

Minutes of the Meeting of the ESH Scientific Council

Barcelona, February 3, 2018

Present

K. Tsioufis, President

E. Lurbe, Vice President

R. Kreutz, Secretary

M. Bochud, Treasurer

E. Agabiti Rosei, Immediate Past President

ESH Council members

M. Azizi

A. Januszewicz

T. Kahan

J. Polonia

P. van de Borne

B. Williams

Executive officers

G. Mancia

G. Parati

D. Clement

A. Coca

A. Manolis

Ex-officio members

C. Borghi

D. Lovic

Further participants:

M. Burnier

J. Redon

M. Massaro AIM

R. Lynch

1. PRESIDENT'S WELCOME

The meeting was opened by the ESH President K. Tsioufis who conveyed his pleasure in seeing all Council members present. He welcomed M. Burnier and J. Redon and expressed his satisfaction for the great job done by the Annual Meeting Program Committee and the high quality of the program.

2. MINUTES OF MILAN SCIENTIFIC COUNCIL MEETING, SEPTEMBER, 2018

The document was distributed to all Council members before the meeting by the ESH Secretary R. Kreutz and was unanimously accepted by the Council.

3. TREASURER'S REPORT

M. Bochud presented an unaudited financial report at September 17, 2018. She informed the audited report will be available at the end of May. The audited financial report will be presented at the Council meeting in June 2018. The Council accepted unanimously the decision to transfer 150,000 Euros to the FESH account.

Summary (Status at 30.09.2017 – not audited)

	30.09.2017 (CHF)	31.12.2016 (CHF)
ASSET AT BEGINNING	1'548'931.82	1'470'902.80
INCOME	214'029.61	1'377'840.85
EXPENDITURE	74'907.81	1'299'811.83
Profit/Loss	139'121.80	78'029.02
NET ASSET AT END	1'688'053.62	1'548'931.82

INCOME			
Meeting income			
Meeting Paris	0.00	0.0%	1'202'144.25 87.2%
Meeting Brescia	76'598.25	35.8%	0.00 0.0%
General Meeting income	0.00	0.0%	62'262.40 4.5%
Total Meeting income	76'598.25	35.8%	1'264'406.65 87.2%
Subscriptions			
Subscriptions	382.15	0.2%	754.15 0.1%
Subscriptions/donations Organisations	44'991.65	21.0%	0.00 0.0%
Total Subscriptions	45'373.80	21.2%	754.15 0.1%
Other income			
Dividend/Interest securities	247.95	0.1%	262.65 0.0%
Credit interest	0.00	0.0%	58.45 0.0%
Gain/Loss on securities	30'221.10	14.1%	0.00 0.0%
Exchange difference	61'588.51	28.8%	0.00 0.0%
Royalties received	0.00	0.0%	112'358.95 8.2%
Total Other income	92'057.56	43.0%	112'680.05 8.2%
Total INCOME	214'029.61	100.0%	1'377'840.85 100.0%

EXPENDITURE			
Allowance to the FESH	0.00	0.0%	0.00 0.0%
Expenses			
Bank charges/Safekeeping fees	1'672.51	0.8%	2'301.82 0.2%
Gain/Loss on Securities	0.00	0.0%	8'355.05 0.6%
Administration costs	4'551.15	2.1%	7'806.40 0.6%
Legal- and Professional fees	8'548.00	4.0%	33'157.75 2.4%
Website expenses	49'914.00	23.3%	49'698.00 3.6%
Other expenses	4'130.30	1.9%	13'137.75 1.0%
General Meeting costs	0.00	0.0%	77'450.40 5.6%
Joint ESC/ESH Guidelines	0.00	0.0%	32'640.00 2.4%
Donations	0.00	0.0%	11'044.00 0.8%
Tax payments	545.85	0.3%	10'000.00 0.7%
General expenses	69'361.81	32.4%	245'591.17 17.8%
Meeting Paris	0.00	0.0%	1'041'344.25 75.6%
Awards granted	5'546.00	2.6%	0.00 0.0%
Exchange difference	0.00	0.0%	9'372.46 0.7%
extraordinary expenses	0.00	0.0%	3'503.95 0.3%
Total Expenses	74'907.81	35.0%	1'299'811.83 94.3%
Total EXPENDITURE	74'907.81	35.0%	1'299'811.83 94.3%

4. FUTURE MEETINGS

a. 2018 ESH MEETING, BARCELONA

I. Overview

M. Massaro gave a brief overview of the status of the 2018 Annual Meeting in Barcelona. 1021 Abstracts have been received. Submission of Late-breaker abstracts opens end February. It was agreed that registration is compulsory to present an abstract, if the registration fee is not paid by the deadline, it will be considered a no-show and the Abstract will be deleted from the final program.

ABSTRACT

TOTAL ABSTRACT RECEIVED → 1021 (in 2017 → 1346)

Topic	Received	Topic	Received
Ageing	22	Inflammation and immunity	12
Atrial Fibrillation and Heart Failure	35	Innovative techniques and devices	17
Blood Pressure Measurement	92	Kidney	60
Blood Pressure Variability	43	Large Arteries	46
Cardiovascular Risk Factors	108	Lifestyle Changes/Lipids/Salt	28
Cerebrovascular Diseases, Stroke, and Cognitive Dysfunction	35	Microcirculation/Small Vessels	26
Children and Adolescents	31	Obesity and Metabolic Syndrome	40
Coronary Heart Disease	19	Pregnancy	11
Diabetes	36	Renin-Angiotensin-Aldosterone System	17
Endocrine Hypertension	31	Resistant Hypertension	38
Endothelium and Atherosclerosis	25	Sleep Apnea and Neural Mechanisms	10
Epidemiology of Hypertension and Metabolic Disorders	63	Sport and Exercise	15
Experimental Hypertension and Pharmacology	31	Therapeutics and Clinical Trials	35
Genetics, Genomics, Proteomics, Metabolomics	20	Treatment Adherence	21
Heart and Haemodynamics	51	2018 ESC/ESH Hypertension Guidelines	3

M. Massaro provided costs for the publication of the meeting Abstracts in an online abstract book – (Editor Wolters Kluwer) as a supplement of the Journal of Hypertension. An open discussion followed because of the publication costs of about 20.000 Euros including the revision required for removing no-show abstracts. It was decided to publish only the final version of the Abstracts. It was also suggested to consider publishing the Abstracts in *Blood Pressure* as an alternative to the *Journal of Hypertension*. M. Massaro will follow up with the Editor and Publisher of Blood Pressure and evaluate this alternative together with the Council.

ABSTRACT BOOK

ONLINE ABSTRACT BOOK – EDITOR WOLTERS KLUWER SUPPLEMENT OF THE JOURNAL OF HYPERTENSION

First release - online few days before the congress (June 4, 2018).

The publication will include all abstracts submitted and accepted.

Second release - online after the end of the meeting (by the end of July 2018).

The publication will include only presented abstract; No-show will be removed.

- \$24,285 - € 20.335,00 (exchange rate January 2018)

cost for 2017 publication: € 12.009,00

Sponsored Sessions

SATELLITE, MINISYMPOSIA & OTHER SESSIONS	
<u>2 SATELLITE SYMPOSIA</u> (2 in 2017) <ul style="list-style-type: none"> MERCK KgAA SERVIER 	<u>1 HANDS-ON SESSION</u> (1 in 2017) <ul style="list-style-type: none"> SOMNOMEDICS
<u>1 SPANISH SESSION</u> <ul style="list-style-type: none"> GRUPO FERRER 	<u>8 MINISYMPOSIA</u> (14 in 2017) <ul style="list-style-type: none"> CVRx GRUPO FERRER MEDTRONIC MENARINI (n.2) OMRON EU SERVIER (n.2)
<u>1 LECTURE</u> <ul style="list-style-type: none"> MENARINI 	
<u>1 PRE-CONGRESS COURSE</u> <ul style="list-style-type: none"> UNIVERSITY OF BARCELONA (REF. Prof. Coca) 	
ADDITIONAL SESSIONS IN 2017: 1 EDUCATIONAL SESSION	

M. Massaro reiterated the difficulty in securing sponsorship from pharma companies and asked for suggestions from the Council members.

It was also suggested to offer free stand space to National Societies which could help attract participants.

The President's dinner for 150 guests will be held on Sunday, June 10 at the Fundació Joan Miró.

PRELIMINARY BUDGET – INCOMES	
Update 01.02.2018	
CONFIRMED SPONSORSHIP:	€ 54.050,00
Estimate for further incomes on Sponsorships	-
CONFIRMED EXHIBITION SPACES	€ 271.825,00
Estimate for further incomes on Exhibition spaces	€ 53.000,00
SPONSORED SESSIONS	€ 440.000,00
Estimate for further incomes on Sponsored Sessions	€ 120.000,00
REGISTRATIONS	€ 890.000,00
Estimate for further incomes on Registrations	€ 177.000,00
TOTAL INCOMES (NOT INCLUDING ESTIMATES)	€ 1.655.875,00

PRELIMINARY BUDGET – EXPENSES	
Update 01.02.2018	
PRELIMINARY BUDGET EXPENSES	€ 1.367.822,44
AGENCY FEE 10% ON INCOMES	€ 165.587,50
LOC MINIMUM GUARANTEED	€ 100.000,00
ESH MINIMUM GUARANTEED	€ 100.000,00
TOTAL	€ 1.733.409,94
FINAL RESULT (PRELIMINARY)	- € 77.534,94

II. Presentation of 2018 ESC/ESH Guidelines on the management of Arterial Hypertension.

K. Tsioufis thanked B. William and G. Mancia for their excellent contribution and efforts in preparing the Guideline publication.

An email blast will be sent out to members and Presidents' of National Societies advising of the Presentation of the Guidelines at the ESH Annual Meeting in Barcelona.

M. Mancia suggested providing meeting participants with the Guidelines text on a USB key or by other means such as downloading the Guidelines from the ESH website and from computers at the ESH stand.

The question, "will ESC agree?" came up, and it was decided to wait until the document is finalized before putting the question to them. An alternative could be to provide a downloadable slide kit.

T. Kahan indicated the importance of a strategy plan to promote the Guidelines. Consequently, a strategy including:

- Webinars
- Apps
- Pocket Guidelines
- Propose translation of the Pocket Guidelines to National Societies
- Participation of ESH Council members at National Society meetings to promote the Guidelines.

III. Additional Topics

Awards – An awards committee was constituted with the purpose of selecting, from nominations received, and conferring the below awards. The following Council Members were nominated as members of the committee: K. Tsioufis (as president), E. Lurbe (as vice-president), E. Agabiti Rosei (as immediate-past president), A. Coca (as president of the Annual Meeting), R. Kreutz (as secretary).

Björn Folkow Award and Lecture

Established by ESH in collaboration with AstraZeneca in 1989, it is awarded to a person or persons who have carried out original research in physiology that has contributed to the understanding of pathogenesis of hypertension.

Alberto Zanchetti Life Achievement Award

Established by ESH in 1995, the award is conferred to a scientist with high quality life-long scientific research in the field of hypertension.

ESH Honorary Membership

Established by ESH in 2001, honorary membership is granted to a scientist who has made extraordinary contributions to research in hypertension or who has given exceptionally important support to the activities of the Society.

An email will be sent out to all ESH members asking them to nominate candidates.

R. Kreutz proposed to invite all new members to a Welcome session during the Annual Meeting. New members who participate will benefit from a one-off reduced registration fee. M. Massaro will advise on the financial implications and possible fee.

R. Kreutz proposed to invite the representatives of the newly approved ESH Hypertension Excellence Centers to a Welcome session and discussion during the Annual Meeting.

b. 2019 ESH MEETING, MILAN

The meeting will have the usual structure. Nothing to report on at present.

c. 2020 ESH MEETING, GLASGOW

The preliminary budget will be presented at the June Council Meeting.

d. 2021 ESH MEETING, MILAN

Nothing to report at present.

e. 2022 ESH MEETING CANDIDATURE

R. Kreutz reported interest has been shown by email so far by one possible candidate. The deadline date for submission of applications is April 6, 2018.

5. CURRENT STATUS ON THE RELATIONSHIP WITH ESC/OTHER SCIENTIFIC SOCIETIES

a. Joint Session ESH/ESC in ESH and ESC Meetings

K. Tsioufis informed that joint ESH/ESC sessions are being finalized.

b. Activities with other scientific societies

I. ESO – Valeria Caso, President

ESO speaker at 5th pre ESH meeting – Satellite Symposium 23/24 March in Athens. ESH/ESO joint session during ESH meeting in Barcelona. Two ESO speakers have been proposed.

Joint documents: for the time being ESO will not consider producing joint consensus papers.

II. ERA-EDTA – Carmine Zoccali, President

Starting 2019, ERA-EDTA will invite “Partner Societies” to suggest the name of a speaker to be incorporated in the main ERA-EDTA program as a special lecture. ESH will reciprocate.

c. Summer School in China

E. Agabiti Rosei reported there is a 2-day Master Course in Beijing, 26-29 March, 2018.

First Master Course organized with the Chinese Hypertension League. In the future possible collaboration writing Guidelines.

Support from Menarini Foundation. Members discussed the financial support provided and suggested proposing the following amounts:

Euro 3,000 for events in Europe

Euro 5,000 for events outside Europe

d. Summer School in Latin America

A. Coca will follow up on the ratification of the contract ESH/Menarini.

e. Summer Schools in African Portuguese speaking countries

J. Polonia informed interest in organizing Summer Schools in African Portuguese speaking countries.

6. ESH MEMBERSHIP STATUS

R. Kreutz provided a brief overview of the membership statistics on the payment status of the ESH membership fees.

(R. Kreutz, R. Lynch)

- ESH Members (26/09/17) - **1,726**
- ESH Members (31/01/18) - **1,742**

	2017	2018 (31/01/18)
ESH Membership renewals	322	241

- ESH membership applications (01/07/16 - 30/05/17) – **131** from **56** countries worldwide
- ESH membership applications (01/06/17 - 31/01/18) – **120** from **48** countries worldwide

An open discussion followed on how to proceed with non-paying members and the possibility of becoming independent from ISH for the collection of ESH membership fees.

7. ESH BY-LAWS REVISION

E. Lurbe reported on the revisions made to the current by-laws. There was an open discussion on the following modified articles:

- a. Creation of levels of membership Review of Scientific Council – define duration of Council members and non-voting officers
- b. Awards Committee – draw up Rules and Regulations document
- c. The revised by-laws will be circulated to members before the required deadline for final approval during the General Assembly in June.

8. ESH AND JOURNAL OF HYPERTENSION

The contract with the Publisher expires December 31, 2021.

9. ESH YOUNG INVESTIGATOR'S FORUM

- a. It was suggested that presenting the Young Investigator's Forum at the ESH Summer Schools is a good way to identify early career-physicians and to get feedback from them on this type of initiative. J. Polonia will prepare a letter to send to National Societies inviting them to suggest young member physicians who may be interested in participating.

10. e-Learning Platform

- a. Link to ESH APP to the e-Learning Programme. G. Parati will provide link.
- b. All Council members are welcome to contribute with content for the e-Learning website.
- c. R. Kreutz reported there are 268 registered users on the e-Learning Platform.

11. RULES FOR THE ENDORSEMENT OF THE PRE- AND POST-ESH SATELLITE SYMPOSIA AND INDUSTRY SUPPORTED SYMPOSIA

The Council agreed written rules are needed to regulate the endorsement of the pre- and post ESH Satellite Symposia and the Industry supported Symposia. A task force comprised of the following members has been appointed to draft this document:

T. Kahan, G. Mancia, D. Lovic. The discussion will continue during the next meeting in Barcelona.

12. RULES FOR THE ENDORSEMENT OF POSITION PAPERS/CONSENSUS DOCUMENTS BY ESH WORKING GROUPS

The Council agreed that Working Groups must submit a request to the Council for approval to write a Position Paper. The Council also agreed written rules are needed to

regulate the endorsement of position papers and consensus documents by ESH Working Groups.

13. ESH RESEARCH PROJECTS

a. BP Controls in European Countries

B. Jelakovic advised the protocol will be finalized in March in Athens.

A. Manolis will transfer Talal grant to ESH. B. Jelakovic will send email to A. Manolis.

Next steps:

- create electronic CFR
- define participating Excellence Centres
- decide starting date of the project (before/after summer)
- Liaise with OMRON on logistics for the delivery of the devices

b. Atrial Fibrillation Project

E. Agabiti Rosei provided a brief update on the atrial fibrillation project.

c. ESH APP pilot study

K. Tsioufis informed the Council on the ESH APP pilot study.

1. Pfizer grant approved. The study will be carried out in 6 European countries in 2 Excellence Centres per country.
2. The study is forecast to start in May 2018.
3. The same CFR used for the APP will be used.

d. COST ACTION

E. Lurbe informed the Council of the COST ACTION funds for the promotion of research in pediatric hypertension.

14. ESH POSITION PAPERS

a. Nutraceutical for the management of high blood pressure – status

C. Borghi gave a brief summary on the status of the position paper. An email will be sent to identified authors of the 4 main chapters and possible authors of the 3 technical chapters. A draft of the position paper will be ready for presentation during the Council meeting in Barcelona.

15. ESH HYPERTENSION SPECIALISTS

M. Azizi provided an overview on the ESH Hypertension Specialists.

- a. 30% of EHS are not ESH members
- b. Improve relations between the society and the EHS
- c. Send email to all EHS inviting them to the ESH Annual meeting
- d. Organize a session dedicated to EHS

16. ESH HYPERTENSION EXCELLENCE CENTRES

B. Jelakovic informed the Council 6 new Excellence Centres have been approved and re-accreditation of 6 Excellence Centres has been approved.

J. Polonia will collaborate with B. Jelakovic in the coordination of the ESH Excellence Centers.

17. ESH NEWSLETTERS FOR 2018

P. Van de Borne informed the Council 3 Newsletters will be published in 2018.

18. ESH ENDORSEMENT (Books, Meetings)

P. Van de Borne informed the Council of the endorsement of the below meetings:

1. ICHA International Congress of Hypertension in Children and Adolescents, Valencia, Spain 9-11 February, 2018
2. 5th pre ESH Congress Satellite Symposium on Difficult to Control Hypertension, Athens, Greece 23-24 March, 2018
3. 2018 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient, Chalkidiki, Greece 28-30 April, 2018
4. 4th European Forum on Hypertension, Gdynia, Poland 10-12 May, 2018

19. CORRESPONDENCE

a. Letters from other societies

R. Kreutz informed the Council of correspondence with ESO, EASD, EULAR and ERA-EDT. Collaboration confirmed with ESO, and ERA-EDTA. EASD and EULAR declined official collaboration between the societies.

b. Presidents of National Societies

D. Lovic informed the Council of requests from National Societies to become affiliated/associated societies of ESH. Further discussion is needed.

20. DATES FOR FUTURE COUNCIL MEETINGS

The next Council meetings will be held:

- a. June 8th, 2018 in Barcelona
- b. November 3rd, 2018 in Bologna

21. OTHER ISSUES

Other issues discussed during the meeting:

- a.** Creation of a Committee for the validation and certification of BP devices by ESH
- b.** b. The Educational Meeting will be held in Barcelona on Monday June 11th afternoon at the FIRA.
- c.** ESH Summer School Anniversary – according to the records it's 20 years since R. Cifkova was appointed responsible for the organization of the Summer Schools. It was decided to organize an event during the 2018 Summer School in Les Diablerets.

22. CLOSURE OF THE MEETING

K. Tsioufis thanked all the ESH Scientific Council members for their collaboration and for the productive day.