

Minutes of the Meeting of the ESH Scientific Council

**Belgrade, March 7, 2020**

**8:30 – 12:30 hrs**

**PRESENT**

ESH-Council members and officers

R. Kreutz, President

A. Januszewicz, Secretary

J. Polonia, Treasurer

B. Jelakovic, Officer-at large

A. Coca

D. Lovic

P. Van de Borne

Others

M. Calderei (AIM)

M. Massaro (AIM)

Due to the COVID-19 outbreak and consequent travel restrictions, the following Council Members and officers joined the meeting by remote web conference:

E. Lurbe

J. Brguljan

K. Tsioufis

G. Parati

T. Weber

A. Persu

B. Williams

E. Agabiti Rosei

C. Borghi

M. Dorobantu

**Other participants**

R. Lynch

**Apologies**

M. Azizi

T. Kahan

A. Manolis

G. Grassi

G. Mancia

### 1. PRESIDENT'S WELCOME

The ESH President R. Kreutz opened the meeting welcoming all members present, and those who were unable to attend due to the strong recommendations by their local governments to avoid travel, to the first ESH virtual Council meeting.

He conveyed the apologies of the Council members who were not present independently from COVID-19.

### 2. MINUTES OF THE MILAN SCIENTIFIC COUNCIL MEETING, JUNE, 2019

The minutes of the Council Meeting held in Berlin, November 7<sup>th</sup>, 2019 were unanimously accepted by the Council and are available on the ESH website.

### 3. TREASURER'S REPORT

J. Polonia presented the unaudited financial report at 31.12.2019. The report detailed the Society's financial situation with a net result for the period amounting to 1'803'874 Swiss francs. He noted that "net assets" include the effective funds available (Cash and Securities) and receivables (on-account payments) and payables (outstanding invoices or pending payments).

#### European Society of Hypertension, 6300 Zug

##### Income and Expenditures as per 31.12.2019 (provisional, not audited)

	31.12.2019 (CHF)	31.12.2018 (CHF)
Net assets at beginning of period	1'798'344	2'039'409
Net assets at end of period	1'803'874	1'798'344

The main income continues to come from the Annual Meeting and other ESH meetings, subscriptions and donations. Donations from organizations are not connected to the Annual meeting. The biggest grant was received from Pfizer for USD 100,000.00 in February.

## European Society of Hypertension, 6300 Zug

### Income and Expenditures as per 31.12.2019 (provisional, not audited)

	31.12.2019 (CHF)	31.12.2018 (CHF)
<b>Net assets at beginning of period</b>	<b>1'798'344</b>	<b>2'039'409</b>
<b>INCOME</b>		
<b>Meeting income</b>		
Annual Meeting income	997'629 72.6%	1'114'239 78.5%
Other Meeting income	152'485 11.1%	81'764 5.8%
<b>Total Meeting income</b>	<b>1'150'114 83.7%</b>	<b>1'196'003 84.3%</b>
<b>Subscriptions</b>		
Subscriptions	284 0.0%	237 0.0%
Subscriptions/donations Organisations	107'538 7.8%	97'024 6.8%
<b>Total Subscriptions</b>	<b>107'822 7.8%</b>	<b>97'261 6.9%</b>
<b>Other income</b>		
Endorsement for awards	5'739 0.4%	0
Royalties received	110'000 8.0%	125'556 8.8%
Dividend/Interest securities	254 0.0%	255 0.0%
<b>Total other income</b>	<b>115'993 8.4%</b>	<b>125'811 8.9%</b>
<b>Total INCOME</b>	<b>1'373'929 100.0%</b>	<b>1'419'075 100.0%</b>

Other meeting income and costs are from the Athens meeting organized by K. Tsoulis, the Programme Committee meeting in March 19 and the Council meeting in November 19.

Subscriptions only contain the specialist fee

Donations from Organisations are not connected to a meeting and therefore shown separately: mainly Pfizer grant USD 100'000 early February.

Royalties received from Wolters Kluwer are provisional but do not fluctuate much, so I strongly believe that this amount won't change much for the final statement which will be presented at the annual meeting in July.

Other income derives from the royalties from Wolters Kluwer and from Dividends/Interest securities. The final statement of royalties will be presented at the Annual Meeting.

The total income at the end of the period is 1'373'929 Swiss francs.

### Income and Expenditures as per 31.12.2019 (provisional, not audited)

	31.12.2019 (CHF)	31.12.2018 (CHF)
<b>Allowance to the FESH</b>	<b>229'220 16.7%</b>	<b>360'450 25.4%</b>
<b>Expenses</b>		
<b>Meeting expenses</b>		
Annual Meeting expenses	792'211 57.7%	911'356 64.2%
Other Meeting costs	158'607 11.5%	79'586 5.6%
<b>Total Meeting expenses</b>	<b>950'818 69.2%</b>	<b>990'942 69.8%</b>
<b>Other expenses</b>		
Awards granted	5'526 0.4%	0
Joint ESC/ESH Guidelines	0	34'233 2.4%
Website expenses	40'763 3.0%	63'145 4.4%
Donations	4'359 0.3%	110'408 7.8%
Administration costs	22'550 1.6%	12'703 0.9%
Legal- and Professional fees	22'838 1.7%	18'954 1.3%
Bank charges/Safekeeping fees	6'846 0.5%	7'730 0.5%
Gain/Loss on Securities	16'386 1.2%	22'452 1.6%
Exchange difference	28'677 2.1%	23'996 1.7%
Other expenses	30'416 2.2%	5'328 0.4%
Tax payments	10'000 0.7%	9'800 0.7%
<b>Total other expenses</b>	<b>188'359 13.7%</b>	<b>308'748 21.8%</b>
<b>Net assets at end of period</b>	<b>1'803'874</b>	<b>1'798'344</b>

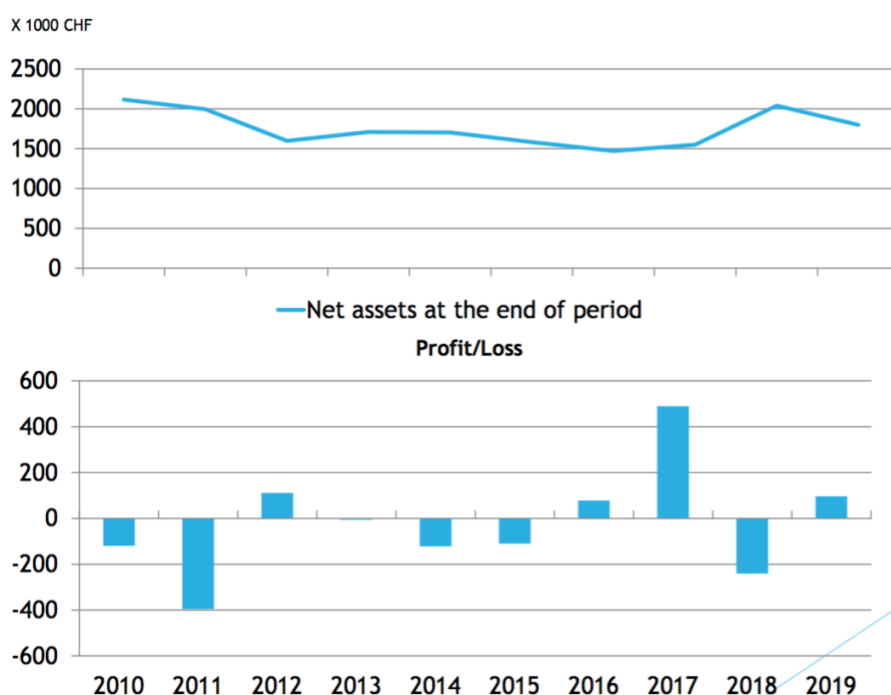
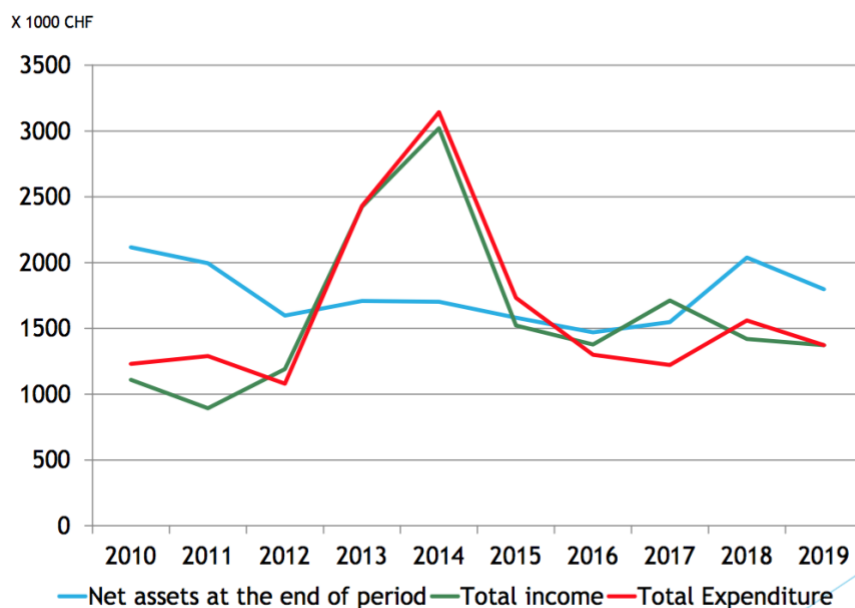
Administration costs are administration fees paid to the council of the society and Robyn Lynch.

Legal- and Professional fees are fees paid to the auditors, Ornitag (administration and financial statements), domiciliary agent and other advisors.

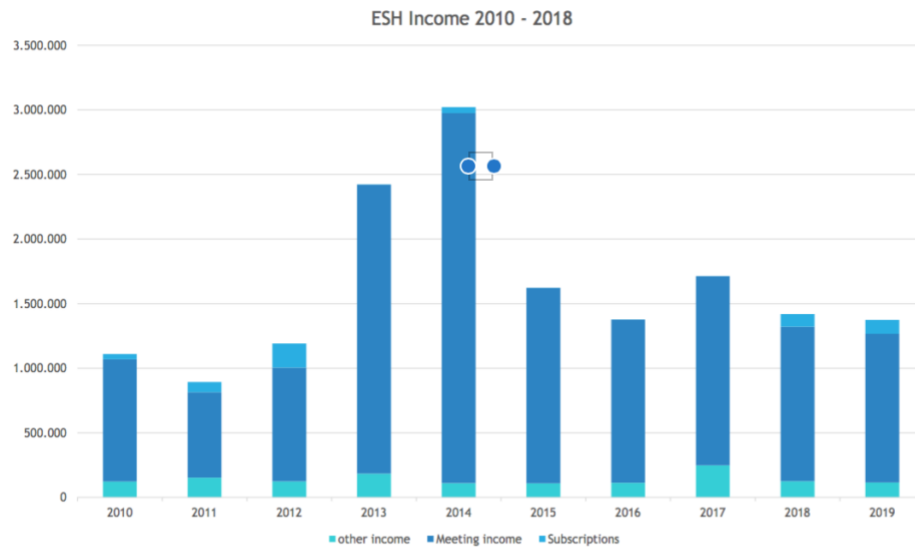
Other expenses include the ECDA membership and the 30 years ESH book

The total expenses from the Annual Meeting and other ESH meetings costs are 950'818 Swiss francs. Other expenses from Administrative costs, legal and professional fees, ECDA membership and the 30 Years ESH book amount to 11'139'177 Swiss francs. This does not include the allowance of 220'220 Swiss francs to the FESH.

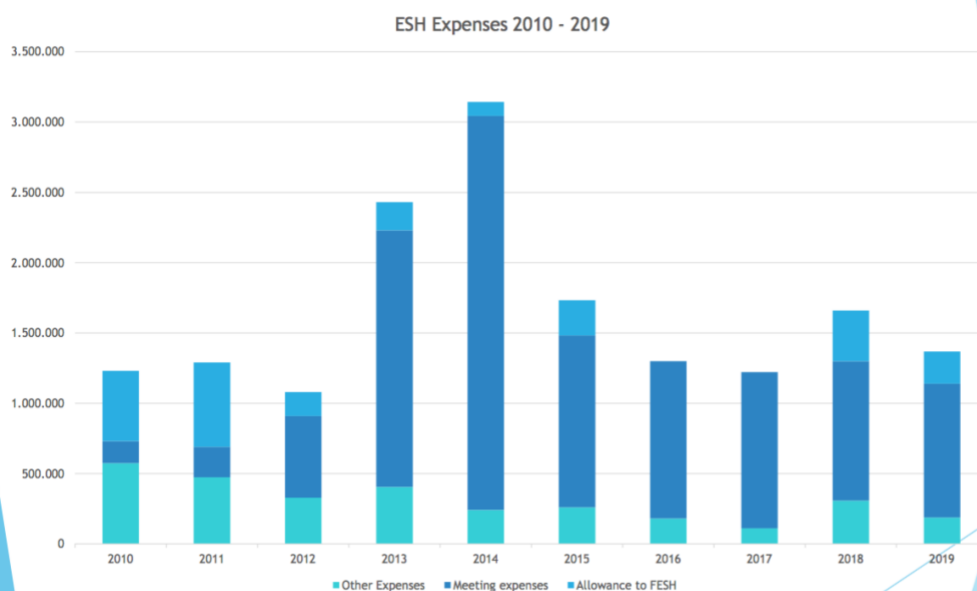
J. Polonia showed an overview of the profits and losses over the last 10 years. The situation is stable, with a peak in income in 2014 derived mainly from the Annual Meeting held in Athens.



He also provided a comparison of the ESH income over the last 10 years (2010-2019)



And a comparison of ESH expenses between 2010-2019



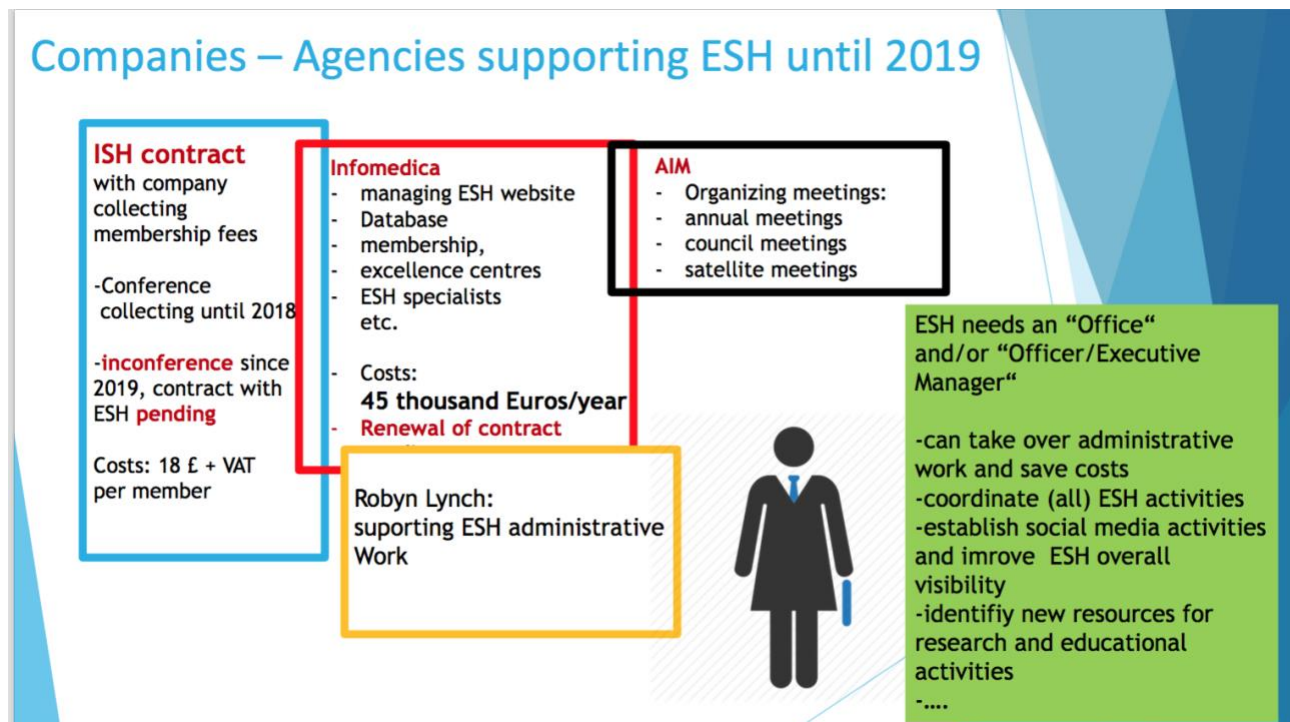
A discussion followed on how to increase income through grants and donations and where expenses could be reduced. Prof. Agabiti Rosei asked to prepare the list of donations in years 2017-2019. In general, Prof. Tsioufis and Prof. Mancia summarized that the current financial situation is stable.

#### 4. ESH BUSINESS MATTERS

##### a. Contracts with Supporting companies

R. Kreutz gave a brief recap of the companies/agencies that have supported ESH up until 2019:

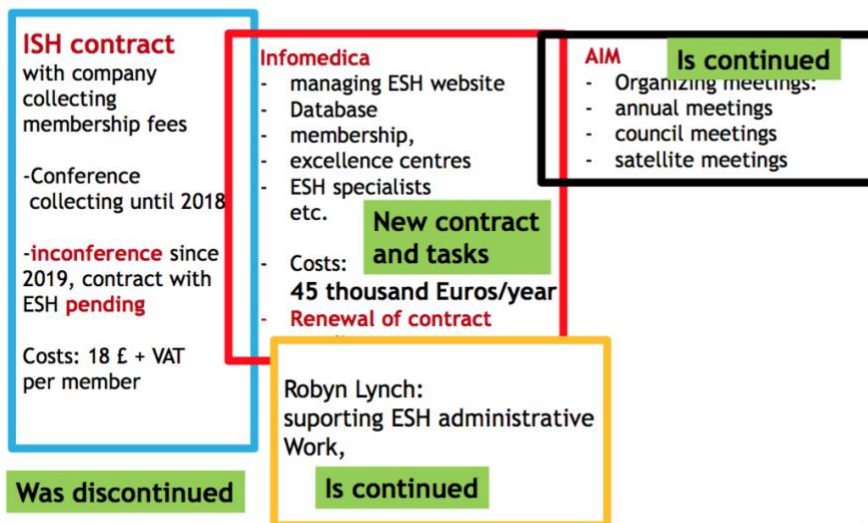
- ISH Contract with third party collecting membership fees.
- Infomedica – overall website management.
- Administrative secretary.
- AIM – overall organization of ESH meetings.
- New position – Officer/Executive Manager.



Companies/agencies that will support ESH in 2020:

- ISH contract with third party was discontinued.
- Infomedica – new contract and tasks. The annual fee ESH will pay to Infomedica in 2020 for the costs for the website management and maintenance, and the implementation of the online membership fee procedure is 18,000 Euro, a saving of 27,000 Euro in 2020.
- Administrative Secretary – collaboration continues.
- AIM collaboration continues.

## Companies – Agencies supporting ESH in 2020



### New Contract with Infomedica

## New contract

- Up to 2019 annual 45,000 Euro
- New contract with specific and additional tasks

#### 6. Costs

ESH agrees to pay an annual cost to Infomedica for the services described in this agreement as follows:

Portal maintenance and management	€14,000.00
Implementation online payment Membership fees procedure	€ 4,000.00
<b>Total</b>	<b>€18,000.00</b>

#### Letter of Agreement

This letter of agreement is made on January 29, 2020, by and between European Society of Hypertension (ESH), represented by Reinhold Kreutz, ESH President and Infomedica, with its registered offices in Italy, represented by Rick Liore, Managing Director.

#### Recitals

##### Whereas,

- The European Society of Hypertension agrees to partially renew the services of the original contract signed on December 17th, 2019 related to the maintenance and management of the ESHonline.org portal.
- Infomedica agrees to develop an online payment process for the management by ESH of the ESH membership fees.
- For this purpose, Infomedica grants ESH a non-exclusive, non-transferable, right to use the Infomedica platform and this agreement shall control the rights and responsibilities of the parties.
- Infomedica agrees to provide the following services:
  1. Portal Maintenance and Management
  2. Implementation Online Payment Membership Fees.

#### 1. PORTAL

The core portal framework includes the core database, web server, user interface, Responsive Web Design (RWD), multimedia library and search functions. All the content is managed, edited updated and fully controlled through Infomedica content management system (CMS).

##### 1.1 Maintenance

The website maintenance includes:

- Website hosting
- Domain registration renewal




R. Kreutz mentioned he is happy with the new agreement between ESH and Infomedica. The new online payment system was launched on March 3<sup>rd</sup>. To make the online payment process more user friendly, it was decided to change the currency of the membership fees from US Dollars to Euro:

- ESH Membership €185.00
- ESH-ISH Membership €225.00

#### **b. ESH Program Coordinator**

R. Kreutz informed the Council that a Call for applications for a Program Coordinator was sent out to all ESH members in February. The role of the Program Coordinator would be to take over administrative work, coordinate ESH activities, establish and improve ESH visibility and social media activities.



**Call for Applications**

**Program Coordinator: European Society of Hypertension (ESH)**

The main purpose of the European Society of Hypertension (ESH) is to provide a stable and organised platform for scientific exchange and education in the field of hypertension (high blood pressure). Members of the ESH are physicians or other health care professionals from various European countries North Africa and the Middle East.

The ESH is currently searching for an experienced program coordinator to join our Society. We are looking for a person motivated by the desire to optimize the affairs of a European academic society with global outreach.

**Profile:**

- You have a higher degree preferably in life sciences or equivalent experience.
- You have experience in project management, preferably in the health sector.
- You have excellent organizational and planning skills and are able to work effectively in a matrix environment of an academic society on multiple projects.
- You are a team player with the ability to work independently and autonomously.
- You are fluent in English (written and spoken). Any other European language is an asset.
- Profound knowledge of Microsoft Office (Word, Excel, PowerPoint and Outlook), internet and social media use.


**We offer:**

- Flexible working hours
- Flexible office environment

**Location:** Europe - **Starting date:** as soon as possible

You want to join our Society? Please send your CV and cover letter via email by **February 28, 2020** to:

Professor Andrzej Januszewicz, ESH Secretary, email: [ajanu@op.pl](mailto:ajanu@op.pl)



At the date of the Council meeting only one application had been received.

## **CURRICULUM VITAE**



### Personal Details

Name	Gioacchino Stefano Salvato
Address	ulica Kopcinskiego 93/40 90-033 Lodz, Poland
Telephone	+ 48 696 303 431 (mobile)
E-mail	<a href="mailto:salvato.gstefano@gmail.com">salvato.gstefano@gmail.com</a>
Date of birth	19 December 1968
Nationality	Italian and Polish



## Profile

**Senior Business Intelligence Professional** specialised in market research, planning and analysis. Qualified and experienced (21 years) in business development airlines industry

## Working Experience

- Jan 2015-Oct 2018 Alitalia – Societa' Aerea Italiana S.p.A. – Germany Branch Office (Frankfurt am Main - Germany)**  
**Market Analyst and Research (Business Intelligence)** responsible for analysis and research for DACH markets within WEU (West Europe) / IEU (Italy & North Europe) Region  
**Main tasks:** market controlling and research, revenue analysis and forecasting, product benchmarking, finance and incentive coordination, setting up and monitoring sales strategy and results, trainings to sales staff
- Jan 2009-Dec 2014 Alitalia – Compagnia Aerea Italiana S.p.A. – Germany Branch Office (Frankfurt am Main - Germany)**  
**Market Analyst and Research (Business Intelligence)** responsible for analysis and research for DACH markets within EMEA Region
- Apr 1999-Dec 2008 Alitalia – Linee Aeree Italiane S.p.A. - Central and Eastern Europe Direction (Frankfurt am Main - Germany)**  
**Market Analyst and Research,** responsible for analysis and reporting for Central and Eastern Europe Markets (DACH + PL-CZ-SK-HU-RU-UA-BY-SL-HR-SB-MT-RO-BG-AL)

- Jul 1997-Mar 1999 Alitalia – Linee Aeree Italiane S.p.A. - Poland Representative (Warsaw- Poland)**  
**Sales Representative,** based in Warsaw, appointed to establish and develop relationship with trade partners and corporate accounts located in Polish and Lithuanian markets in order to achieve assigned sales targets
- Feb 1997-Jun 1997 Kyungbang-Fonica Ltd Polish-Korean manufacturer of electronic components located in Łódź (Poland)**  
**Planning and Control Officer** cooperating in sales and production report and supporting Financial and Administrative Team
- Apr 1996-Jul 1996 "Wydawnictwo Nowa Europa" Nowa Europa Editor - a JV company between Italian "Il Sole 24Ore" and Polish INFOR editor, publishing the financial newspaper "Nowa Europa" in Warsaw (Poland)**  
**Assistant to Board of Directors** cooperating in meeting organization, board document editing and translation (Italian-Polish languages)
- Apr 1995-Mar 1996 "Stato Maggiore della Difesa" General Staff of the Italian Armed Forces in Rome (Italy)**  
**Assistant at translation section** (Italian-English, Italian-French and Italian-Polish languages) during the period of military service

## Key skills

Personal computer operative system **Windows 10**  
 Software applications proficiency:  
**Microsoft Office 2016** (Word, Excel, PowerPoint, Access, Outlook)  
**SAP BusinessObjects B I4.0.05 Web Intelligence XI**  
 Airline Software Applications  
 Sabre Solutions Reservation Interact-v7.3-CVT; Sabre AirVision  
 Market Intelligence:  
 MIDT (Market Information Data Tape), GDD (Global Demand Data Database) DDS IATA, Esmash - Accelya  
 Experienced in team working organisation and coordination  
 Ability to work with figures and present market report, outlook and overview Academic preparation in economics and international relations  
 Capability to work in different conditions and respect strict deadlines

## Languages

Italian native language  
 Polish native language  
 English fluent written and spoken  
 French fluent written and spoken  
 German working knowledge

## Education

- Nov 1987- Jul 1994 State University of Rome "La Sapienza" (Italy)**  
**Bachelor's degree in Political Science** with marks 108/110.  
 Thesis in Political and Financial Economics (Prof. Antonio Marzano):

"L'inflazione in Polonia. Stabilizzazione e riforma economica" (Inflation in Poland. Stabilisation and economic reform). I illustrated the economic transformation process started in Poland by Tadeusz Mazowiecki's government in 1989, with a special focus on first political and monetary measures aimed to start the liberalisation of Polish centralised economy and to contrast the hyperinflation phenomenon. It was so called the Balcerowicz's "shock therapy", the special economic program converting Polish economy to an open market one, during the last decade of 20<sup>th</sup> century

- Sep 1982 – Jul 1987 High School "Amedeo Avogadro" of Rome (Italy)**  
 Graduate

## Course and training

- Oct 2007 SAP BusinessObjects Web Intelligence XI R1/R2 Basic and Advanced Report Design (QA320R2/QA210R2)**  
 Luiss Guido Carli Business School Commercial and Marketing Course, held at Alitalia Head Office in Rome (Italy) with specific focus on interpersonal leadership, problem solving, economic and financial insights, sales techniques, strategic marketing and economic and financial insight
- Jul 2001 SAP Business Objects 5.1.8 training** c/o Alitalia Head Office in Rome (Italy)
- Sep 2000- Dec 2000 Certificate of attendance of upper level intensive course** German c/o Language School Goethe Institute in Frankfurt am Main (Germany)
- Jun 2000 Certificate of attendance of advanced training for MS Outlook and MS Excel** c/o IT School "MS Elektronik AG" in Frankfurt am Main (Germany)
- Apr 1999 Alitalia Head Office in Rome: attending to Rumba 5.2 applications training session**
- Feb 1998- Dec 1998 German Language School c/o "Österreichisches Kulturinstitut" in Warsaw (Poland)**  
 Certificate of attendance of German language middle level intensive course
- Sep 1989-Dec 1991 Diplôme approfondi de langue française (DALF) Alliance Française c/o Centre Culturel Français in Rome (Italy)**
- Jun 1996-Jul 1986 English Language School c/o Sawston Hall College in Cambridge (United Kingdom)**  
 Certificate of attendance of English language and literature advanced level intensive course

## References

Marco Martinasso: Director at FIT Servizi (Italian Tennis Federation) – Rome (Italy)  
 Giovanni Matassa: VP Alliances and Business Development at Saudia Airlines  
 Attio Geroni: Chief Foreign Department ilSole24Ore Milan (Italy)

Both E. Agabiti Rosei and C. Borghi pointed out that the applicant has good administrative skills but no experience in the health care field.

R. Kreutz said he could be educated on the job but would prefer to consider more candidates. The candidate will be contacted and invited for an interview. Interviews will be carried out by R. Kreutz, A. Januszewicz and K. Tsoufis.

G. Parati mentioned he may have a probable candidate and will send the contact details to R. Kreutz

## 5. WORKING GROUPS

### a. Contribution of Working Groups to Glasgow ESH/ISH Meeting


A. Persu summarized the Working Groups meeting program in Glasgow on Friday May 29<sup>th</sup>:

- Single WGs business meetings (1-1.5-hour meetings)
- Hands-on Course on Renal Ultrasound in Hypertension
- Founding meeting of the WG on Cardiovascular Pharmacotherapy and Adherence
- Plenary session for all WGs

**ESH/ISH Glasgow: Scientific Meetings and Hands-on Workshops**

ESH ISH 2020 - GLASGOW , MAY 29 - JUNE 1, 2020							
FRIDAY, MAY 29							
TIME	CLYDE 1500 SEATS	LOMOND 500 SEATS	HALL 1 400 SEATS	FORTH 340 SEATS	ALSH 300 SEATS	BOISDALE 300 SEATS	DOCHART 1 100 SEATS
12.00 13.00			12.00-13.00 OBESITY	12.00-13.00 LOW RESOURCE	12.00-13.30 VASCULAR	12.00-13.30 ENDOCRINE	12.00-13.30 BRAIN
13.00 14.00				13.00-14.00 HEART			
14.00 15.00		12.00-15.30 Hands-on Course on renal ultrasound in HY (Prof Persu)	13.00-16.00 ESH BPM Teaching Course (Prof Stergiou)	14.00-15.00 ENDOTHEL	13.30-15.00 INTERV	13.30-15.00 KIDNEY	13.30-14.30 Proposal by Jana Brguljan
15.00 16.00		15.30-16.00 Adh-Pharm		15.00-16.30 SHR Symposium	15.00-16.00 CHILDREN	15.00-16.00 SEX DYSF	14.30-15.00 Setup Room ----- 15.00-16.00 Hands-On OMRON
16.00 17.00			16.00-17.30 Joint Session ESH ISH-POA		16.13-17.00 Plenary WGs	Iberican Session	16.00-17.30 The Balkan Symposium
17.30 19.30	OPENING OF THE CONGRESS						

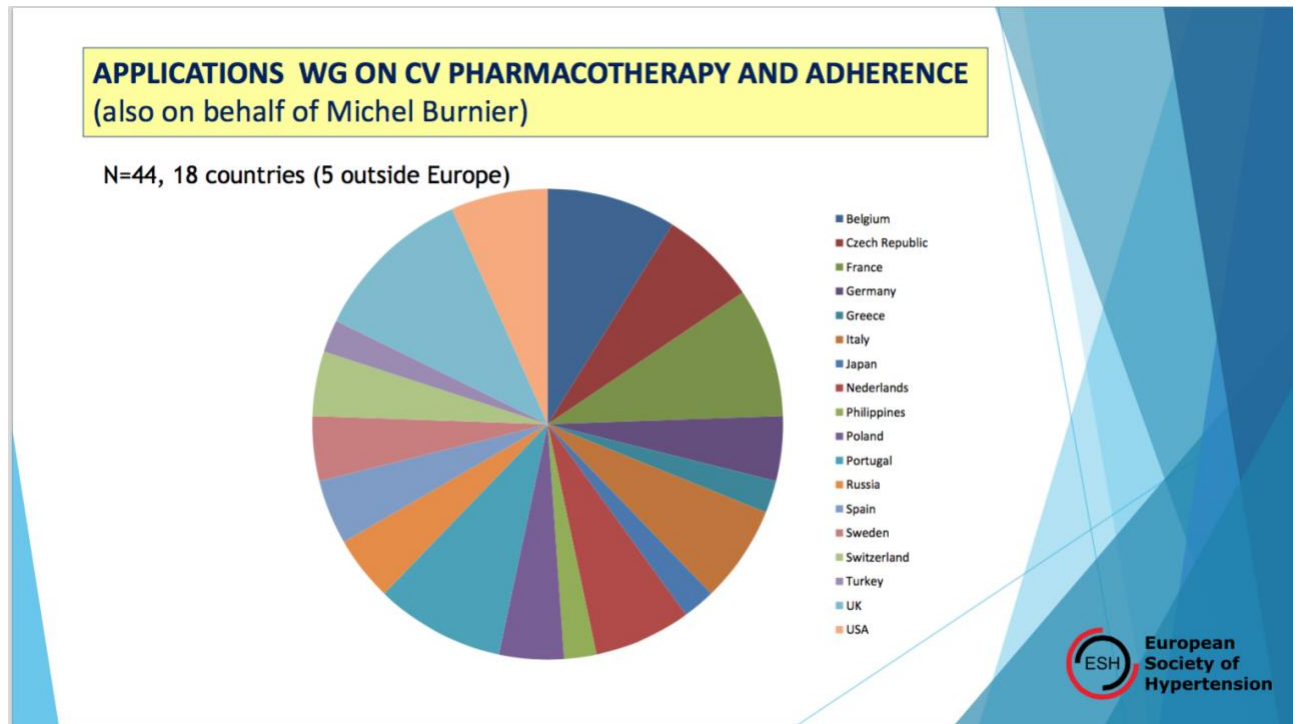
Separate business meetings as requested: Saturday or Sunday 18-19.30

 **European Society of Hypertension**

A. Persu said it is important to refresh the Society and motivate and involve young fellows. Also, more fellows interested in drugs should be stimulated to join.

A Persu pointed out the importance of avoiding membership in more than one WG. A proposal was put forward that WG Chairs cannot move from one WG to Chair another WG. T. Weber also pointed out the need to have written rules and regulations to uniform the WGs and define a structure and timely changes in the leadership for each WG.

The founding meeting of the WG on Cardiovascular Pharmacotherapy and Adherence will be chaired by M. Burnier. Currently there are 44 applicants from 18 countries. The constitution of the new WG and list of members, the election of the Board, presentation of the status of the WG and projects will be discussed during the meeting.



A hands-on Ultrasound Workshop will be held during the meeting in Glasgow following the format of the previous Workshop held in Milan in 2019.

- Lecture - Free registration open to everyone
- Participation in the practical Workshop - fee of 30,00 Euro
- No. of participants: Lecture – 50  
Workshop – 20-25 max
- Siemens will provide 3 machines (4-5 would be optimal). M. Dorobantu will approach Siemens Romania for other machines.



### HANDS-ON WORKSHOP ON RENAL ULTRASOUND (I)

**Chairs:** Alexandre Persu (Brussels, Belgium), Andrzej Januszewicz (Warsaw, Poland)


**Objectives:** provide theoretical background and practical training for the use of renal ultrasound in hypertension.

**Targeted participants:** any medical doctor (internist, cardiologist, nephrologist,...) with interest in renal ultrasound. The theoretical part is free for everyone. The maximum number of participants for the practical part is 24.

**Time and location:** Friday 29th May, ESH/ISH 2020-Glasgow from 12h00 to 15h30 pm

**Experts:** Ute Eisenberger (Essen, Germany), Magdalena Januszewicz (Warsaw, Poland), Wendy Brito and Menno Pruijm (Lausanne, Switzerland).

By the end of the course, participants should be able

- To list the indications for performing renal ultrasound in hypertension.
- To measure the size of both kidneys
- To measure and interpret resistive indexes and acceleration time.
- To recognize common kidney abnormalities
- Certificate: A certificate will be delivered at the end of the course
- Registration: **XXX** (theoretical part open for everyone, without costs; 30 € for those who wish to participate to the practical part).  **To be discussed**



### HANDS-ON WORKSHOP ON RENAL ULTRASOUND (II)

- **Program**

- 12.00-12.10: Brief history and aims of the course (Gregoire Wuerzner- Lausanne, Switzerland)
- 12.10-12.25: Technical basics of ultrasound and indications to perform a renal ultrasound in hypertensive patients (Menno Pruijm- Lausanne, Switzerland)
- 12.25-12.45: Normal anatomic findings and common abnormalities of the renal and urogenital tract (renal masses, nephrolithiasis, hydronephrosis) (Magdalena Januszewicz- Warsaw, Poland)
- 12.45-13h05: Renal duplex ultrasound: atherosclerotic renal artery stenosis and fibromuscular dysplasia (Rosa Maria Bruno- Paris, France)
- 13h05-13.20: Ultrasound of the transplanted kidney (Ute Eisenberger - Essen, Germany)
- 13h20-13h30: Break
- 13h30-15h30: Practical kidney examination by experts (U. Eisenberger, M. Januszewicz, W. Brito, M. Pruijm) and supervised hands-on kidney ultrasound with healthy volunteers.



Two Breakfast Workshops will be held by the WG on Vascular Structure and Function and by the WG on Hypertension and the Brain.

A How-To-Session will be held by the WG on Hypertension and the Kidney, The Brain, The Heart and WG on Vascular Structure and Function.

## b. Participation of the WGs in the pre-ESH/satellite meetings/Summer School

Due to the current COVID-19 situation, the 7<sup>th</sup> Official pre-ESH Congress Satellite Symposium-Difficult to Control Hypertension & Related Comorbidities has been postponed to September 2020. There is no conflict with the Summer School dates.

Participation of the WGs to pre-ESH/satellite meetings/Summer School	
<p><b>Saturday, March 21, 2020</b></p> <p>17.30-17.45 Coffee Break 17.45-19.15 SESSION DEDICATED TO ESH RESEARCH PROJECTS: ALL THE LEADERS OF THE ESH WGS* AND THE ESH EXCELLENCE CENTRES**</p> <p><b>European Society of Hypertension</b></p> <p><b>7<sup>th</sup> Official pre-ESH Congress Satellite Symposium</b></p> <p><b>UPDATE ON</b></p> <p><b>DIFFICULT TO CONTROL HYPERTENSION &amp; RELATED COMORBIDITIES</b></p> <p><b>Postponed to September 11/12 2020 due to COVID-19</b></p>	<p>Dear National Hypertension Society president,</p> <p>In 2020 ESH would like to add some novelty to its work. Some of these novelties include innovations to the <b>ESH Summer School</b>. The Summer School over the years has earned a high reputation and brings together a truly international faculty, offering candidates a unique learning experience.</p> <p>Due to the introduction of the novelties, applications should be submitted by <b>March 15, 2020</b> and sent to the new Coordinator of the ESH Summer Schools, Prof. Jana Brguljan, University Medical Centre Ljubljana, email address: <a href="mailto:jana.brguljan-hitij@guest.arnes.si">jana.brguljan-hitij@guest.arnes.si</a></p> <p><b>OPEN DISCUSSION</b></p>  <p><b>ESH European Society of Hypertension</b></p>

The 2019 Symposium involved WGs and Excellence Centres will be invited to participate this year.

## c. Approval and submission procedure of position papers

A Persu summarized the procedure of submitting Position Papers and Newsletters. He said it should be simple and effective in order to avoid discouraging the authors.

An open discussion on the proposed definition of documents (used at ESC) provided by T. Kahan took place:

- Statement: is this necessary?
- Position Paper: issued only by ESG (WGs)
- Consensus: issued with other Societies

## APPROVAL AND SUBMISSION PROCEDURE OF POSITION PAPERS AND NEWSLETTERS (G. Grassi – A. Persu- R. Kreutz)

### Proposal definition documents by T. Kahan (used at ESC)

- A statement is rather straight forward. Usually this a clear definition or a position taken from a scientific body, i.e. the ESH and backed up by the full board
- A position paper deals with issues, which are not yet quite clear or evidence based or established; thus not included in guidelines because of lack of knowledge (or because they are minor and have no space allowed in guidelines). A position paper is typically written by a few experts or few working groups. And the evidence is usually unclear, thus the expert holds a position on something not entirely clear.. This would typically be written on the initiative of one or more ESH working groups.
- A consensus document - as the word says - should include a broader authorship to form a consensus on a topic where there is often no clear evidence. This requires most or all ESH working groups involved on the topic, and preferably other societies or bodies involved in the subjects in order to be a consensus document (i.e other hypertension or cardiology societies).



Four Newsletters have been commissioned for 2020:

1. *Attended vs unattended blood pressure. Where are we?*  
Sverre Kjeldsen, Norway. The Newsletter is ready, the graphic draft has been sent for approval.
2. *Guidelines for diagnosis and management of primary aldosteronism.*  
Gianpaolo Rossi, Italy. Waiting to hear from the author.
3. *Atrial Fibrillation, Anticoagulation treatment and Hypertension.*  
Athanasios Manolis, Greece/Reinhold Kreutz, Germany. Final draft is ready.
4. *Fibromuscular dysplasia.*  
Alexandre Persu, Belgium. The Newsletter will be ready end March.

### **d. Update on new WG on Cardiovascular Pharmacotherapy and Drug Adherence**

#### **e. Reorganization of WGs focused on vascular phenotypes**

A. Persu briefly summarized the proposals discussed during the Council meeting in Berlin to merge and reorganize single WGs. A decision will be made after the WGs Business meeting in Glasgow. An open discussion followed confirming that, to avoid WGs stagnating, a change in the structure and updates in the topics is needed.

**f. Other proposals for new WGs: update. New proposed WG: Lifestyle interventions and environment factors in hypertension**

The proposal by J. Polonia for a WG on non-pharmacological approaches in hypertension and supported by the Council during the meeting in Berlin, was confirmed with a further change to the title “*WG on Lifestyle and Environment Factors in Hypertension.*” The foundation meeting will take place in Milan during the 2021 Annual Meeting (now in Glasgow 2021).

The creation of a WG on hypertension in elderly proposed by R. Kreutz to involve geriatricians and gerontologists was further discussed. The title “*WG on hypertension in older people*” was unanimously agreed upon by the Council.

The EuGMS European Geriatric Medicine Society annual meeting will take place in Athens in October and ESH will participate in a joint session with EuGMS. This is a good opportunity to start up a collaboration with them.

**g. Working group status: update**

Further discussion on the proposal put forward in Berlin regarding guidelines on the structure and regulations for WGs took place. It was agreed a document should be drawn up proposing the following terms and circulated to all WGs and should be discussed with WG Chairs during the joint Business meeting in Glasgow:

- Term of WG Chair: 2 years, after which the Chair may be replaced by the Secretary or Vice-Chair.
- Complete change of the leadership of each WG after 4 years.
- Online voting: all members vote for nucleus, nucleus vote for leadership.
- Same rules for all WGs.

**f. Involvement of young members and ESH young investigators forum**

J. Polonia emphasized again the need to involve young physicians in the WGs.

The 2019 Summer School participants were encouraged to join the WGs based on their interests. A means of motivation could be offering young physicians a role in the nucleus of the WGs.

**6. EXCELLENCE CENTRES**

T. Weber informed the Council two new Excellence Centres have been confirmed, one in Italy and one in Israel.

T. Weber pointed out there are many incomplete applications. The applicants have been contacted reminding them they must provide all the criteria requested. If there is no follow up by the applicants, the applications will be deleted.



## **7. INTERACTION WITH NATIONAL SOCIETIES**

### **a. Status report**

M. Dorobantu reported on the status with the National Societies. She collected the following proposals and suggestions from letters sent to all the National Societies and in open discussions during her participation at the Bulgarian Congress of Hypertension:

- Better communication and more involvement with ESH.
- Involvement of young physicians in future activity.
- Provide financial support for young physicians to attend Annual meeting.
- Organize joint ESH-NHS sessions at ESH and NS Annual Meetings.
- Invite NS leaders as speakers as chair at Annual Meeting.
- Organize European wide epidemiological survey based on the same protocol.
- Organize a sociological survey to identify socio-economic barriers for primary prevention of disease in European countries. M. Dorobantu coordinated the Romanian pilot project October-December 2019.

### **b. Hypertension Day 2020**

M. Dorobantu suggested ESH organize its own Hypertension Day protocol.

A new ESH motto for 2020 was decided on:

Know your blood pressure! Do it right!

## **8. ESH HYPERTENSION SUMMER SCHOOL**

### **a. 2020 Sremski Karlovci (Serbia) – 12-18 September**

D. Lovic gave a brief summary on the status of the organization of the Summer School.

At the date of the Council Meeting only candidates from the Greek Society of Hypertension had been received. An email will be sent out to the National Societies reminding them to send their candidates as soon as possible. A proposal to extend the deadline date to April 15 was made.

This year the Summer School will follow a new format with less speakers, only 35 have been invited. The program foresees more interaction between students and between students and faculty. M. Dorobantu proposed to introduce teaching sessions in echocardiography, doppler ultrasonography etc. During an open discussion the following proposals were made:

- Session where students can ask what they would like to know on hypertension.
- Short lecture on why they have a career in hypertension in 2020.
- Hands-on session
- 10-minute session on what is a WG
- Freshen up topics
- Sessions no longer than 15 minutes

### **b. 2021 Milan (Italy) date TBD (G. Parati).**

G. Parati informed the Council the Summer School will be held in a venue on Lake Maggiore.

**c. 2022 venue TBD (France) date TBD (M. Azizi)**

**e. 2023 venue TBD (Sweden) date TBD (T. Kahan)**

## 9. ESH ANNUAL MEETINGS

### a. 2020 ESH/ISH Meeting, Glasgow

M. Massaro provided an update on the 2020 Meeting. 18 sponsored sessions have been confirmed (compared to 12 in 2019).



**JOINT MEETING ESH-ISH 2020**

### SPONSORS' UPDATE

**CONFIRMED:**

- ✓ A&D
- ✓ Abbott
- ✓ AHA
- ✓ Alam Medical
- ✓ Astrazeneca
- ✓ Bayer
- ✓ Boryung
- ✓ BP Lab
- ✓ Egis
- ✓ IEM
- ✓ InBody
- ✓ Inferum Corporation
- ✓ Medtronic
- ✓ Menarini
- ✓ Merck KGaA
- ✓ Novacor
- ✓ Omron
- ✓ Oxford University Press
- ✓ Recor
- ✓ Servier
- ✓ SomnoMedics
- ✓ Spacelabs
- ✓ Vifor
- ✓ Wisepress

**PENDING:**

- ✓ Ferrer

**NON SPONSORING:**

- ✓ Atcor
- ✓ Novonordisk
- ✓ Recordati
- ✓ Takeda

---

**JOINT MEETING ESH-ISH 2020**

### SPONSORS' UPDATE

**18 CONFIRMED SPONSORED SESSIONS:** 12 @ESH2019

- ✓ Abbott - minisymposium
- ✓ Astrazeneca / IMC Group - minisymposium
- ✓ Bayer - educational grant
- ✓ Boryung - 2 minisymposia
- ✓ Egis - minisymposium
- ✓ Medtronic - 2 minisymposia
- ✓ Menarini - minisymposium
- ✓ Merck KGaA - satellite symposium
- ✓ Omron - 2 minisymposia
- ✓ Recor - 1 minisymposia
- ✓ Vifor - 2 minisymposia
- ✓ Servier - satellite symposium + 2 minisymposia

Merck and Medtronic have confirmed sponsorship of the Web TV for streaming in China and Russia.



**JOINT MEETING ESH-ISH 2020**

### WEB-TV

This year we are promoting for the second time the WEB-TV as new sponsorship opportunity.

This very innovative tool consists in a real-time web TV channel, which allows the ESH, ISH, BHS and the sponsor companies to share all around the world their high quality scientific contents, overcoming the time zone limits.

2 companies (Merck and Medtronic) confirmed the WEB-TV during the Joint Meeting ESH-ISH 2020.

**JOINT MEETING ESH-ISH 2020**

### EXHIBITION

@ESH2019

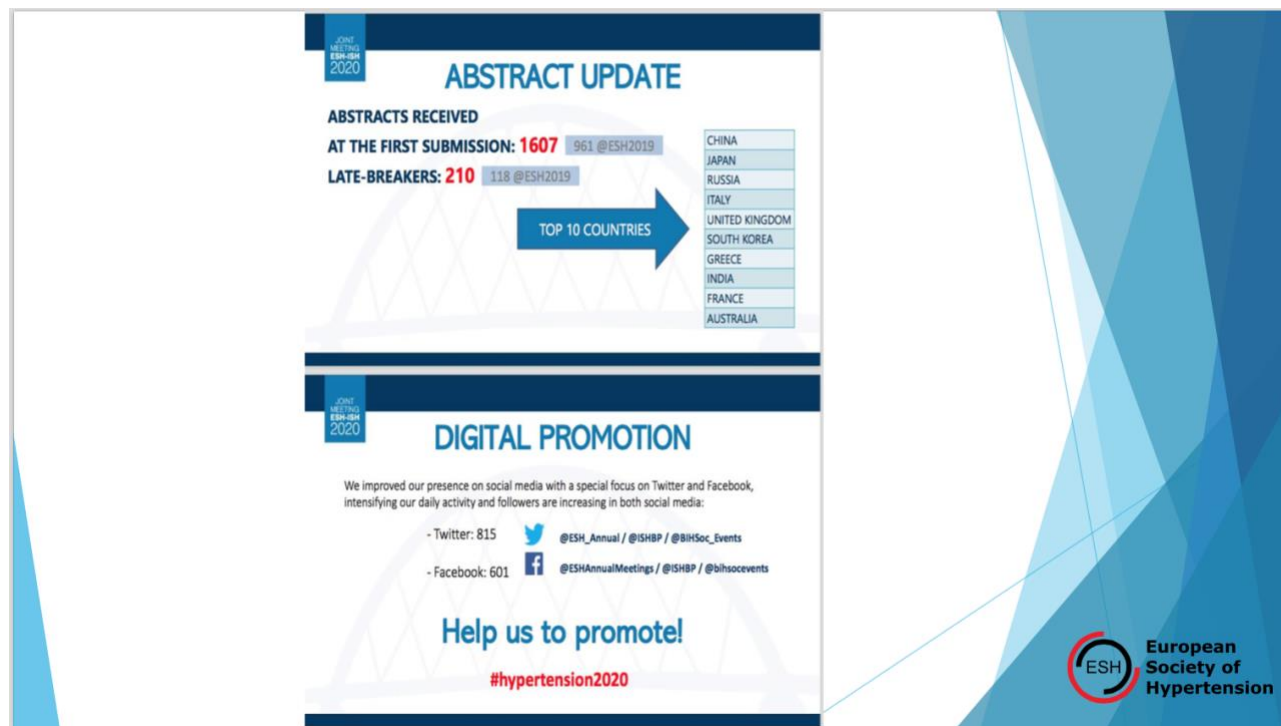
N. 26 EXHIBITORS

TOTAL SURFACE  
Approx 490 SQM

N. 27 EXHIBITORS

TOTAL SURFACE  
Approx 490 SQM

China is the top country for submission of abstracts followed by Japan, Russia and Italy. Over 1600 abstracts have been received and more than 200 Late-Breakers.



Promotional on social media has increased the number of followers on Facebook and Twitter.

Several healthy meeting initiatives in collaboration with SEC have been organized:

- Trees for life
- Step challenge
- Bikes and walking routes
- Fun run
- MMM – May Measurement Month: city wide awareness involving the public.



The program will be available online within March 15. K. Tsioufis monitored that the program must be available well in advance for future meetings.

M. Massaro reported there are weekly telephone calls to monitor the current situation. There have been no cancellations so far. A plan B is in place for online broadcasting of the meeting should it be cancelled due to COVID-19.

**b. 2021 ESH MEETING, MILAN** – Nothing to report

**c. 2022 ESH MEETING, ATHENS** – Nothing to report

**d. 2024 BID STATUS**

R. Kreutz reported a Call for Bids for the 2024 Annual Meeting was sent out on January 30<sup>th</sup> to all members. The deadline date for applications is April 30, 2020.



## e. General aspects of Annual Meeting

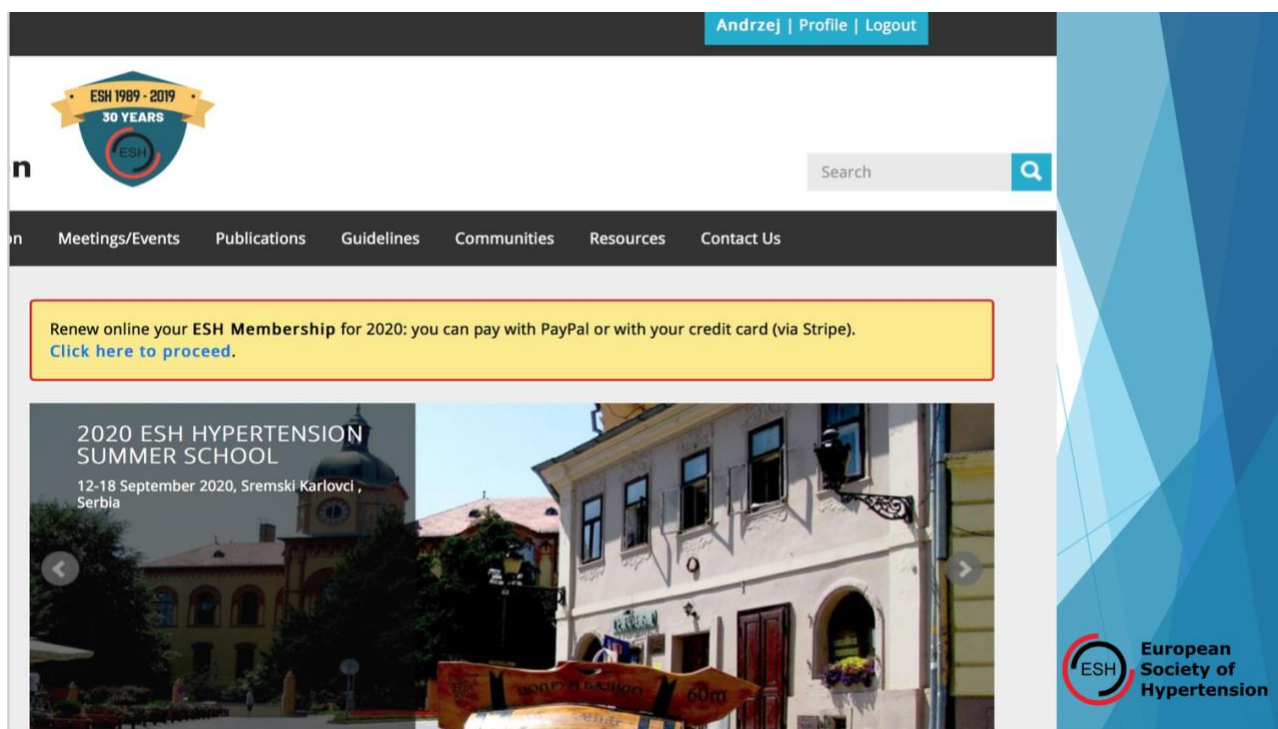
These items will be discussed during the next Council Meeting.

## 10. ESH MEMBERSHIP FEES

### a. Overview of online payment process

R. Kreutz provided the Council with a brief outline of the new online payment process. An email was sent out to all members advising them of the new system and inviting them to pay their membership fees.

Members are recognized automatically, prior to log on, as ESH only members or as ESH-ISH members with relative membership fees due. Payment can be made by PayPal or by Credit Card. Members receive automatic confirmation of payment.





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30 YEARS

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ESH-ISH 2020  
LATE-BREAKING ABSTRACT SUBMISSION  
IS NOW OPEN!  
CLOSES: FEBRUARY 28TH, 2020  
International Society of Hypertension  
BIHS

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SUBMIT YOUR  
ABSTRACT  
WITHIN  
NOVEMBER 29,  
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JOINT MEETING  
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2020  
Glasgow  
May 29 - June 1, 2020  
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Glasgow, United Kingdom  
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International Society of Hypertension BIHS

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Andrzej | Profile | Logout

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Membership

Renew online your ESH Membership for 2020: you can pay with PayPal or with your credit card (via Stripe).  
€185.00 - Payment

Join a network of over 1800 hypertension professionals dedicated to scientific research and knowledge and to improving hypertension prevention, treatment and control.  
Membership in the European Society of Hypertension is open to physicians who are scientifically active in hypertension research.  
CRITERIA FOR ESH MEMBERSHIP  
• The criteria required for ESH membership has been simplified. Letters of endorsement are no longer required.

ESH European Society of Hypertension

**European Society of Hypertension**

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**BLOOD PRESSURE CONTROL STUDY**  
in ESH Excellence Centres

**WORLD HYPERTENSION DAY**  
SUNDAY MAY 17<sup>TH</sup> 2020

**DIAGNOSTIC CHALLENGES IN PRIMARY ALDOSTERONISM**  
TAKE PART IN THE E-PHOTO STUDY

**ESH Care**  
FREE DOWNLOAD  
Hypertension APP for smartphones and tablets validated & supported by the European Society of Hypertension

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<b>Total:</b>		<b>€185.00</b>

Select Payment Method

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Personal Info

Email Address \*  
We will send the purchase receipt to this address.

First Name \*  
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Credit Card Info

This is a secure SSL encrypted payment.

Name on the Card \*  
The name printed on the front of your credit card.

Credit Card \*

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Payment Method:	Credit Card
Date:	March 3, 2020
Subtotal:	€185.00
Total Price:	€185.00

### PRODUCTS

Name	Price
ESH Membership 2020	€185.00
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**European Society of Hypertension**

#### a. Collection/management of joint ESH-ISH membership fees

Each Society will collect their own membership fees. In the case the member is an ESH-ISH member, the membership fee will be collected by the “mother” society, i.e. the list of ESH-ISH members has been split equally (ESH predominantly European members, ISH predominantly international members). The amounts due to each society will be transferred every 3 months.



B. Williams asked if it is possible to dissociate from the Journal. R. Kreutz informed that this is work in progress saying that 7.5% of ESH total income comes from the Journal.

### **11. ESH 2020 AWARD STATUS**

A. Januszewicz informed the Council the Awards Call for Nominations was posted on the ESH website at the end of January and an email was sent to all members. The deadline date for nominations is March 30<sup>th</sup>. This year there are 3 Awards:

- Björn Folkow Award and Lecture
- Alberto Zanchetti Life Achievement Award
- ESH Honorary Membership

No applications have been received so far.

### **12. ESH AND JOURNAL OF HYPERTENSION**

R. Kreutz reported the call for a new Editor has been sent out. The selection among the candidates will be possibly made in Glasgow.

### **13. ESH RESEARCH PROJECTS**

#### **a. BP Control Study**

B. Jelakovic very briefly summarized the status of the BP Control Study. There are over 2200 patients enrolled in the study. A full report on the study will be available for the Milan 2021 meeting. So far, a good collection of data has been acquired. Unfortunately, many Excellence Centres declined to participate in the study,

Due to lack of time, the remaining items will be discussed during the next Council meeting in Glasgow.

### **14. ESH ENDORSEMENTS (Publications, Meetings)**

#### **a. Meetings**

- Bulgarian Society of Hypertension Annual Meeting-ARTERIALE 2020-THE CIRCLE, Sofia, (Bulgaria), January 31-February 2, 2020
- Serbian Society of Hypertension Annual Meeting-7<sup>th</sup> National Congress of Hypertension, Belgrade, (Serbia), March 5-7, 2020
- Russian Society of Hypertension Annual Meeting-XVI All-Russian Meeting on Hypertension, Yaroslavl (Russia), March 11-12, 2020
- Hellenic Society of Hypertension Annual Meeting-20<sup>th</sup> National Congress on Arterial Hypertension, Athens (Greece), April 9-11, 2020
- Controversie in Cardiologia, Milan (Italy), February 14-15, 2020

- 7th International Conference on Prehypertension, Hypertension, Metabolic Disorders and Cardiovascular Disease-PreHT 2020, Vilnius (Lithuania), April 2-5, 2020

**c. EU Report**

P. Van de Borne gave a summary on ESH objectives for 2020 within the ECDA. ESH aims to have hypertension and prevention of CV disease being taken into consideration in the EU, to be included the chronic disease plan and to have them listed among the important benefits of the EU green deal.

ECDA has offered ESH the possibility to become an associate member. This is the first time such a membership has been offered and will be discussed at the next ECDA meeting and further with ESH. The membership fee would be €1000 per year with the following benefits:

- Receive all relevant information regarding the activities of the Alliance
- Participate in one meeting a year with full members, i.e. Steering Committee
- Participate in all public meetings organized by ECDA
- No voting rights

Following an open discussion, the Council members agreed unanimously on a one-year trial as an associate member.

**15. OTHER ISSUES**

No additional issues were brought up for discussion.

**16. DATES FOR FUTURE COUNCIL MEETINGS**

**a. Friday May 29<sup>th</sup>, 2020 – Glasgow.**

The meeting will start at 8:00 am to allow time to cover all important issues before the Annual Meeting program starts.

**b. Saturday November 7<sup>th</sup>, 2020 – Warsaw.**

A. Januszewicz provided a brief overview on the organization of the next Council meeting.

**c. Saturday January/February 2021**

**17. CLOSURE**

R. Kreutz thanked the ESH Council members for the very productive meeting. He expressed his concern for the present situation and wished those Members in Belgrade a safe trip home. He thanked M. Massaro and M. Calderai for organizing the last-minute web conference.

A handwritten signature in blue ink, reading "Reinhold Kreutz". The script is cursive and fluid.

Reinhold Kreutz  
ESH President

A handwritten signature in blue ink, reading "Andrzej Januszewicz". The script is cursive and fluid.

Andrzej Januszewicz  
ESH Secretary