

Minutes of the Meeting of the ESH Scientific Council Milan, March 2, 2019

Present

K. Tsioufis, President
E. Lurbe, Vice President
R. Kreutz, Secretary
E. Agabiti Rosei, Immediate Past President
B. Jelakovic, Officer at Large

ESH Council members

M. Azizi
A. Januszewicz
T. Kahan
J. Polonia
P. Van de Borne

Executive officers

G. Mancia
G. Parati
D. Clement
A. Coca
A. Manolis

Ex-officio members

D. Lovic

Further participants

M. Burnier
M. Massaro – AIM
R. Lynch

Apologies

C. Borghi, B. Williams

1. PRESIDENT'S WELCOME

The meeting was opened by the ESH President K. Tsioufis who welcomed the Council members and thanked the ESH Programme Committee for the excellent contribution and efforts in preparing the programme for the forthcoming 2019 Annual Meeting in Milan.

He conveyed the apologies of C. Borghi and B. Williams. The President reiterated the importance of the participation of all Council members in the Council meetings.

Due to the limited time, he suggested covering only the most important issues in this meeting.

2. MINUTES OF THE BOLOGNA SCIENTIFIC COUNCIL MEETING, NOVEMBER 3, 2019

The minutes were accepted unanimously by the Council and are available on the ESH website in the Council Area where they can be consulted by the Council members

3. TREASURER'S REPORT

M. Burnier, ESH Treasurer ad interim until the confirmation of the nomination of J. Polonia i during the General Assembly in June, presented the unaudited financial reports for both the ESH and ESH Foundations at 31.12.2018. ESH has total assets for CHF 1,791,674 (€1.500.000). The main sources of income are from the Journal royalties, the meeting in Barcelona and Membership fees. ESH transferred 360,450 CHF to FESH.

European Society of Hypertension, 6300 Zug

Income and Expenditures as per 31.12.2018 (provisional, not audited)

	31.12.2018 (CHF)	31.12.2017 (CHF)
Net assets at beginning of period	2'039'409	1'548'932
INCOME		
Meeting income		
Meeting Barcelona	1'114'239 79.0%	0 0.0%
Meeting Milan	0 0.0%	1'266'488 73.9%
General Meeting income	81'764 5.8%	197'338 11.5%
Total Meeting income	1'196'003 84.8%	1'463'826 85.5%
Subscriptions		
Subscriptions	237 0.0%	382 0.0%
Subscriptions/donations Organisations	97'024 6.9%	0 0.0%
Total Subscriptions	97'261 6.9%	382 0.0%
Other income		
Dividend/Interest securities	255 0.0%	248 0.0%
Gain/Loss on securities	0 0.0%	41'357 2.4%
Exchange difference	0 0.0%	86'949 5.1%
Royalties received	117'086 8.3%	117'951 6.9%
Extraordinary income	0 0.0%	2'277 0.1%
Total Other income	117'342 8.3%	248'782 14.5%
Total INCOME	1'410'605 100.0%	1'712'990 100.0%
EXPENDITURE		
Allowance to the FESH	360'450 25.6%	0 0.0%
Expenses		
Bank charges/Safekeeping fees	7'730 0.5%	3'543 0.2%
Gain/Loss on Securities	22'452 1.6%	0 0.0%
Administration costs	12'703 0.9%	8'062 0.5%
Legal and Professional fees	18'954 1.3%	22'235 1.3%
Website expenses	63'145 4.5%	49'914 2.9%
Other expenses	5'328 0.4%	8'006 0.5%
Various Meeting costs	79'586 5.6%	69'923 4.1%
Joint ESC/ESH Guidelines	34'233 2.4%	0 0.0%
Tax payments	8'000 0.6%	8'000 0.5%
General expenses	252'131 17.9%	169'683 9.9%
Donations (ESH app)	110'408 7.8%	0 0.0%
Meeting Barcelona	911'356 64.6%	0 0.0%
Meeting Milan	0 0.0%	1'041'502 60.8%
Awards granted	0 0.0%	11'328 0.7%
Exchange difference	23'996 1.7%	0 0.0%
Total Expenses	1'297'890 92.0%	1'222'513 71.4%
Total EXPENDITURE	1'658'340 117.6%	1'222'513 71.4%
Profit / Loss	-247'735 -17.6%	490'477 28.6%
Net assets at end of period	1'791'674	2'039'409

Minutes of the Meeting of the ESH Scientific Council

Foundation of the ESH, 6300 Zug

Balance Sheet as at 31.12.2018 (provisional, not audited)

	31.12.2018 (CHF)		31.12.2017 (CHF)	
ASSETS				
Liquid assets				
UBS AG, Zürich CHF	4'407.02	0.9%	130'899.01	45.1%
UBS AG, Zürich USD	8'747.75	1.8%	7'812.60	2.7%
UBS AG, Zürich EUR	428'313.30	86.7%	101'834.60	35.1%
Due from banks	441'468.07	89.3%	240'546.21	82.9%
Debtors	12'959.35	2.6%	0.00	0.0%
Accounts receivables	12'959.35	2.6%	9'248.00	3.2%
Securities	58'334.00	11.8%	58'334.00	20.1%
Val. Adjustment securities	-18'590.49	-3.8%	-17'842.60	-6.1%
Securities	39'743.51	8.0%	40'491.40	13.9%
Total Liquid assets	494'170.93	100.0%	290'285.61	100.0%
Total ASSETS	494'170.93	100.0%	290'285.61	100.0%
LIABILITIES & EQUITY				
Accounts payables				
Creditor	10'396.63	2.1%	6'000.20	2.1%
Accounts payables	10'396.63	2.1%	6'000.20	2.1%
Accrued expenses	6'860.85	1.4%	16'000.00	5.5%
Accounts payables	6'860.85	1.4%	16'000.00	5.5%
Total Accounts payables	17'257.48	3.5%	22'000.20	7.6%
Equity				
Foundation capital	700'000.00	141.7%	700'000.00	241.1%
Society capital	700'000.00	141.7%	700'000.00	241.1%
Profit/Loss carried forward	-431'714.59	-87.4%	-355'977.83	-122.6%
Reserves	-431'714.59	-87.4%	-355'977.83	-122.6%
Total Equity	268'285.41	54.3%	344'022.17	118.5%
Profit/Loss	208'628.04	42.2%	-75'736.76	-26.1%
Total LIABILITIES & EQUITY	494'170.93	100.0%	290'285.61	100.0%

Foundation of the ESH, 6300 Zug

Income and Expenditure as per 31.12.2018 (provisional, not audited)

	31.12.2018 (CHF)		31.12.2017 (CHF)	
Net assets at beginning of period	268'285		344'022	
INCOME				
Allowance to the FESH	360'450	90.2%	0	0.0%
Other income				
Contribution to Summer School	11'239	2.8%	0	0.0%
Contribution to Educational Meeting	11'411	2.9%	5'851	23.0%
Subscriptions of organisations	15'644	3.9%	6'490	25.5%
Dividend/Interest Securities	929	0.2%	902	3.5%
General Meeting income	0	0.0%	2'324	9.1%
Exchange difference	0	0.0%	9'924	38.9%
Total Other income	399'673	100.0%	25'490	100.0%
Total INCOME	399'673	100.0%	25'490	100.0%
EXPENDITURE				
General expenses				
Bank charges/Safekeeping fees	1'108	0.3%	435	1.7%
Loss on Securities	748	0.2%	1'525	6.0%
Exchange difference	27'255	6.8%	0	0.0%
Administration costs	8'719	2.2%	21'024	82.5%
Legal- and Professional fees	3'731	0.9%	3'888	15.3%
Total General expenses	41'561	10.4%	26'871	105.4%
Meeting expenses				
Summerschool, Administration	8'062	2.0%	261	1.0%
Summerschool, Travel	9'562	2.4%	14'190	55.7%
Summerschool, Accommodation	95'379	23.9%	48'053	188.5%
Summerschool, Faculty Members	23'615	5.9%	0	0.0%
Summer School expenses	136'617	34.2%	62'504	245.2%
Educ. Meeting, Accommodation	10'397	2.6%	11'851	46.5%
General Meeting costs	2'470	0.6%	0	0.0%
Total Meeting expenses	149'484	37.4%	74'355	291.7%
Total EXPENDITURE	191'045	47.8%	101'227	397.1%
Profit / Loss	208'628	52.2%	-75'737	-297.1%
Net assets at end of period	476'913		268'285	

4. ESH AND ESH FOUNDATION FINANCES

a. Report on Meeting with Ornitag

M. Burnier gave a brief summary of the Finances Meeting held on March 1, 2019 with the representative, R. Schildknecht. of ORNITAG. It was a first face to face meeting as neither ESH nor the ORNITAG representatives had ever meet personally. R. Schildknecht gave a short introduction of himself and on the legal support, and all the administrative and financial management aspects carried out by ORNITAG for both ESH and FESH.

b. Future Perspectives

Currently, most of ESH/FESH assets are liquid. Currently, cash assets are the lowest-risk investments available, therefore the decision to sell 95% of the assets. Only a small amount of security's were retained. Due to the favorable exchange, liquid assets were changed from CHF to Euro.

FESH legal offices are in Switzerland, and as a foundation is exempt from taxes. To pay less taxes ESH should transfer a greater amount of funds to FESH and all payments should be made through FESH. K. Tsioufis suggested transferring 500,000 CHF. The Council unanimously accepted the transfer.

Registered members of the FESH:

G. Mancía – President, M. Burnier – Treasurer, A. Dominiczak, R. Cifková, J. Redon, Beat Steiman – Lawyer (Ornitag)

5. FUTURE MEETINGS

a. 2019 ESH Meeting, Milan – Overview

G. Mancía and M. Massaro summarized the progress of the 2019 Annual Meeting in Milan. A total of 16 Exhibitors have been confirmed. To save money, this year the meeting space (exhibition, posters area) will be concentrated on one floor.

A total of 961 abstracts have been received, and an estimated 100 late-breaker abstracts are expected. The major number of abstracts have been submitted by Russia, Italy and Greece.

ABSTRACT				ABSTRACT received per COUNTRY					
TOTAL ABSTRACT RECEIVED → 961 (in 2018 Before late Brokers Submission → 1021)				Country	received	Country	received	Country	received
Topic	Received	Topic	Received	RUSSIA	130	THE NETHERLANDS	10	INDONESIA	3
Ageing	19	High Altitude	3	ITALY	99	ISRAEL	9	HONG KONG	3
Atrial Fibrillation and Heart Failure	34	Inflammation and immunity	15	GREECE	92	SWITZERLAND	8	DENMARK	3
Blood Pressure Measurement	83	Innovative techniques and devices	26	ROMANIA	41	SLOVAK REPUBLIC	8	BELARUS	3
Blood Pressure Variability	46	Kidney	59	SPAIN	37	HUNGARY	8	ARMENIA	3
Cardiovascular Risk Factors	97	Large Arteries	41	CHINA	37	BELGIUM	8	SINGAPORE	2
Cerebrovascular Diseases, Stroke, and Cognitive Dysfunction	30	Lifestyle Changes/Lipids/Salt	31	UKRAINE	35	ARGENTINA	8	OMAN	2
Children and Adolescents	21	Microcirculation/Small Vessels	15	SOUTH KOREA	35	ALGERIA	7	MALAYSIA	2
Coronary Heart Disease	37	Obesity and Metabolic Syndrome	35	JAPAN	33	TAIWAN	6	LITHUANIA	2
Diabetes	33	Pregnancy	13	CROATIA	28	CANADA	6	KENYA	2
Endocrine Hypertension	25	Renin-Angiotensin-Aldosterone System	15	UNITED KINGDOM	26	MOROCCO	5	FINLAND	2
Endothelium and Atherosclerosis	22	Resistant Hypertension	35	BRAZIL	26	KAZAKHSTAN	5	EGYPT	2
Epidemiology of Hypertension and Metabolic Disorders	52	Sleep Apnea and Neural Mechanisms	15	FRANCE	24	CAMEROON	5	VENEZUELA	1
Experimental Hypertension and Pharmacology	21	Sport and Exercise	11	POLAND	22	BULGARIA	5	TURKEY	1
Genetics, Genomics, Proteomics, Metabolomics	19	Therapeutics and Clinical Trials	27	INDIA	22	AUSTRIA	5	MAKEDONIA	1
Heart and Haemodynamics	56	Treatment Adherence	25	GERMANY	22	UZBEKISTAN	4	IRAN	1
				USA	19	SOUTH AFRICA	4	Congo, Republic of the	1
				PORTUGAL	18	PAKISTAN	4	CHILE	1
				CZECH REPUBLIC	15	MOLDOVA	4	AZERBAIJAN	1
				TUNISIA	13	SWEDEN	3	ALBANIA	1
				SERBIA	11	NORWAY	3		
				AUSTRALIA	11	MEXICO	3		

The Preliminary budget for the 2019 meeting is €1,740,000.

PRELIMINARY BUDGET – INCOMES <small>Update 02.03.2019</small>		PRELIMINARY BUDGET – EXPENSES <small>Update 02.03.2019</small>	
CONFIRMED SPONSORSHIP:	€ 33.000,00	PRELIMINARY BUDGET EXPENSES	€ 1.310.000,00
Estimate for further incomes on Sponsorships	€ 17.000,00	AGENCY FEE 10% ON INCOMES	€ 174.000,00
CONFIRMED EXHIBITION SPACES	€ 286.000,00	LOC MINIMUM GUARANTEED	€ 100.000,00
Estimate for further incomes on Exhibition spaces	€ 24.000,00	ESH MINIMUM GUARANTEED	€ 100.000,00
SPONSORED SESSIONS	€ 360.000,00	TOTAL	€ 1.684.000,00
Estimate for further incomes on Sponsored Sessions	€ 95.000,00		
REGISTRATIONS	€ 180.000,00		
Estimate for further incomes on Registrations	€ 745.000,00		
TOTAL INCOMES (NOT INCLUDING ESTIMATES)	€ 1.740.000,00	FINAL RESULT (PRELIMINARY)	€ 56.000,00

M. Massaro provided costs for the publication of the meeting Abstracts in an online abstract book – (Editor Wolters Kluwer) as a supplement of the Journal of Hypertension.

ABSTRACT BOOK

ONLINE ABSTRACT BOOK – EDITOR WOLTERS KLUWER
SUPPLEMENT OF THE JOURNAL OF HYPERTENSION

Online release - few days before the congress (June 18, 2019).
The publication will include all abstracts submitted and accepted.

\$11,34 x 961 abs (received at first deadline) + 100 estimate late-breakers
= € 10.567,56 (Exchange rate February 2019)

cost for 2018 publication: € 8,368,42 for total 922 printed abstracts

M. Massaro informed the Council there are 2 sponsored Satellite Symposia (Merck Kg AA and Servier), 7 mini sponsored Symposia and 1 sponsored Educational Session. There are two pending sponsorships (AlfaSigma and Pfizer US). M.Massaro will reach out to other companies.

SATELLITE, MINISYMPOSIA & OTHER SESSIONS

2 SATELLITE SYMPOSIA
(2 in 2018)

- MERCK KgAA
- SERVIER

7 MINISYMPOSIA
(8 in 2018)

- MEDTRONIC (n.2)
- MENARINI (n.2)
- OMRON EU
- SERVIER (n.2)

1 EDUCATIONAL SESSION
(0 in 2018)

- SANOFI

ADDITIONAL SESSIONS IN 2018:

- 1 SPANISH SESSION
- 1 LECTURE
- 1 PRE-CONGRESS COURSE
- 1 HANDS-ON SESSION

PENDING SPONSORSHIPS:

- ALFASIGMA – Sponsored Sessions
- PFIZER US – Web TV

The President's dinner will be held on Sunday, June 23 at Palazzo Parigi, Milan.

M. Massaro presented several proposals to attract and increase the number of participants:

- Special registration fee for disadvantaged countries (proposed €250)
- Loyalty programme – special registration fee for returning participants
- Group registration discounts – for groups of 50 delegates registered within March 29th
- (proposed €350) or for every 10/15 registered participants 1 free full registration

- Reduced fee for National Society members of the host country (proposed ESH member fee)
- More involvement of young fellows

2019 Awards and ESH Honorary Members

R. Kreutz briefly outlined the regulations governing the Awards. Each year the Awards Committee will review the availability and financial support of ESH Awards. The Committee will provide recommendations to the Scientific Council regarding the selection of individuals to be given Awards and the selection of Honorary and Emeritus members of the Society.

The following Council members have been nominated to stand on the Awards Committee:

ESH President	K. Tsioufis
Annual Meeting President	G. Mancia
ESH Vice-President	E. Lurbe
ESH Immediate Past President	E. Agabiti Rosei
ESH Secretary	R. Kreutz

The process for the Award nominations will be the same as in 2018. An email will be sent out on behalf of the Awards Committee inviting nominations from ESH members for the Awards listed below. The call for nominations will also be published on the ESH website.

Björn Folkow Award and Lecture

This is awarded to a person or persons who have carried out original research in physiology that has contributed to the understanding of pathogenesis of hypertension.

Alberto Zanchetti Life Achievement Award

The award is conferred to a scientist with high quality life-long scientific research in the field of hypertension.

ESH Honorary Membership

Honorary membership is granted to a scientist who has made extraordinary contributions to research in hypertension or who has given exceptionally important support to the activities of the Society.

Servier Research Grant in Hypertension

The grant is awarded every 2 years for a research proposal in the field of hypertension and related diseases with focus on end-organ damage, surrogate markers, and biomarkers. The next grant will be awarded in 2019.

Talal Zein Award

This award is presented annually to a distinguished scientist originating from a Mediterranean country in recognition of their outstanding work related to the basic science, epidemiology, pathophysiology or therapy of hypertension and other cardiovascular diseases.

Paul Milliez Award

French Hypertension Society contacted by Robyn L.

Peter A. van Zwieten biannual award in Milan
last awardee in 2017 Thomas Unger (Award money €5,000)

- The Björn Folkow Award and Lecture - €3,000 (confirmed)
- Alberto Zanchetti Life Achievement Award - €3,000 (confirmed)
- Peter A. van Zwieten Award - €5,000 (M. Burnier has contacted the Lawyers who manages the award funds).
- Special Edition AIM Award - Excellence in Research in the name of Alberto Zanchetti - €10,000 (confirmed)
- Servier Research Grant – waiting confirmation
- Talal Zein Award – waiting confirmation
- Paul Milliez Award – French Society of Hypertension have been contracted

ESH Honorary membership

K. Tsioufis proposed Renata Cifková for the ESH Honorary membership in 2019.

30 Years Anniversary of ESH

K. Tsioufis reported on the status of the update on the 30 Years of ESH history. Both R. Tsioufis and R. Kreutz are working on the review and update of the previous publication. Other ESH members and ESH Communities have been requested to collaborate by editing (Editors of Journal of Hypertension and Blood Pressure) and providing brief summaries on their activities (Working Groups, Excellence Centres, Hypertension Specialists).

AIM created a logo to promote the ESH anniversary. Suggestions were made to modify slightly the logo and M. Massaro will send new graphic designs.

Revised logo and promotional slide.

The promotional slide is divided into two main sections. The left section is white with a blue border at the top and bottom. It features the ESH logo (a red and black circular emblem with 'ESH' inside) and the text 'European Society of Hypertension'. Below this is a yellow and blue shield-shaped badge with 'ESH 1989 - 2019' and '30 YEARS' on a yellow banner. At the bottom of the left section, it says 'Join us to celebrate 30 YEARS of ESH!'. The right section has a dark blue background with a pattern of red and white circles. It features the text '29th european meeting on hypertension and cardiovascular protection' in white and yellow. Below this is a red banner with 'JUNE 21-24, 2019 - MILAN, ITALY'. At the bottom of the right section, it says 'Save your Life Hypertension first! Stay below 90/140' and 'all updates available on www.esh2019.eu'.

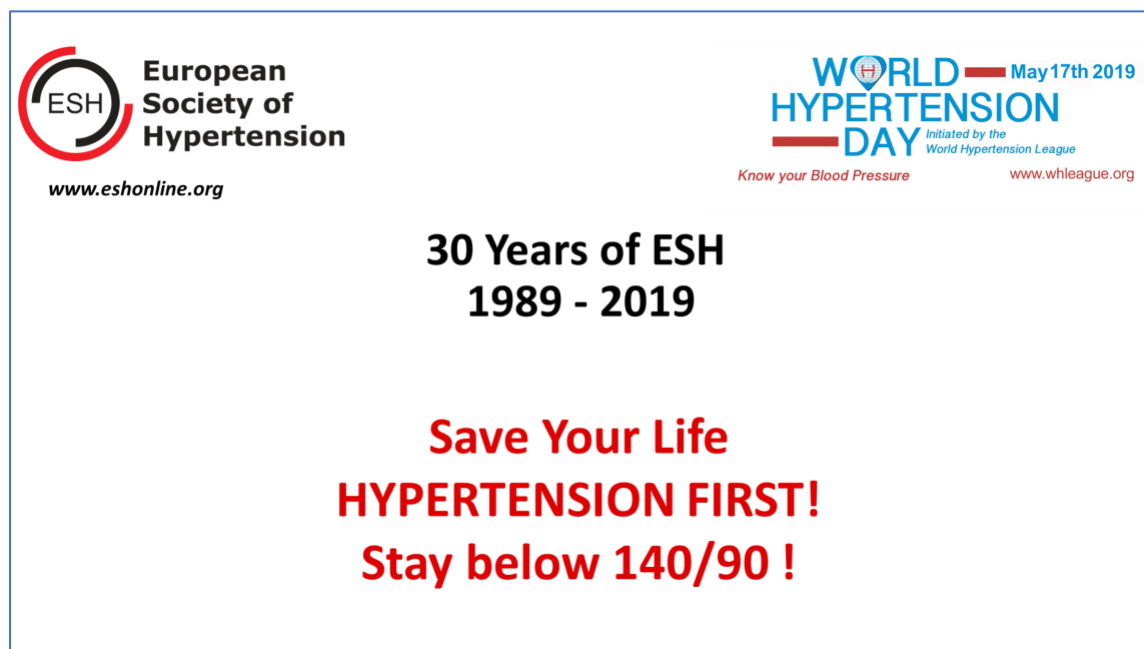
M. Massaro presented some ideas to celebrate the ESH Anniversary during the meeting in Milan:

- Memory Wall dedicated to the 30 Years of ESH in the Congress social area. Registered attendees will be invited to bring 1-2 photos/flyers/posters from past ESH activities.
- Gadgets to be distributed at the ESH booth
- Photo Booth where attendees may have their photo taken marking their attendance during the 30 Years celebrations
- During the Opening Ceremony – ad hoc performance
- ESH Annual Meeting Video – recording moments during the meeting
- Parallel event open to public – a patient-oriented activity where the public can have their BP measured and receive information aimed at providing better knowledge on hypertension and cardiovascular prevention. This event could be supported by the ESH Foundation, Municipality of Milan, Menarini Foundation and generic pharma companies.

World Hypertension Day 2019

R. Kreutz presented banners with the ESH and suggested a “motto” which each National Society should translate into their local language and be used to promote the use of the ESH logo and create awareness around the WHD. After discussion the lay-out and motto suggested is shown below.

An ESH banner including the “motto” in all the national languages will be created to



celebrate the World Hypertension Day 2019.

b. 2020 ESH/ISH Meeting, Glasgow

M. Massaro reported on the status of the joint ESH/ISH meeting in Glasgow. The venue “SEC” has been fixed, contract pending signature. Promotion of the meeting started in 2018 in Barcelona and during the ISH 2018 meeting in Beijing.

Key dates have been defined. K. Tsioufis pointed out that the abstract submission date, September 15, is too early. He proposed to establish a fixed date for abstract submissions for all annual meetings.

Glasgow City support has been confirmed. Major sponsors have also confirmed participation.

c. 2021 ESH MEETING, MILAN

Nothing to report at present.

d. 2022 ESH MEETING, ATHENS

Nothing to report at present.

6. COUNCIL MEMBERS

a. End of Term Members

R. Kreutz reported on the situation of the Scientific Council. Three members will leave the Council in June 2019. Only 2 positions need to be filled as J. Polonia was already nominated for the position of Treasurer during the Council Meeting in November, to be confirmed during the General Assembly in Milan in June.

There will also be a change in office bearers. K. Tsioufis will end his term in June 2019 as ESH President and E. Agabiti Rosei will end his term in June 2019 as Immediate Past President. There are also four Council Members finishing their first four-year terms to be re-elected during the General Assembly.

ESH –Council Members

By-laws IV.2.

a. END OF TERM MEMBERS

Members leaving the Council in June 2019:

1. P. Van de Borne
2. E. Agabiti Rosei
3. M. Bochud (per personal request)

Change in office bearers:

1. K. Tsioufis – end of term as President June 2019
2. E. Agabiti Rosei – end of term Immediate Past President

Council Members finishing first 4-year term should be re-elected during the General Assembly:

The members are :

T Kahan
R. Kreutz
E. Lurbe
B. Williams

b. Nomination of New Members

R. Kreutz informed the Council members that a “Call for applications/nominations” was sent out to all ESH members in November 2018. Eight nominations and 4 applications were received.

ESH – Members

By-laws IV.2.

NOMINATIONS (N=8)

CANDIDATE	NOMINATED BY	COUNTRY
Jana Brguljan	Michel Burnier	Slovenia
Christian Delles	Anna Dominiczak	United Kingdom
Maria Dorobantu	Giuseppe Mancia	Romania
Guido Grassi	Giuseppe Mancia	Italy
Dragan Lovic	Costas Tsioufis	Serbia
Alexandre Persu	Michel Azizi	Belgium
Jan Václavík	Miloš Táborsky	Czech Republic
Thomas Weber	Robert Zweiker	Austria

ESH –Council Members

By-laws IV.2.

APPLICATIONS (N=4)

APPLICANT	COUNTRY
Mehmet Kanbay	Turkey
Péter Légrády	Hungary
Gianfranco Parati	Italy
Elena Reznik	Russia

c. Election of the New Representative of Presidents of National Societies

The representative should be from a country not represented on the Council.

d. Election of the New President

Applications and nominations should be sent directly to the current President, K. Tsioufis.

e. Rotation of Duties Among ESH Council Members

K. Tsioufis proposed the rotation of duties among the Council members. The proposal will be open to discussion during the next Council meeting in June in Milan.

Two new roles were proposed:

- 1) Responsible for Digital Medicine
- 2) Responsible for relations with the Journal of Hypertension

7. ESH AND JOURNAL OF HYPERTENSION

a. **Agreement with Publisher**

M. Burnier informed the Council there is nothing new to report.

b. **ESH Members on the Management Board**

G. Mancia proposed writing to the ISH President to suggest the renewal of the Management Board.

c. **Selection of New Chief Editor**

G. Mancia is Editor until 2021. He suggested it would be opportune to anticipate the applications for the new Editor to September 2019.

8. YOUNG INVESTIGATORS FORUM

J. Polonia reported that following the letter sent to the National Societies inviting them to contact young physician members of their society, 75 young fellows replied. Of these 75, 26 are authors or co-authors of abstracts submitted for the Annual Meeting this year.

9. HYPERTENSION SUMMER SCHOOLS

a. **2019 – Athens (Greece) 14-20 September**

K. Tsioufis reported the programme for the 2019 Summer School has been finalized.

b. **2020 – Sremski Karlovci (Serbia) 12-18 September**

D. Lovice reported the programming for the 2020 Summer School is underway.

c. **2021 – The venue will be defined in June.**

10. EXCELLENCE CENTRES

a. **Approval of new Excellence Centres**

B. Jelakovic informed the Council that 4 new Excellence Centres have been approved.

b. **Re-accreditation of Excellence Centres**

B. Jelakovic reported re-accreditation of 2 Excellence Centres.

11. WORKING GROUPS

a. G. Parati reported the election of the new Chair and Vice-Chair of the WG on Hypertension and the Kidney.

b. M. Burnier and R. Kreutz proposed to form a new WG on Drug Therapy and Adherence. It was suggested to find a time slot for the first meeting of the WG during meeting in Milan and circulate the invitation among the ESH members.

12. RULES FOR THE ENDORSEMENT OF THE PRE- AND POST-ESH SATELLITE SYMPOSIA AND INDUSTRY SUPPORTED SYMPOSIA

T. Kahan reported he is waiting for feedback from Amgen headquarters.

13. ESH RESEARCH PROJECTS

K. Tsioufis informed the Council a special session will be dedicated to the ESH Research Projects during the Satellite Symposium “Difficult to Control Hypertension & Related Comorbidities” to be held in March in Athens.

a. **ESH BP Control Study**

B. Jelakovic reported the BP Control Study started in October with the first group of 9 Excellence Centres. Delivery of the devices to the remaining Excellence Centres will begin shortly.

b. **Working Group on Blood Pressure in Children and Adolescents**

E. Lurbe reported on the activities carried out by the Working Group:

- 2016 ESH Guidelines in children and adolescents: Improving the knowledge of its implementation across Europe. A questionnaire was sent out to 38 National Hypertension Societies. The results of the Questionnaire can be considered excellent, with an answer rate of 60,5%.
- COST proposal: the submitted proposal received a score of 50. To receive funding a score of 56 is required. The proposal will be resubmitted.

14. POSITION PAPERS

Nothing to report.

15. ESH NEWSLETTERS FOR 2019

P. Van de Borne reported 3 new Newsletters for 2019. He also mentioned the disappointing response from Council members on his request for review of the Newsletters. He suggested that a group of official reviewers should be appointed to review the Newsletters.

- *Cardiovascular and renal protection with novel antidiabetic agents beyond blood glucose lowering in type 2 diabetes*
Authors: Vasilios KOTSIS, Jens JORDAN, Guido Grassi, Markus SCHLAICH, Peter M. NILSSON
- *Cardiovascular risk in ethnic minorities and disadvantaged populations in Europe*
Authors: Pietro Amedeo Modesti, Gianfranco Parati
- *Highlights of the 2016 European Society of Hypertension Guidelines for the Management of High Blood Pressure in Children and Adolescents*
Authors: Empar LURBE, Elke WUHL, Stella STABOULI, Asle HIRTH, Mieczyslaw LITWIN, Denes PALL, Tomas SEEMAN

16. ESH ENDORSEMENT (Books, Meetings)

P. Van de Borne reported the following meetings have been endorsed:

- 5th Nordic Baltic Region PhD Course 2019, September 19-21, 2019 – Gdańsk, Poland
- 4th Asia Pacific CardioConnect Conference – Menarini, March 9, 2019 – Ho Chi Minh City, Vietnam
- 4th Clinica Update Sleep “Auxosleep Workshop”, May 18, 2019 – Milan, Italy
- ICHCA – The 2nd International Congress of Hypertension in Children and Adolescents, May 24-26, 2019 – Warsaw, Poland

17. HYPERTENSION SPECIALISTS

Nothing to report.

18. CORRESPONDENCE

a. Presidents of National Societies

Nothing to report.

b. Other Correspondence

R. Kreutz informed the Council of an invitation of collaboration from the President of the Tunisian Society of Cardiology & Cardiac Surgery (STCCCV).

19. DATES FOR FUTURE COUNCIL MEETINGS

- a. Friday June 21st, 2019 – Milan
- b. Saturday October 26th, 2019 – TBD

20. CLOSURE OF THE MEETING

K. Tsioufis thanked the ESH Council members for the productive day.

He thanked M. Massaro for the excellent organization of the meeting and wished all Council members a safe trip home.