30 (60') WG ON DEVICE-BASED TREATMENT OF HYPERTENSION Prof. Roland E. Schmieder	WG 10 14.30-15.30 (60') WG ON DIABETES AND METABOLIC RISK FACTORS Prof. Vasilios Kotsis
3:30 PM				PORTOG. SESSION 15.30-16.30	WG 11 15.30-17.00 (90')	WG 12 15.30-16.30 (60')	45.20.46.20
4:00 PM				13.50 10.50	WG ON HYPERTENSION AND AND THE HEAR	WG ON HYPERTENSION AND THE HEART	IBERICAN SESSION
4:30 PM				JOINT SESSION TBD	POPULATIONS Profs. Athanase Benetos, Pietro Amedeo Modesti,	Prof Enrico Agabiti Rosei	
5:00 PM				16.30-17.30	Costas Thomopoulos		
5:30 PM							
5:45 PM	OPENING OF THE CONGRESS 17.45 - 18.45						
6:45 PM							

www.eshonline.org | @eshypertension



# 7.d How to improve communication within and between WGs

(A. Persu)

Open discussion



# 8. ESH Research Projects

- 8.a Blood Pressure Control Study: Analysis and Publication (B. Jelakovic, K. Tsioufis, E. Agabiti Rosei)
- 8.b ESH ABPM Covid-19 Study (A. Januszewicz, T. Weber)
- 8.c ESH Excellence Center Survey Part II (T. Weber)

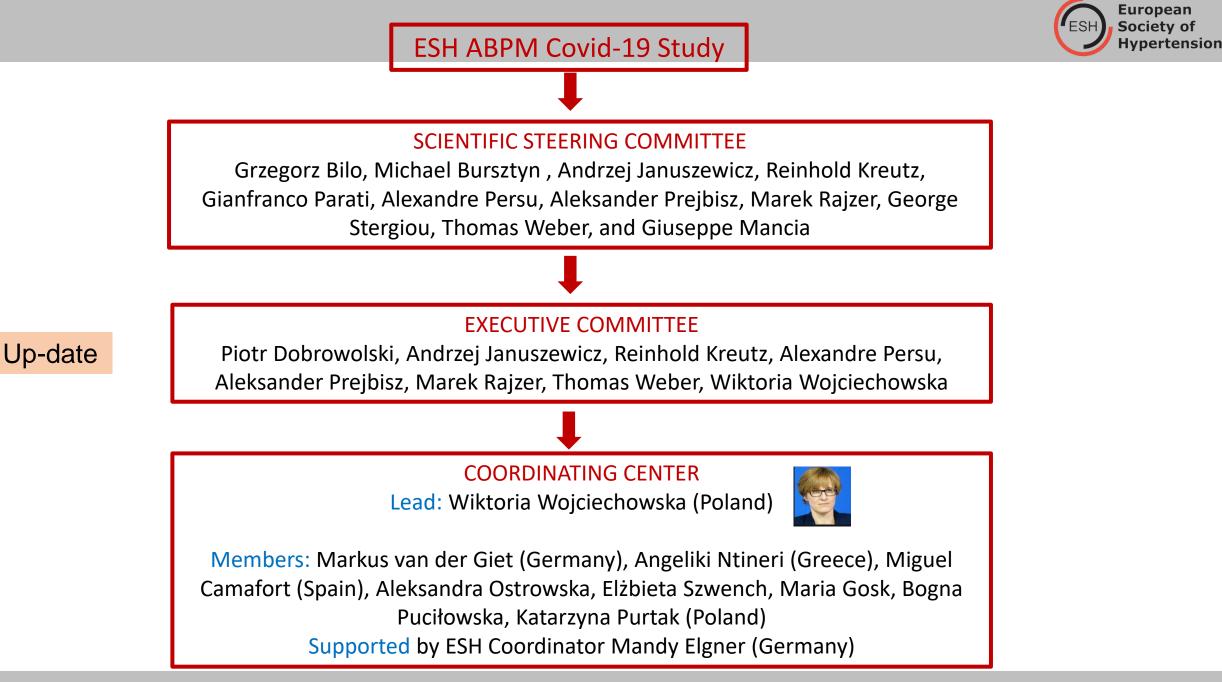


# 8.a Blood Pressure Control Study | Analysis & Publication

(B. Jelakovic, K. Tsioufis, E. Agabiti Rosei)



### 8.b ESH ABPM Covid-19 Study (A. Januszewicz, T. Weber)





#### ESH ABPM Covid-19 Study

#### Up-date

- Protocol of the study circulated to all study participating centers
- Ethics Committee consent generated by National Institute of Cardiology for all centers in Poland and to be obtained locally by all other participating centers
- Study registration clinicaltrials.gov
- Funding under discussion with executive directors of OMRON

The Study oficially started on Dec 3rd, 2021



ESH ABPM Covid-19 Study

Up-date

Letter to the participating centers (n - 52) circulated by Mandy Elgner to all centers which declared participation

> Followed by teleconferences of Wiktoria Wojciechowska & Andrzej Januszewicz with study participants

A protocol paper of the study to be submitted to Blood Pressure is currently under preparation by W. Wojciechowska



### 8.c ESH Excellence Centers Covid-19 Survey – Part II (T. Weber)

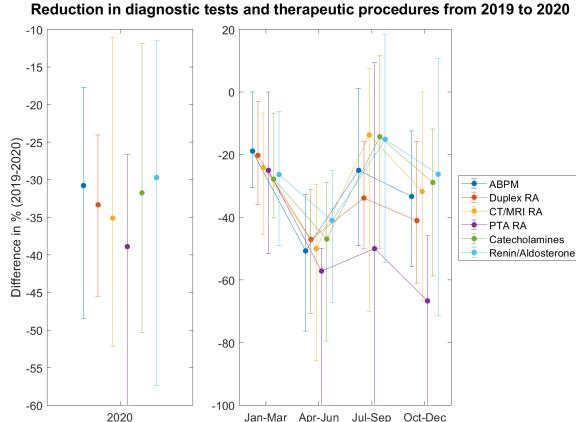
# Covid-19 associated reduction in hypertension-related diagnostic and therapeutic procedures in Excellence Centers of the European Society of Hypertension

#### RESULTS

Fifty-four excellence centers located in 18 European and 3 non-European countries participated in the survey (10 from Greece, 7 from Italy, 6 from Spain and France, 3 from Belgium and Hungary, 2 from Czech Republic, Germany, Serbia and Switzerland, and 1 from Armenia, Austria, Brazil, Bulgaria, Estonia, Finland, Lebanon, Luxembourg, Poland, Portugal, and Sweden, respectively).



#### 8.C ESH Excellence Centers Covid-19 Survey – Part II (T. Weber)



www.eshonline.org | @eshypertension



### 9. Summer School 2022 - Update (D. Lovic, J. Brguljan)

Date:

#### 17. - 22. September 2022

Venue:Sremski Karlovci, SerbiaHotel Premier Aqua





# Suggestions

- Start sending invitations to National Societies in April 2022
- Preliminary Program in April (Present on Council Meeting)
- Applications to be sent until July 2022



# Applications

- Same terms as in previous years, plus PC term
- Need to have applications at the end of July 2022 to prepare students for the meeting and organise groups



# **10. Excellence Centres** (T. Weber)



#### EXCELLENCE CENTRES APPLICATIONS

Requested on	Name	ESH ID	Email	Actions
December 29, 2021 23:09:57	Reto Venzin	26312	reto.venzin@ksgr.ch	Expand   Approve   Delete
	Dr. Reto Venzin and Prof. Thomas F	<sup>-</sup> ehr, Kant	tonsspital Graubünden	
October 15, 2021 10:27:22	Vitor Paixão-Dias, EHS ®	12328	vitorpaixaodias2@gmail.com	Expand   Approve   Delete

Dr. Vitor Paixão Dias, Gaia/Espinho



# 11. ESH Annual Meetings

- 11.a 2022 ESH Annual Meeting, June 17-20, 2022, Athens (K. Tsioufis, R. Kreutz, M. Massaro)
- 11.b 2023 ESH Annual Meeting, June 23-26, 2023, Milan (G. Mancia, M. Massaro)
- 11.c 2024 ESH Annual Meeting, May 30-June 3, 2024, Berlin (R. Kreutz, M. Massaro)
- 11.d ESH-ISH Joint Meetings (R. Kreutz)





### **CONGRESS DATES**

Friday, June 17	CONGRESS OPENING

June 18, 19 & 20CONGRESS DAYSSCIENTIFIC SESSIONS & POSTERS

Sunday, June 19 PRESIDENTIAL DINNER

### **CONGRESS VENUE**

**Megaron Athens International Conference Center** 

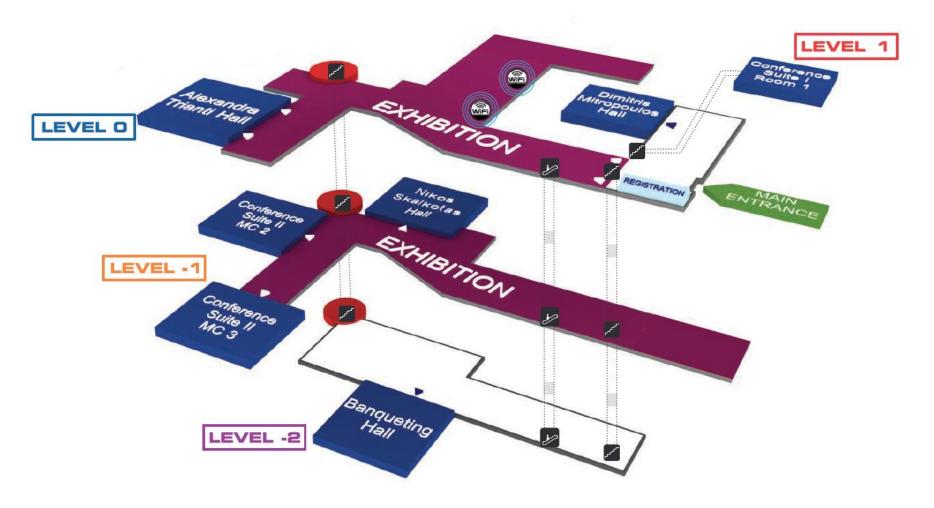
#### MAIN MEETING ROOMS

A. Trianti Hall (1.480 pax – Auditorium\*)
D. Mitropoulos Hall (450 pax – Auditorium\*)
N. Skalkotas Hall (380 pax – Auditorium\*)
Banqueting Hall (650 pax - theatre style\*)
MC 2 Room (150 pax – theatre style\*)
MC 3 Room (180 pax – theatre style\*)
\* waiting for updates about the meeting

\* waiting for updates about the meeting rooms capacities according to the post-Covid guidelines



### **CONGRESS SPACES**



### **SPONSORS**

#### CONFIRMED

PENDING

**AKTIIA** INBODY **MEDTRONIC MENARINI GROUP** MERCK NOVACOR **OMRON RECOR MEDICAL** SANOFI **SERVIER SPACELABS** VIFOR FRESENIUS **WISEPRESS** 

CUSTOMED FERRER SOMNOMEDICS NOT PARTICIPATING

ASTRAZENECA BAYER KRKA

www.eshonline.org | @eshypertension

### **SPONSORS**

#### **CONFIRMED SESSIONS:**

AKTIIA	1 hands-on
MEDTRONIC	1 minisymposium
MENARINI GROUP	1 minisymposium
MERCK	1 satellite symposium
OMRON	1 minisymposium
RECOR MEDICAL	1 minisymposium
SANOFI	1 minisymposium (educational grant)
SERVIER	1 satellite symposium + 2 minisymposia
VIFOR FRESENIUS	1 minisymposium

#### TOTAL N. 11 SPONSORED SESSIONS

12 @ESH2019

20 @ESH-ISH2021

#### **ABSTRACTS RECEIVED = 839**

ΤΟΡΙΟ	n. ABS
BLOOD PRESSURE MEASUREMENT	78
CARDIOVASCULAR RISK FACTORS	76
DIABETES	41
KIDNEY	37
CHILDREN AND ADOLESCENTS	35
BLOOD PRESSURE VARIABILITY	33
COVID-19 AND HYPERTENSION	28
EPIDEMIOLOGY OF HYPERTENSION AND METABOLIC DISORDERS	27
THERAPEUTICS AND CLINICAL TRIALS	26
BIOMARKERS	25
GENETICS, GENOMICS, PROTEOMICS, METABOLOMICS	25
OBESITY AND METABOLIC SYNDROME	24
COVID-19 AND CARDIOVASCULAR DISEASE	23
RESISTANT HYPERTENSION	23
ATRIAL FIBRILLATION AND HEART FAILURE	22
AGEING	19
CEREBROVASCULAR DISEASES, STROKE, AND COGNITIVE DYSFUNCTION	19
TREATMENT ADHERENCE	18
IMAGING IN HYPERTENSION	17
CO-MORBIDITIES	16
CORONARY HEART DISEASE	15
TREATMENT TARGET IN HYPERTENSION	15
ENDOCRINE HYPERTENSION	14
RENIN-ANGIOTENSIN-ALDOSTERONE SYSTEM	14
HEART AND HAEMODYNAMICS	13
LARGE ARTERIES	13

ΤΟΡΙϹ	n. ABS
eHEALTH	12
INTERVENTIONAL THERAPY AND DEVICES	12
BIG DATA, PRECISION MEDICINE, ARTIFICIAL INTELLIGENCE, MACHINE LEARNING	11
EXPERIMENTAL HYPERTENSION AND PHARMACOLOGY	11
MICROCIRCULATION/SMALL VESSELS	11
LIFESTYLE CHANGES/LIPIDS/SALT	10
GLOBAL BURDEN OF HYPERTENSION	9
PREGNANCY	9
SPORT AND EXERCISE	9
ENDOTHELIUM AND ATHEROSCLEROSIS	8
INFLAMMATION AND IMMUNITY	8
PRIMARY CARE/FAMILY MEDICINE	8
COVID-19 AND ACE2	5
GLOBAL CVD PREVENTION	5
STROKE	5
CARDIOVASCULAR ONCOLOGY	3
COVID-19 AND RAAS INHIBITION	3
SLEEP APNEA AND NEURAL MECHANISMS	3
HIGH ALTITUDE	1

#### **ABSTRACTS RECEIVED = 839**

COUNTRY	тот.	COUNTRY	тот.
GREECE	106	TAIWAN	8
RUSSIA	80	BELARUS	7
ITALY	69	COLOMBIA	7
CHINA	45	SERBIA	7
UKRAINE	39	NORWAY	6
BRAZIL	32	JAPAN	5
FRANCE	29	KAZAKHSTAN	5
SPAIN	29	LITHUANIA	5
THE NETHERLANDS	26	MEXICO	5
CROATIA	25	SLOVAK REPUBLIC	5
TUNISIA	19	VIETNAM	5
POLAND	18	ALBANIA	4
GERMANY	17	ARGENTINA	4
PORTUGAL	17	IRAQ	4
UNITED KINGDOM	16	NIGERIA	4
INDIA	13	TURKEY	4
SOUTH KOREA	13	AUSTRALIA	3
CANADA	12	EGYPT	3
BELGIUM	11	FINLAND	3
CZECH REPUBLIC	11	INDONESIA	3
BULGARIA	10	PHILIPPINES	3
HUNGARY	10	UZBEKISTAN	3
ROMANIA	10	AUSTRIA	2
SWITZERLAND	10	DENMARK	2
USA	10	HONG KONG	2
SWEDEN	9	MOLDOVA	2
ALGERIA	8	NEW ZEALAND	2
ISRAEL	8	SINGAPORE	2
SOUTH AFRICA	8		

COUNTRY	тот.
ARMENIA	1
CAMEROON	1
Congo, Democratic Republic of the	1
CUBA	1
European Union	1
IRELAND	1
JORDAN	1
MALAYSIA	1
NORTH KOREA	1
PAKISTAN	1
SLOVENIA	1
SURINAM	1
UNITED ARAB EMIRATES	1

# Hybrid Mode Specs, Features & Notes

#### In presence

Secretariat desks, full range of scientific sessions, oral communications, E-posters, exhibition

#### Online

Selection of scientific sessions, selection of oral communications, E-posters, Sponsor companies' profiles

#### Important notes

- breaks between each session have been scheduled (min 5 max 15min).
- All congress timings will be expressed in EEST (Eastern European Summer Time) and refer to Greek time.
- Sessions online must be selected in advance
- Posters will be available on the platform online for virtual participants, while an E-poster area with some totems for consultation will be setup at the congress venue for in-presence participants.
- Exhibition will be done in presence only.
- Allocate satellite symposia at lunchtime in Trianti Room (min 750 max 880 seats COVID protocol), while the Teaching Seminar will be held in the Banqueting room (min 300 max 390 seats – COVID protocol).

### **Registration Fees**

	before March 28, 2022	from March 29, 2022 and on-site	ONLINE
NON-MEMBER	550,00 €	700,00 €	330,00€
ESH MEMBER *	400,00 €	550,00 €	290,00€
PARTICIPANT with 1 accepted abstract ***	320,00 €	370,00 €	280,00€
YOUNGER THAN 35 **	170,00€	200,00 €	120,00€
LOW- AND MIDDLE-INCOME COUNTRIES	60,00 €	80,00 €	50,00€
GENERAL PRACTITIONERS	80,00 €	100,00 €	70,00€
NURSES	60,00 €	80,00€	50,00€

\* Only for European Society of Hypertension (ESH) members and Italian Society of Hypertension (SIIA) members.

Not applied to members of other Hypertension Associations and National Societies

\*\*Born after June 1<sup>st</sup>, 1987. Please send a copy of your document

\*\*\* Only presenting authors

Fees are quoted in euro (EUR), per person, not including 24% Greek VAT for in-person participants and 22% Italian VAT for online participants.

Local delegates are entitled to a special registration fee: 300,00 € for onsite participation and 200,00 € for online participation.

# **Faculty Accommodation**

The Faculty will be hosted at the **Crowne Plaza Athens Hotel** (4\*) few steps from the Congress Venue and compliant with Code of Ethics.





# **Social Programme**

#### **Opening Ceremony & Welcome Cocktail**

Date: Friday, June 17 Venue: MEGARON Programme: TBD

#### **Presidential Dinner**

Date: Sunday, June 19 Venue: TBD Programme: TBD

# **ESH Bespoke TV**

WebsEdge is a global leader in Conference TV - both for onsite and virtual meetings - which helps conference organizers and associations through the power of high production value filmed content.

WebsEdge specialises in providing leading associations in the Medical and Scientific sectors with dedicated Conference TV for their major events.

The objective is to produce an engaging series of bespoke TV shows, that attract and inform the meeting delegates, and larger audience of stakeholders through on site and online broadcast of a daily program.

This opportunity for ESH 2022 will be offered at no extra cost on the event budget.

WebsEdge will cover the broadcasting costs through a series of high-quality topic specific films produced for institutions and researchers in the sector.

Here below 2 sample links of what can be done for ESH 2022:

- <u>APHA TV</u> for the American Public Health Association.
- AACC TV for The American Association for Clinical Chemistry (AACC) meeting (in person meeting)

# 11.a 2022 ESH Annual Meeting, Athens (K. Tsioufis, R. Kreutz, M. Massaro) Website & digital promotion

The official congress website <u>www.esh2022.eu</u> is active and constantly updated.

As done in the past, we are promoting the Annual Meeting on social media with a special focus on Twitter and Facebook, and through email blast to be sent to our mailing list, communicating all the congress updates and insights.

- Twitter: 1.227 followers
- Facebook: 635 followers



@ESH\_Annual / @ESHypertension / @kreutzreinhold

@ESHAnnualMeetings

#### #ESH2022

### Hellenic Society of Hypertension Meeting June 16-17

The ESH Annual Meeting will be anticipated by the Hellenic Antihypertensive Congress, which will take place at Megaron Athens International Conference Centre (MAICC) on June 16<sup>th</sup> afternoon and 17<sup>th</sup> morning.

This solution will allow greek delegates to attend both meetings with a unique registration fee.

Sponsorship packages *ad hoc* for Hellenic companies has been created, to give the opportunity to be part of the European Meeting and increase their visibility at international level.

# ORGANISATION



Organising and Scientific Secretariat

**AIM Group International (Rome, Italy)** 

Local DMC



**AFEA Travel and Congress Services (Athens, Greece)** 

### THANK YOU FOR YOUR ATTENTION



## 11.b 2023 ESH Annual Meeting, Milan (G. Mancia, M. Massaro)

Dates:	June 23 to 26, 2023
Venue:	MiCo Milano Congressi – MILAN



Organising and Scientific Secretariat

**AIM Group International (Rome, Italy)** 



# 11.c 2024 ESH Annual Meeting, Berlin (R. Kreutz, M. Massaro)

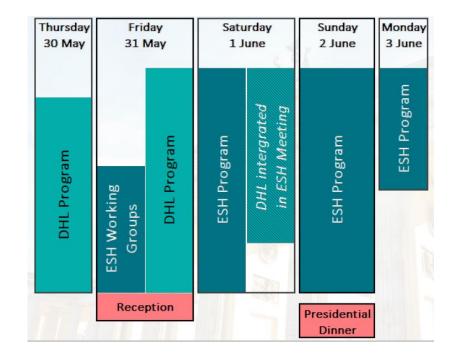
Presidents of the meeting: R. Kreutz, R. Schmieder

Dates: May 30 to June 3, 2024

Venue: Estrel Congress Center - BERLIN



### **Preliminary program structure**





# 11.d ESH-ISH Future Joint Meetings (R. Kreutz)

- Usually ESH-ISH Joint Meetings take place every 6 years in Europe  $\rightarrow$  should be 2026
- But ISH planned a new schedule, because of the one-year delay due to COVID-19 of the last meeting: ESH-ISH 2021 +6 years =  $2017 \rightarrow$  next one will be in 2028



# 12. Interaction with other Societies and National Societies

### 12.a ESC

- ESH-ESC Joint Session at ESC Congress, August 2022 (E. Agabiti Rosei, T. Kahan)
- Future Hypertension Guidelines (T. Kahan, R. Kreutz)
- 12.b Interaction with National Societies (M. Dorobantu)

12.c Others



# 12.a ESH-ESC Joint Sessions for ESC Congress in August 2022 (1)

(T. Kahan, E. Agabiti Rosei)

Proposals for ESC Congress submitted through ESC Council on Hypertension and Intrascope on Oct 15 (T Kahan)

### Cardiac imaging to assess hypertensive heart disease in women and men

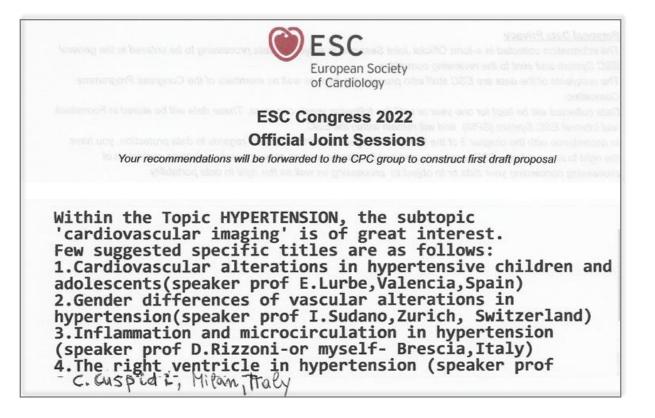
- Echocardiography to assess hypertensive heart disease and coronary circulation | Giovanni de Simone, Italy
- Magnetic resonance imaging to assess hypertensive heart disease and coronary circulation | Elisabeth Pieske-Kraigher, Germany
- How cardiac imaging techniques reveal sex differences in hypertension mediated cardiac dysfunction | Eva Gerdts, Norway
- Format: Session title, 3 presentations and speakers, no chairs
   Spotlight session "Cardiac imaging". Proposed joint session with ESH
   To be reviewed by the ESC CPC and decision pending

- Vascular imaging to assess hypertension mediated arterial dysfunction
- Echocardiography, magnetic resonance imaging and pulse wave analysis to assess aortic wall properties and function, and arterial-ventricular coupling in hypertension | Thomas Weber, Austria
- How to assess small artery and microvascular dysfunction in hypertension | Rosa Maria Bruno, France (Prof Carolina De Ciuceis, Italy)
- Cardiovascular imaging techniques reveal sex differences in hypertension mediated vascular damage | Eva Gerdts, Norway (Isabella Sudano, Switzerland)



# 12.a ESH-ESC Joint Sessions for ESC Congress in August 2022(2)

Proposals (pr. Kanan, E. Agabiti Rosei) ugh ESH on November 15 (E. Agabiti Rosei)





# 12.a ESH-ESC Joint Sessions for ESH Congress in Athens 2022

(T. Kahan, E. Agabiti Rosei)

Proposals to be submitted (E. Agabiti Rosei)

### Hypertension and organ damage

- The right ventricle in hypertension | Marijana Tadic, Serbia
- LVH in hypertensive children and adolescents | Empar Lurbe, Spain
- Cardiac effects of renal denervation | Felix Mahfoud, Germany
- Heart failure in CKD. The role of hypertension | Pantelis Sarafidis, Greece



# 12.a Future Hypertension Guidelines (R. Kreutz, T. Kahan)

Dear esteemed colleague,

I would like to take this opportunity to wish you a Happy New Year and share an important update concerning ESC Clinical Practice Guidelines.

In 2024, the ESC will release four updated Clinical Practice Guidelines, which will cover the topics of atrial fibrillation, arterial hypertension, chronic coronary syndromes, and peripheral arterial and aortic diseases.

As approved by the ESC Board in December 2021, for the first time this year the ESC will be making an open call to broaden the pool of contributors and give topic experts the opportunity to volunteer to be part of the 2024 ESC Guideline Task Forces. This is an important innovation in the way we identify contributors for our flagship content. While we will continue to ensure appropriate representation of internal ESC specialty groups within the Task Forces, the call for applications will help us improve upon diversity and inclusion, notably with respect to specific expertise, gender, and country of origin. The aim is to promote individual excellence while constituting multidisciplinary and inclusive Task Forces.

The communication campaign on the open call will be launched next week, and I would be grateful if you could help us spread the word by encouraging senior and young experts in your communities to apply.

ESC Guidelines are the bedrock of ESC science and ensuring we have input from the most relevant leading experts remains a priority.

With my best regards, Colin Baigent, FESC Chairperson of the ESC Clinical Practice Guidelines Committee 2020-2022



# 12.a Future Hypertension Guidelines (R. Kreutz, T. Kahan)

Dear esteemed colleague,

In 2024, the ESC will release four updated Clinical Practice Guidelines, which will cover the topics of atrial fibrillation, arterial hypertension, chronic coronary syndromes, and peripheral arterial and aortic diseases.

As approved by the ESC Board in December 2021, for the first time this year the ESC will be making an open call to broaden the pool of contributors and give topic experts the opportunity to volunteer to be part of the 2024 ESC Guideline Task Forces.

With my best regards, Colin Baigent, FESC Chairperson of the ESC Clinical Practice Guidelines Committee 2020-2022



# 12.b Interaction with National Societies (M. Dorobantu)

### ASPECTS OF MY ACTIVITY AS THE REPRESENTATIVE OF NS

• We had 19 virtual meetings with presidents of NS of hypertension (7-10 minutes) during the joint ESH-ISH meeting, April 11-14, 2021. The aim was to strengthen/re-establish the relationship between ESH and the National Societies.

### General ESH topics were:

- ✓ Advertising: short portrait of Society to post on website , template will be sent by ESH Coordinator (content: current President, history, number of members, contacts, important activities and events in 2021/2022)
- ✓ Translation of Guidelines for BPM
- ✓ Participants for ESH Working groups, especially young doctors
- ✓ ABPM study



We would therefore like to announce the ESH website has been recently updated with the current status of Presidents for all National Societies. You can find all the new information here (at the moment we are still waiting for updates from 3 societies): <u>https://www.eshonline.org/communities/national-societies/countries-list/</u>

### **EXAMPLES**

BELGIAN HYPERTENSION COMMITTEE (AFFILIATED SOCIETY) PRESIDENT Prof. Tine De Backer UZ Gent Cardiology Department De Pintelaan 185 B-9000 Ghent, Belgium Phone +32 9 332 34 59 Fax +32 9 332 34 62 Email <u>tine.debacker@ugent.be</u> SECRETARY Prof. Alexandre Persu Email <u>alexandre.persu@uclouvain.be</u>

#### POLISH SOCIETY OF HYPERTENSION (AFFILIATED SOCIETY) PRESIDENT

Prof. Aleksander Prejbisz Department of Hypertension National Institute of Cardiology Alpejska 42 04-628 Warsaw Poland Phone: 00 48 22 34 34 322 Fax: 00 48 22 34 34 517 Mobile: 00 48 607 462 898 Email aprejbisz@ikard.pl

SECRETARY Prof. Piotr Dobrowolski Phone: 00 48 22 34 34 322 Fax: 00 48 22 34 34 517 Mobile: 00 48 501206216 Email pdobrowolski@ikard.pl

# EXAMPLE - Short portrait of Society posted on website

#### Hungarian Society of Hypertension (Magyar Hypertonia Társaság)

**Current President** 

Contact

Website

1993

1094

Founding date

Number of members

Prof. Dr. Zoltán Járai

Phone/fax: +36-1-464-8723

E-Mail: titkarsag@hypertension.hu

https://www.hypertension.hu/

Dr. János Nemcsik Ph.D. (Secretary General)

Tétényi út 12-16., Budapest, 1115, Hungary

# A RANGE AND A RANG

#### Activities/Events in 2021

- Educational course for hypertension licence, May 21, 2021
- Vascular Age Awareness Day, June 6, 2021
- National Congress of HSH, September 16-18, 2021
- M(a)y Measurement Month, September, 2021
- ABPM educational course, October, 2021
- "Focus on Hypertension" Congress of the Association of Hungarian Medical Societies, November 12-13, 2021

#### Activities/Events in 2022

- 18<sup>th</sup> Regional Hypertension Day, Debrecen, January 29, 2022
- National Congress of HSH, September 15-17, 2022



We encourage all societies to fill in the application on the ESH website and become affiliated/associated societies. We would also like to propose a future update of this application.

All other documents linked on the website regarding Affiliation/Association Program have not been changed. They are still "old": <u>https://www.eshonline.org/communities/national-societies/affiliation-and-association-programme/</u>



As a representative of the ESH Affiliated Societies, I have been a part of the national Hypertension Meetings in various countries, including France, Bulgaria and Hungary.

I will participate in the Bosnian Congress later this year, in September 2022.



# 13. ESH Satellite Meetings & ESH Endorsed Meetings (A. Januszewicz)

ESH Satellite Meetings 2022

- Educational Meeting of WG on Diabetes and Metabolic Risk Factors, May 5-8, 2022 in Chalkidiki, Greece
- Others?

### ESH Endorsed Meetings 2022

- Argentina Society of Hypertension Satellite Symposium, April 28, 2022, Rosario, Argentina
- Others?



# 14. ESH Educational Activities

14.a 2nd ESH Webinar in cooperation with Siemens Healthineers Poland "Educational Imaging Program in Hypertension – focus on MRI" (A. Persu, A. Januszewicz)



### **Topic** Cardiac magnetic resonance and echocardiographic imaging in hypertension

### Date & time

February 23, 2022 5:00 - 7:00 PM CET

Broadcasting via YouTube Invitations to be sent out to all ESH members after the Council Meeting

### Agenda

Introduction by ESH President, Reinhold Kreutz

### Part I - Lectures

- Basic echocardiography in hypertensive patients | Tatiana Kuznetsova, Belgium
- Cardiac magnetic resonance imaging in hypertensive heart disease | Alexandros Kasiakogias, Greece
- Cardiac magnetic resonance imaging in secondary hypertension | Mateusz Śpiewak, Poland

### <u>Part II – Live part</u>

- Mateusz Śpiewak (Poland) and Patrycjusz Stoklosa (Poland) will run interactive echo examinations confronted with MRI in patients with primary and secondary hypertension in the Siemens Healthineers Poland studio located in Warsaw, Poland
- Moderation: Tatiana Kuznetsova, Alexandros Kasiakogias, Menno Pruijm, Alexandre Persu and Andrzej Januszewicz





CARDIAC MAGNETIC RESONANCE AND ECHOCARDIOGRAPHIC IMAGING IN HYPERTENSION

FEBRUARY 23, 2022 | 5:00 - 7:00 PM CET

### **REGISTRATION - OPEN UNTIL FEBRUARY 21, 2022**

Participation is free of charge.

Supported by a grant by Siemens Healthineers Poland



# **15.** Any other issues (A. Januszewicz)



# 16. Dates for future Council Meetings (A. Januszewicz)

Save the date

June 17, 2022, Athens

- in conjunction with the 2022 Annual Meeting in Athens

Fall meeting 2022 – tbd, e.g. Warsaw



# 17. Closure of the meeting (R. Kreutz)