30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

Thursday 30 April

10.00-12.00 REGISTRATIONS

12.00-13.00 ROUND TABLE Chairman: Kotsis V. (Thessaloniki, Greece) Early vascular ageing Antza C. (Thessaloniki, Greece)

SGLT2 inhibitors effect on blood pressure Filippatos T. (Heraklion Crete, Greece)

The braking heart and role of stress in cardiovascular disease, Andreopoulou Ourania

Commentator: **Kalyvinos A.** (Drama, Greece), **Lazaridis A.** (Thessaloniki, Greece)

13.00-14:00 CLINICAL TRIALS UPDATE

Chairman: Doumas M. (Thessaloniki, Greece)

Risk factors control beyond hypertension to reduce cardiovascular risk Lovic D. (Nis, Serbia)

Obesity, lipids and fatty liver disease: Novel insights Kypreos K. (Patra, Greece)

Commentators: **Markou S.** (Akrata, Greece), **Koletsos N.** (Thessaloniki, Greece), **Tsouvaltzidou T.** (Akrata, Greece)

14:00-17:00 LUNCH BREAK

17.00-17.30 LECTURES

Chairman: Liakopoulos V. (Thessaloniki, Greece)

Obesity and chronic kidney disease Jelaković B. (Zagreb, Croatia)

Hypotension, CVD and lessons from space research Jordan J. (Germany)

Commentators: Kakaletsis N. (Serres, Greece), Natsis M.

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

17:30-18:30 New investigators present on Diabetes

Chairman: Siani A. (Athens, Greece)

10 min for each speaker younger than 35 years

18.30-19.00 LECTURES Genetics in hypertension

Chairman: Kotsis V. (Thessaloniki, Greece)

Uromodulin pathway for the blood pressure regulation and hypertension Padmanabhan S. (UK)

19:00-20:00 sponsored Satellite Symposium Unipharma

20:00-21:00 sponsored Satellite Symposium

Friday May 1

10.00-11.00 ANTIHYPERTENSIVE TREATMENT
Chairmen: Kotsis V. (Thessaloniki, Greece)
Resistant hypertension Redon J. (Valencia, Spain)
ESH versus USA guidelines on hypertension in children and adolescents Lurbe E. (Valencia, Spain)

Cardiometabolic health outcomes among offspring of hypertensive pregnancies

Stabouli S. (Thessaloniki, Greece)

Anemia and stroke: Where do we stand? Kaiafa G. (Thessaloniki, Greece)

Commentators: Kotronis G. (Thessaloniki Greece), Katsi V. (Athens, Greece)

11:00-13.00 ROUND TABLE: TREATMENT OF DIABETES MELLITUS Chairman: **TBD**

Optimal treatment of diabetes mellitus in pregnancy Goulis D. (Thessaloniki, Greece) **DDP 4 or SGLT- 2? What is the evidence for CV protection? Papanas N.** (Alexandroupolis, Greece)

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

GLP1 in obesity and type2 diabetes patients, where we stand? Hatziagelaki E. (Athens, Greece)

What we learn from the last year clinical trials in T2D Nilsson P. (Malmo, Sweden)

Commentators: **Skoutas D.** (Thessaloniki, Greece), **Siani A.** (Athens, Greece), **Gourlis D.** (Athens, Greece), **Siomos K.** (Thessaloniki, Greece), **Mikoudi K.**

13.00-14:00 sponsored Satellite Symposium ASTRA-ZENECA

14.00-14.30 sponsored Satellite Symposium

14.00-17.00 LUNCH BREAK

17:00-18:00 ROUND TABLE: SMOKING, OBESITY, INFECTIONS Chairman: **Savopoulos C.** (Thessaloniki, Greece)

e-Smoking and CV disease. Is there a connection? Kontakiotis T. (Thessaloniki, Greece)

Sleep apnea and CV risk Pataka A. (Thessaloniki, Greece)

Infections of the respiratory system. How can they interfere with CVD? Vlachakis D. (Thessaloniki, Greece)

Commentators: **Zervos N**. (Grevena, Greece), **Apostolopoulou M**. (Thessaloniki, Greece)

18.00-19:00 sponsored Satellite Symposium Pfizer infections

19.00-20:00 ROUND TABLE: HOW TO TREAT? Chairmen: **Milionis H.** (Ioannina, Greece), **Zafeiriou D.** (Thessaloniki, Greece)

A 70 years old hypertensive patient after acute stroke Makaritsis K. (Larissa, Greece) A patient with vascular dementia Ntaios G. (Larissa, Greece)

Blood pressure and executive function in children and adolescents Chrysaidou K. (Thessaloniki, Greece)

Commentators: **Anyfanti P.** (Thessaloniki, Greece), **Vasilakou D.** (Thessaloniki, Greece)

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

20.00-20.20 2019 GUIDELINES FOR THE MANAGEMENT OF HYPERTENSION Chairman: **Zebekakis P.** (Thessaloniki, Greece), **Manolis A.** (Athens, Greece)

Guidelines for the management of hypertension Mancia G. (Milan, Italy)

20:30-21:00 sponsored Satellite lecture SERVIER

21:00-21:30 sponsored Satellite lecture ELPEN

Saturday May 2

10.00-11.00 ROUND TABLE: HOW TO TREAT OBESITY COMORBIDITIES Chairmen: Dalekos G. (Larissa, Greece)

A patient with obesity, diabetes and fatty liver Micic D. (Belgade, Serbia) A patient with obesity, diabetes and dyslipidemia Tziomalos K. (Thessaloniki, Greece) A patient with obesity, diabetes and increased arterial stiffness Weber T. (Gratz, Austria)

Commentators: **Poikilidou M.** (Thessaloniki, Greece), **Markoglou N.** (Thessaloniki, Greece), **Andreadis E.** (Athens, Greece), **Bellou A.** (Volos, Greece)

11.00-12.00 ROUND TABLE: HOW TO TREAT ATRIAL FIBRILLATION Chairman: Karvounis C. (Thessaloniki, Greece) Inflammation and thrombosis Skendros P. (Alexandroupolis, Greece)

How to treat a patient with atrial fibrillation, CAD and stroke Dimitriadis K. (Athens, Greece)

Beat-to-beat P-wave morphology as a predictor of paroxysmal atrial fibrillation Chouvarda I. (Thessaloniki, Greece)

e-medicine. Where we stand? Triantafylou A. (Thessaloniki, Greece)

Commentators: Chatzis D. (Athens, Greece), Gialafos I. (Athens, Greece), Albanis G.

12.00-13.00 ROUND TABLE: HOW TO TREAT HYPERTENSION

Chairman: Hatzitolios A. (Thessaloniki, Greece)

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

Renal denervation. Where new studies are driving to? Tsioufis K. (Athens, Greece) Renal denervation. Experience from everyday praxis with cases Ziakas A. (Thessaloniki, Greece) Lessons from metanalysis of RCTs on Hypertension Thomopoulos C. (Athens, Greece) Commentators: Marketou M. (Crete, Greece), Triantafilidi H. (Greece)

13.00-14:00 sponsored Satellite Symposium Boehringer

14:00-14:30 sponsored Satellite Symposium

14.30-17.00 LUNCH BREAK

17.00-18.00 ROUND TABLE: HOW TO TREAT?

Chairman: Athyros V. (Thessaloniki, Greece)

A 80 years old patient with Type 2 diabetes and CKD Trakatelli C. (Thessaloniki, Greece)

A patient with secondary hypertension Gkaliagkousi E. (Thessaloniki, Greece)

A patient with stage 2 hypertension and sexual dysfunction Doumas M. (Thessaloniki, Greece)

A patient with atrial fibrillation and CKD Kreutz R. (Germany)

Commentators: **Panagos C.** (Volos, Greece), **Geladari C.** (Athens, Greece), **Karatzidou K.** (Thessaloniki, Greece), **Sarigianni M.** (Thessaloniki, Greece)

18.00-19.00 ROUND TABLE HYPERTENSIVE AND DIABETIC NEPHROPATHY

Chairman: Boletis I. (Athens, Greece), Passadakis (Alexandroupolis, Greece)

Obesity and kidney disease Vlachakos D. (Athens, Greece)

Current knowledge on treatment of Diabetic Kidney Disease Sarafidis P. (Thessaloniki, Greece)

The FGF23-Klotho machinery axis in CKD: cardiovascular consequences in children Haffner D. (Hannover, Germany)

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

Commentators: Miari F. (Kavala, Greece), Kousoula V. (Thessaloniki, Greece)

19.00-20.00 ROUND TABLE HYPERTENSION

Chairmen: **Stabouli S**, (Thessaloniki, Greece), **Papagianni A.** (Thessaloniki, Greece)

Isolated nocturnal and daytime hypertension in Children Wuhl Elke (Heidelberg, Germany)

The role of ABPM in the diagniosis of hypertension Brguljan J. (Slovenia)

Renovascular hypertension Persu Alexandre, (Brussels, Belgium)

Commentators: **Marinaki S.** (Athens, Greece), **Siomou K.** (Ioannina, Greece), **Tramma D.** (Thessaloniki, Greece)

20.00-20.30 MEDICINE IN REAL LIFE (Greek session)

Education of patients in the prevention of the cardiovascular disease: Discussion for the role of press Kotsis V. (Thessaloniki, Greece), **Karagiannis A.** (Thessaloniki, Greece), **Anastasiadis K.** (Thessaloniki, Greece), (Thessaloniki, Greece), **Papaioannou N.**

Discussion PANEL of journalists to be defined

20:30 CLOSING CEREMONY

FACULTY

- **Prof. Karvounis Charalambos,** Professor of Cardiology, First Cardiology Department, AHEPA Hospital, Aristotle University, Thessaloniki (Greece)
- **Prof. Dimitrios G. Goulis,** MD, PhD, Associate Professor in Reproductive Endocrinology, Medical School, Aristotle University of Thessaloniki, Unit of Reproductive Endocrinology, First Department of Obstetrics & Gynecology, Papageorgiou General Hospital, (Thessaloniki, Greece)

- **Dr. Antza Christina**, *MSc*(*Res*), *PhD*, *Resident at 3rd Department of Internal Medicine, Papageorgiou Hospital, Aristotle University of Thessaloniki, (Greece)*
- **Prof. Makaritsis Konstantinos P.,** *MD, PhD, Associate Professor of Internal Medicine, University of Thessaly Medical School Department of Medicine, University Hospital of Larissa, (Larissa, Greece)*
- **Prof. Stabouli Stella**, Associate Professor Pediatric Nephrology, 1st Department of Pediatrics, Aristiotle University (Thessaloniki, Greece)
- **Prof. Milionis Haralampos,** *MD*, *PhD*, *Professor of Internal Medicine, Head of the 1st Division of Internal Medicine, Department of Internal Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina (Greece)*
- **Prof. Dalekos George,** *MD, PhD, Professor of Medicine, Vice President, Institute of Internal Medicine and Hepatology, Head Department of Medicine and Research Laboratory of Internal Medicine, University Hospital of Larissa, Larissa, (Greece)*
- **Prof. Zebekakis Pantelis**, Professor of Internal Medicine, Chairman of First Department of Internal Medicine, AHEPA University Hospital of Thessaloniki, (Greece)
- **Prof. Pataka Athanasia,** Assistant Professor of Respiratory Medicine, Aristotle University of Thessaloniki, Respiratory Failure Unit, G. Papanikolaou Hospital, Thessaloniki, (Greece)
- **Prof. Zafeiriou Dimitrios,** *MD, PhD, Professor in Child Neurology and Developmental Paediatrics Chair, 1st Department of Pediatrics "Hippokratio" General Hospital, Aristotle University, Thessaloniki, (Greece)*
- **Prof. Hatziagelaki Erifili,** Associate Professor of Internal Medicine & Metabolic Diseases, 2nd Dept. of Internal Medicine, Research Institute & Diabetes Center, University Hospital "Attikon", Medical School, National and Kapodistrian University of Athens, (Greece)
- **Prof. Papazoglou Dimitrios,** *Professor of Internal Medicine, Medical School, Democritus University of Thrace, Director of Second Department of Internal Medicine, University Hospital of Alexandroupolis, (Greece)*
- **Prof. Trakatelli Christina**, MD, PhD, Assistant Professor of Internal Medicine, 3rd Department of Internal Medicine, Aristotle University, Thessaloniki, (Greece)

- **Prof. Hatzitolios Apostolos I.,** *MD, PhD, FESH, Professor of Internal Medicine, Head of First Propedeutic Department of Internal Medicine, AHEPA Hospital, Medical School, Aristotle University of Thessaloniki, Vicepresident of Internal Medicine Society of Greece, Vice-president of Hellenic Professional Union of Internists, (Thessaloniki, Greece)*
- **Prof. Savopoulos Christos G.,** Professor of Internal Medicine, 1st Medical Propedeutic Department of Internal Medicine, Stroke Unit, Aristotles University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)
- **Prof. Manolis Athanasios,** *Director, Department of Cardiology, "Asklepeion" General Hospital, Athens, (Greece)*
- **Prof. Gkaliagkousi Eugenia,** *PhD King's College of London, Assistant Professor in Internal Medicine, Aristotle University of Thessaloniki, (Greece)*
- **Prof. Filippatos Theodosios,** *MD*, *MSc*, *PhD*, *Assistant Professor of Internal Medicine, Department of Internal Medicine, University Hospital of Heraklion, (Greece)*
- **Prof. Dr. Kreutz Reinhold,** *Institute of Clinical Pharmacology and Toxicology, Charité - University Medicine Berlin, President of European Society of Hypertension, (Berlin, Germany)*
- **Prof. Kaiafa Georgia,** Assistant Professor of Hematology, 1st Medical Propedeutic Dept. of Internal Medicine, Aristotle University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)
- **Prof. Kypreos Kyriakos,** *Professor of Pharmacology, Chairman of Pharmacology Laboratory, University of Patras, School of Health Sciences, Department of Medicine, Pharmacology Laboratory Panepistimioupolis, (Patra, Greece)*
- Academician Professor Micic Dragan, Secretary, Department of Medical Sciences, Serbian Academy of Science and Arts, (Belgrade, Serbia)
- Prof. Peter M. Nilsson, Lund University, (Malmo, Sweden)
- **Prof. Lurbe Empar,** EMD PhD FAHA, Head of Pediatrics, University General Hospital Consortium of Valencia, University of Valencia, CIBERObn, Carlos III Health Institute, Vice President of European Society of Hypertension, (Valencia, Spain)
- **Prof. Redon Jose,** University Clinic Hospital of Valencia, University of Valencia, CIBERObn, Carlos III Health Institute (Valencia, Spain)
- **Prof. Jelakovic Bojan**, Department of Nephrology, Hypertension, Dialysis and Transplantation, School of Medicine University of Zagreb, Officer-at-

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

large, European Society of Hypertension Excellence Centres Programme, (Zagreb, Croatia)

- **Prof. Lovic Dragan,** FESC, FACP, Clinic for Internal disease Intermedica, Cardiology department, Hypertensive Centre (Nis, Serbia)
- **Prof. Parati Gianfranco,** MD, FESC, Professor of Cardiovascular Medicine, Department of Medicine and Surgery, University of Milano-Bicocca, Scientific Director and Head of Department of Cardiovascular Neural and Metabolic Sciences, San Luca Hospital, Istituto Auxologico Italiano, IRCCS, (Milan, Italy)
- **Prof. Tsioufis Konstantinos,** *MD, FESC, FACC, Professor of Cardiology, National and Kapodistrian University of Athens, Greece, ex-President of Hellenic society of Cardiology, ex-President of European Society of Hypertension*
- **Dr. Tentzeris Ioannis**, Orthopaidic surgeon, (Larissa, Greece) (Tripolis, Arcadia Greece)
- Dr. Kakaletsis Nikolaos, Internist MD, MSc, Phd Candidate Medical School, Aristotle University of Thessaloniki, AHEPA University Hospital of Thessaloniki, (Greece)
- Dr. Dislian Valentina, General Doctor, (Xanthi, Greece)
- Dr. Delivoria Chrysanthi, Pathologist, (Thessaloniki, Greece)
- **Dr. Kotronis Georgios,** Internist, Scientific Associate, Diabetes Center, 2nd Propaedeutic Department of Internal Medicine, Hippokration Hospital, (Thessaloniki Greece)
- **Dr. Skoutas Dimitrios,** MD,PhD Internal Medicine Physician -Specialist in Diabetes Mellitus, Scientific Director < Sarafianos> Private Hospital, Head of Pathological Sector of Rehabilitation Center <Anagennisi> (Thessaloniki,
- **Dr. Siani Alexandra,** MD, M.Sc., Director of Department of Internal Medicine and Diabetic Clinic, General Hospital of Athens "Elpis", (Athens, Greece)
- **Dr. Zervos Nikolaos,** Internal Medicine Clinic, General Hospital of Grevena. (Grevena, Greece)
- Prof. Apostolopoulou Martha, Pathologist, (Thessaloniki, Greece)
- **Prof. Ntaios Georgios,** Assistant Professor of Internal Medicine, Department of Internal Medicine, University of Thessaly. Secretary General, Hellenic Stroke Organization. (Greece)
- Dr. Zerakis Nikolaos, General Doctor, (Thessaloniki, Greece)
- **Prof. Giannakoulas Georgios,** Assistant Professor of Cardiology AUTH, 1st University Cardiology Clinic, AHEPA Hospital, (Thessaloniki, Greece)
- Dr. Koskinas Konastantinos, Cardiologist, (Thessaloniki, Greece)
- Dr. Mpoufidou Amalia, Cardiologist, (Thessaloniki, Greece)
- Dr. Sfikas Georgios, Pathologist, (Thessaloniki, Greece)
- Prof. Doumas Michael, Associate Professor, Internal Medicine

- Aristotle University, (Thessaloniki, Greece)
- **Dr. Panagos Christos,** MD Member of ESH, Internal Medicine, (Volos, Greece)
- Dr. Lisitska Katerina, Nephrologist, (Thessaloniki, Greece)
- Dr. Kalaitzidis Rigas, Nephrologist, (Ioannina, Greece)
- **Prof. Kontakiotis Theodoros,** Professor of Pulmonology, Aristotle University of Thessaloniki, Head of the Pulmonary-Tuberculosis Department "G. Papanikolaou" General Hospital, (Thessaloniki, Greece)
- **Prof. Karagiannis Asterios**, Professor of Internal Medicine, Head of the 2nd Propedeutic Department of Internal Medicine, President of the Medical School, Aristotle University of Thessaloniki, (Greece)
- **Prof. Vlachakos Dimitrios,** Ph.D., Professor of Medicine and Nephrology, National Kapodistrian Athens University Medical School Director, Renal Unit, ATTIKON University Hospital, (Athens, Greece)
- **Prof. Papanas Nikos,** Professor Internal Medicine-Diabetes, Alexandroupolis, Greece
- **Kyriakos Dimitriadis,** Consultant Cardiologist ,Cardiology Department Hippokration Hospital (Athens, Greece)
- Dr. Vassilikos Vasileios, Cardiologist (Thessaloniki, Greece)
- Dr. Poikilidou Maria, Internal Medicine (Thessaloniki, Greece)
- **Dr. Miari Foteini**, Consultant Nephrologist at Nephrology Department and Dialysis Unit, Kavala Hospital, (Greece)
- Prof. Athyros Vasilios, MD, Emeritus Professor in Internal Medicine
- **Dr. Gourlis Dimitris,** MD, EHS, Internal Medicine specialist, Clinical Hypertension Specialist, (Athens, Greece)
- **Prof. Boletis Ioannis,** Professor of Internal Medicine and Nephrology (Athens, Greece)
- **Prof. Passadakis,** Dean of Faculty of Health Sciences, Democritus University of Thrace,Professor of Nephrology, Division of Nephrology, University Hospital of Alexandroupolis, (Greece)
- **Prof. Papagianni Aikaterini,** Professor of Nephrology, Director, Department of Nephrology, Aristotle University of Thessaloniki General Hospital "Hippokratio", (Thessaloniki, Greece)
- Andreadis Emmanuel, MD, PhD, Internist Hypertension Specialist, Director of Internal Medicine Department, Head of the Hypertension and Cardiovascular Disease Prevention Center, ESH Center of Excellence, Athens Medical Group (Greece)
- **Prof. Chouvarda Ioanna**, Assistant Professor in Medical Informatics Lab of Computing, Medical Informatics and Biomedical Imaging Technologies, Aristotle University of Thessaloniki, (Greece)
- **Dimitrios Chatzis,** MD, PhD, Cardiologist, Clinical Hypertension Specialist, European University Cyprus, (Athens, Greece)

- Marketou Maria, MD, PhD, FESC, ESH, Consultant, Hypertension and Cardiovascular Prevention Clinic, Cardiology Dpt., Heraklion University Hospital (Crete, Greece)
- **Prof. Persu Alexandre**, MD-PhD, FESC, Cardiology Department, University Clinics of Saint-Luc University, Catholic University of Leuven, (Brussels, Belgium)
- **Dr. Geladari Charalampia**, MD, PhDc, Internist, Postdoctoral Fellow at the Hypertension and Cardiovascular Disease Prevention Center, Athens Medical Group, Psychiko Clinic (Athens, Greece)
- **Dr. Kallistratos Manolis,** MD, PhD, Fesc, EHS, Head of anti-hypertensive clinic, Head of heart failure and hypertension cardiac rehabilitation, (Thessaloniki, Greece)
- **Tramma Despoina,** Associate Professor of Pediatrics/Pediatric Nephrology, 4th Department of Pediatrics, School of Medicine, Faculty of Health Sciences, Aristotle University of Thessaloniki, Papageorgiou General Hospital, (Thessaloniki, Greece)
- Sarigianni Maria, MD, PhD, Consultant in Internal Medicine, 3rd Medical Department of Aristotle University of Thessaloniki, (Greece)
- Kalyvinos Avgoustinos, GM/FD Director of Paranesti Health Center, (Drama, Greece)
- Lazaridis Antonios, Internal Medicine Consultant, 3rd Department of Internal Medicine, Aristotle University of Thessaloniki, Papageorgiou Hospital, (Thessaloniki, Greece)
- **Karatzidou Kyparissi,** MD, Director, Internist-Diabetologist, 1st Department of Internal Medicine- Center of Diabetes snd Metabolism, General Hospital of Thessaloniki "Papageorgiou", (Thessaloniki, Greece)
- Kousoula Varvara, MD, Nephrologist, Dialysis Unit Therapeutiki (Thessaloniki, Greece)
- **Siomos Kyros,** MD, PhD, Internal medicine specialist, Diabetologist, Director TYPET, (Thessaloniki, Greece)
- Vasilakou Despoina, MD, MSc, Clinical nutrition specialist, Resident at 3rd Department of Internal Medicine, Papageorgiou Hospital, Aristotle University
- of Thessaloniki, (Greece)
- **Tsouvaltzidou Thomaella,** MD, PhD, General Physician of Health Care Center of Akrata, (Greece)
- Markou Spyros, MD, PhD, (Akrata, Greece)
- Liakopoulos Vassilios, MD, PhD, Associate Professor of Nephrology, Division of Nephrology and Hypertension, 1st Department of Internal Medicine, Medical School, Aristotle University of Thessaloniki (Greece)
- **Prof. Haffner Dieter,** M.D, Professor and Chairman at the Department of Pediatric Kidney, Liver and Metabolic Diseases, Children's Hospital, Hannover Medical School, (Hannover, Germany)

30/04 -03/05 2020, Blue Lagoon Princess, Chalkidiki, Hotel, Greece

- Almpanis Georgios, MD, PhD, Interventional Cardiologist, Director of Cardiology Department, General Hospital of Agrinio, (Greece)
- Koletsos Nikolaos, M.D., MSc, Resident at the 3rd Department of Internal Medicine, Papageorgiou General Hospital, Aristotle University of Thessaloniki, (Greece)
- **Bellou Aristea**, MD, PhD, Hepatologist-Internal Medicine Specialist (Volos, Greece)
- **Marinaki Smaragdi**, Assistant Professor of Nephrology, Clinic of Nephrology and Renal Transplantation, NKUA, Medical School, Laiko General Hospital of Athens, (Greece)
- Gialafos Elias, MD, PhD, Cardiologist, (Athens, Greece)
- Anyfanti Panagiota, MD, MSc, PhD, Research Fellow 3rd Department of Internal Medicine, Papageorgiou Hospital, Aristotle University of Thessaloniki, (Greece)
- Chrysaidou Katerina,
- **Doundoulakis Ioannis**, MD, MSc (Res), PhD (c), Resident doctor in cardiology at 424 general military hospital of Thessaloniki, (Greece)
- **Stavropoulos Konstantinos,** MD, Internal Medicine, Aristotle University of Thessaloniki, Greece

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