

Spotlight on the 7th Official pre-ESH International Congress Satellite Symposium (11-12 September, 2020, Athens, Greece)

In light of the current circumstances of the COVID-19 pandemic the **7th Official pre-ESH International Congress Satellite Symposium**, entitled **“Update on difficult to Control Hypertension and Related Comorbidities”** was held on **11-12 September, 2020** in Athens, Greece. The idea of the organizing committee (Costas Tsioufis, Roland Schmieder and Reinhold Kreutz) was to organize the Symposium in **an innovative hybrid way of limited physical presence and virtual participation** and this was a success. The presentations were of short duration with the active participation of the leaders of ESH Excellence Centers representing more than 30 ESH Affiliated European Hypertension Societies. The **highlights** of the meeting were the **Workshop “Connecting the Dots Between Lifestyle Modifications, Drug Therapy and Renal Denervation in the Management of Hypertension in 2020”** and a **special session dedicated to ESH Research Projects**. The online lectures and comments were harmoniously mixed with the onsite participants’ discussions and presentations, strengthening the relations between leaders of ESH Excellence Centers (see *accompanying photos*). During the 2 days Symposium more than 1200 cardiologists, internists, nephrologists, general practitioners and related scientists were connected online and more than 160 visited the venue and were in the conference room in different time points in order to adhere to the health policies. The experience of the 7th Official pre-ESH Congress Satellite Symposium was exciting and just a foretaste of the of the main meeting of the ESH in Glasgow that will take place from 11 to 14 April 2021. So, in these difficult COVID-19 times just ***stay tuned, participate, connect and learn***.

The hybrid approach for the 7th Official pre-ESH International Congress Satellite Symposium

(Prof Costas Tsioufis , Michel Azizi, Michalis Doumas and Justin Davies onsite in Athens in the upper left panel of each photo and the rest of each panel online from Europe and USA)

7th Official pre - ESH Congress Satelite Symposium

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R. Kreutz



G. Mancia



R. Schmieder

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N. Chapman



G. Grassi



S. Taddei



S. Eckert

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G. Grassi



M. Volpe



R.E. Schmieder



M. Burnier



Januszewicz / Prejbisz



J. Kadziela



V. Papademetriou



T. Weber

Update on Diastolic Hypertension and related conditions