28-30 April 2018 - Chalkidiki, Greece
Blue Lagoon Princess Hotel

2018 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient
EUROPEAN SOCIETY OF HYPERTENSION

For further information please visit
Site: www.obesitydiabeteswg.eu
Or send an e-mail to: obdiabwg@medcongress.gr
Dear Colleagues,

On behalf of the European Society of Hypertension Working Group on Obesity, Diabetes and the High-Risk Patients, it is our pleasure and privilege to welcome you to the Satellite Symposium to be held in Chalkidiki, April 28-30, 2018.

This Symposium is devoted to the understanding of blood pressure mechanisms in obesity, management of the related factors (hyperlipidemia and diabetes) and finally management of obesity induced increased total cardiovascular risk. Chalkidiki and Greece provides a unique opportunity to gather with colleagues from around the world and Europe in an exciting environment.

Our goal is to favor discussion and exchange between ESH working group, European specialists in the field of Obesity and Diabetes and specialists from our country, in order to better implement the management and treatment of hypertension, dyslipidemia and diabetes reducing total CV risk.

Your valuable participation would be highly appreciated. We sincerely hope that you will enjoy this meeting in Chalkidiki, Greece.

Best regards

Vasilios Kotsis
President of the ESH WG on obesity, diabetes and the high-risk patient
SATURDAY APRIL 28

16.00-17.00  REGISTRATIONS

17.00-18.30  ROUND TABLE
Chairman: Kotsis V. (Thessaloniki, Greece)

- How to measure early vascular ageing from ABPM
  Antza C. (Thessaloniki, Greece)

- Aspirin in patients with cardiovascular risk. When?
  Grassos X. (Athens, Greece)

- Clinical trials update: blood pressure control in the Balkan countries
  Lovic D. (Nis, Serbia)

18.30-19.30  LECTURES
Chairman: Karagiannis A. (Thessaloniki, Greece)

- Statin associated diabetes mellitus
  Elisaf M. (Ioannina, Greece)

- Obstructive sleep apnea and hypertension
  Narkiewicz K. (Gransk, Poland)

19.30-20.30  IS IT TIME TO CHANGE OUR MINDSET IN THE TREATMENT OF PATIENTS WITH TYPE 2 DIABETES? FROM CONTROLLING HbA1c TO CONFRONTING CARDIOVASCULAR RISK: EFFICACY AND SAFETY OF EMPAGLIFLOZIN
Chairman: Kotsis V. (Thessaloniki, Greece)
Bakatselos S. (Greece)

SATELLITE LECTURE (SPONSORED BY BOEHRINGER)

20.30-21.30  BEST TREATMENT OF HARMFUL DISEASES IN THE DAILY CLINICAL PRACTICE
Chairman: Kotsis V. (Thessaloniki, Greece)

- Combining proven therapeutic choices for the optimal management of hypertension
  Doumas M. (Greece)

- Hypertension and co-morbidities: analysis of clinical cases
  Liberopoulos E. (Greece)

SATELLITE LECTURES (SPONSORED BY SERVIER)
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SUNDAY APRIL 29

10.00-10.45  ANTIHYPERTENSIVE TREATMENT
Chairman: Nilsson P. (Malmo, Sweden)

Refractory hypertension: diagnosis and treatment
Redon J. (Valencia, Spain)

Association between obesity, prehypertension and chronic kidney disease
Jelakovic B. (Zagreb, Croatia)

10.45-12.00  ROUND TABLE: TREATMENT OF DIABETES MELLITUS
Chairman: Hatziagelaki E. (Athens, Greece)

Optimal treatment of gestational diabetes mellitus
Goulis D. (Thessaloniki, Greece)

Pathophysiology of type 2 Diabetes in Obesity
Finer N. (UK)

Guidelines for the management of diabetes
Nilsson P. (Malmo, Sweden)

12.00-13.00  AZILSARTAN: WHY A NEW ANGIOTENSIN II ANTAGONIST IS USEFUL IN CLINICAL PRACTICE?
Kotsis V. (Thessaloniki, Greece)

SATELLITE LECTURE (SPONSORED BY VIANEX)

13.00-14.00  ROUND TABLE: HOW TO TREAT?
Chairman: Van de Borne P. (Belgium)

A patient with dyslipidemia and increased liver transaminases
Athyros V. (Thessaloniki, Greece)

Adolescent with white coat hypertension
Stabouli S. (Thessaloniki, Greece)

A patient with ischemic stroke and statin intolerance
Tziomalos K. (Thessaloniki, Greece)

What’s new and clinically relevant about the pharmacology of NOACs
Kreutz R. (Berlin, Germany)

14.00-17.00  LUNCH BREAK
17:00-17:30  **ROUND TABLE: OBESITY**  
Chairman: Savopoulos C. (Thessaloniki, Greece)  
With the contribution of the Internal Medicine Society of Greece  

Guidelines for the management of obesity  
Toplak H. (Graz, Austria)

17:30-18:30  **ROUND TABLE: HOW TO TREAT?**  
Chairman: Hatzitolios A. (Thessaloniki, Greece)  
With the contribution of the Internal Medicine Society of Greece  

A 75-year-old patient with heart failure and anemia  
Kaiafa G. (Thessaloniki, Greece)

A 65-year-old patient with hypertension and increased arterial stiffness  
Van de Borne P. (Belgium)

A 70 years old hypertensive during and after acute stroke  
Makaritsis K. (Larissa, Greece)

18.30-19.00  **GUIDELINES FOR HYPERTENSION TREATMENT IN CHILDREN AND ADOLESCENTS**  
Chairman: Kotsis V. (Thessaloniki, Greece)  
Lurbe E. (Valencia, Spain)

19.00-19.30  **NEW PRACTICE GUIDELINES FOR THE MANAGEMENT OF HYPERTENSION, DIABETES AND DYSLIPIDEMIA IN OBESE PATIENTS FROM THE EUROPEAN SOCIETY HYPERTENSION (ESH) WG ON OBESITY, DIABETES AND THE HIGH-RISK PATIENT AND THE EUROPEAN ASSOCIATION FOR THE STUDY OF OBESITY (EASO)**  
Chairman: Zebekakis P. (Thessaloniki, Greece)  
Kotsis V. (Thessaloniki, Greece)

19.30-19.45  **BREAK**

19.45-21.00  **PATIENT MANAGEMENT WITH CORONARY DISEASE & COMORBIDITIES - CASE DISCUSSION**  

Mixed Dyslipidemia and Type 2 Diabetes Mellitus  
Kotsis V. (Thessaloniki, Greece)

Patient with coronary artery disease and dyslipidaemia  
Giannakoulas G. (Thessaloniki, Greece)
Patient with dyslipidaemia and atrial fibrillation

*Ninios V.* *(Thessaloniki, Greece)*

*Interactive seminar (sponsored by MSD & Vianex)*

*Closed event for discussion and analysis of interesting clinical cases. Maximum number of participants 20. Participation is required at the conference secretariat, priority will be given on the basis of the event.*

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**MONDAY APRIL 30**

10.00-11.00 **LECTURES**
Chairmen: *Athyros V.* *(Thessaloniki, Greece), Tsioufis K.* *(Athens, Greece)*

**Hypertension and the brain** *Coca A.* *(Barcelona, Spain)*

**Secondary hypertension** *Gkaliagkousi E.* *(Thessaloniki, Greece)*

11.00-12.00 **LECTURES**
Chairman: *Elisaf M.* *(Ioannina, Greece)*

**Quit Smoking: Can improve CV disease?** *Kontakiotis T.* *(Thessaloniki, Greece)*

**How to treat: A 70-year-old patient with peripheral artery disease and hyperlipidemia** *Mikhailidis D.* *(London, UK)*

12.00-13.00 **THE CLINICAL EXPERIENCE WITH SGL T2 INHIBITORS AND THE VALUE OF REAL WORLD EVIDENCE DATA**
Chairman: *Kotsis V.* *(Thessaloniki, Greece)*

*Hatzigelaki E.* *(Athens, Greece)*

**Satellite Lecture (Sponsored By Astra-Zeneca)**

13.00-14.00 **NEW TREATMENT STRATEGIES**
Chairman: *Kotsis V.* *(Thessaloniki, Greece)*

**Translating torsemide’s pharmacological profile into important clinical benefits**

*Elisaf M.* *(Ioannina, Greece)*
The role of the bisoprolol/amlodipine fixed combination in the treatment of hypertension and stable coronary artery disease
Savopoulos C. (Thessaloniki, Greece)

Satellite Lecture (Sponsored By Winmedica)

14.00-17.00 LUNCH BREAK

17.00-18.00 LECTURES
Chairman: Goulis D. (Thessaloniki, Greece)

Obesity and Diabetes
Micic D. (Belgrade, Serbia)

Treatment of diabetes in obesity
Hatziagelaki E. (Athens, Greece)

18.00-19.30 HOW WE TREAT A PATIENT, WITH HEART FAILURE WITH REDUCED EF AND RESERVED EF
Chairman: Kotsis V. (Thessaloniki, Greece)
Papadopoulos C. (Thessaloniki, Greece)

19.30-20.00 ANTICOAGULANT THERAPY IN HIGH RISK PATIENTS WITH ATRIAL Fibrillation
Chatzis D. (Athens, Greece)

20.00-20.30 PHARMA INDUSTRY: A LOOK TO THE FUTURE
Chairman: Kotsis V. (Thessaloniki, Greece)
Pappas A. (Athens, Greece)

20.30 CLOSING CEREMONY, HONORARY GUESTS AND MPS WILL GIVE US A GREETING DURING DINNER
FACULTY

Dr. Antza Christina, Resident at 3rd Department of Internal Medicine, Papageorgiou Hospital, PhD candidate, Aristotle University of Thessaloniki, (Greece)

Prof. Athyros Vasiliou G., MD, Professor in Internal Medicine

Dr. Bakatselos Spyridon, Diabetologist, Director of 1st Department of Internal Medicine, Hippocratio General Hospital, (Thessaloniki, Greece)

Dr. Chatzis Dimitris, MD, PhD, Cardiologist, Senior Medical Advisor, IM, Pfizer Hellas, (Athens, Greece)

Prof. Coca Antonio, MD, PhD, FRCP, FESC, Professor of Medicine, Head of the Hypertension & Vascular Risk Unit Hospital Clinic, University of Barcelona (Spain)

Prof. Doumas Michail, Assistant Professor in Pathology, (Thessaloniki, Greece)

Prof. Elisaf Moses, MD, PhD, Professor of Internal Medicine, Department of Internal Medicine, School of Medicine, University of Ioannina, (Greece)

Prof. Finer Nicholas, Hon. Clinical Professor, National Centre for Cardiovascular Prevention and Outcomes, UCL Institute of Cardiovascular Science, Nomura House (UK)

Prof. Giannakoulas Georgios, Assistant Professor of Cardiology, Aristotle University of Thessaloniki, Cardiology Department, AHEPA University Hospital Greece, (Thessaloniki, Greece)

Prof. Gkaliagkousi Eugenia, PhD King’s College of London, Assistant Professor in Internal Medicine, Aristotle University of Thessaloniki, (Greece)

Prof. Goulis Dimitrios G., MD, PhD, Associate Professor in Reproductive Endocrinology, Medical School, Aristotle University of Thessaloniki, Unit of Reproductive Endocrinology, First Department of Obstetrics & Gynecology, Papageorgiou General Hospital, (Thessaloniki, Greece)

Dr. Grassos Charalampos, MD FESC PhD, Director Cardiologist General Hospital of Attica “KAT”, Head of Hypertension Unit, (Athens, Greece)

Prof. Hatzigelaki Erifili, Assoc. Professor of Internal Medicine & Metabolic Diseases, 2nd Dept. of Internal Medicine, Research Institute & Diabetes Center, University Hospital “Attikon”, Medical School, National and Kapodistrian University of Athens, (Greece)

Prof. Hatzitolios Apostolos I., MD, PhD, FESH, Professor of Internal Medicine, Head of First Propedeutic Department of Internal Medicine, AHEPA Hospital Medical School, Aristotle University of Thessaloniki, Vice-president of Internal Medicine Society of
2018 Meeting of the Working Group on Obesity, Diabetes and the High Risk Patient

Greece, Vice-president of Hellenic Professional Union of Internists, (Thessaloniki, Greece)

Prof. Dr. Hermann Toplak, University Department of Internal Medicine, Medical University of Graz, (Austria)

Prof. Jelakovic Bojan, (Zagreb, Croatia)

Prof. Kaiafa Georgia, Assistant Professor of Hematology, 1st Propedeutic Dept. of Internal Medicine, Aristotle University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)

Prof. Karagiannis Asterios, Professor of Internal Medicine, (Thessaloniki, Greece)

Prof. Kontakiotis Theodoros, Papanikolaou Hospital, Aristotle University (Thessaloniki, Greece)

Prof. Dr. Kreutz Reinhold, Institute of Clinical Pharmacology and Toxicology, Charité - University Medicine Berlin (Berlin, Germany)

Prof. Limperopoulos Evangelos, Associate Professor of Medicine, Faculty of Medicine, School of Health Sciences, University of Ioannina, (Ioannina Greece)

Prof. Lovic Dragan, FESC, FACP, Clinic for Internal disease Intermedica, Cardiology department, Hypertensive Centre (Nis, Serbia)

Prof. Lurbe Empar, EMD PhD FAHA, Head of Pediatrics, University General Hospital Consortium of Valencia, University of Valencia, CIBER0bn, Carlos III Health Institute, (Valencia, Spain)

Prof. Makaritsis Konstantinos P., MD, PhD, Associate Professor of Internal Medicine, University of Thessaly Medical School Department of Medicine, University Hospital of Larissa, (Larissa, Greece)

Prof. Micic Dragan, Vice Dean, Faculty of medicine, University of Belgrade, (Serbia)

Prof. Mikhailidis Dimitris, BSc MSc MD FCPP FCSP FFPM FRCP FRCPath, Department of Clinical Biochemistry, Royal Free Hospital Campus, University College London Medical School, University College London (UCL), (UK, London)

Prof. Narkiewicz Krzysztof, Department of Hypertension and Diabetology, Medical University of Gdansk, (Poland)

Prof. Nilsson Peter M., Lund University, (Malmo, Sweden)

Dr. Ninios Vlasios, Interventional cardiologist, St. Lucas Clinic (Thessaloniki, Greece)
Prof. Papadopoulos Christodoulos, Assistant Professor in Cardiology, Aristotle University of Thessaloniki, 3rd Cardiology Department, Hippocratic University Hospital, (Thessaloniki, Greece)

Pappas Apostolos, Marketing Manager Cardiovascular/Metabolics, ELPEN Pharmaceuticals Inc

Prof. Redon Jose, University Clinic Hospital of Valencia, University of Valencia, CIBEROhn, Carlos III Health Institute (Valencia, Spain)

Prof. Savopoulos Christos G., Professor of Internal Medicine, 1st Medical Propedeutic Department of Internal Medicine, Stroke Unit, Aristotle University of Thessaloniki, AHEPA University Hospital, (Thessaloniki, Greece)

Prof. Stabouli Stella, Assistant Professor in Pediatrics, 1st Department of Pediatrics, Aristotle University (Thessaloniki, Greece)

Prof. Tziomalos Konstantinos, Assistant Professor of Internal Medicine, Medical School, Aristotle University of Thessaloniki, (Greece)

Prof. Tsoufis Konstantinos, Associate Professor of Cardiology at the First University Cardiology Clinic of Athens University Hospital Hippocrates, (Athens, Greece)

Prof. Van de Borne Philippe, Erasmus Hospital – ULB, University clinics in Brussels (Belgium)

Prof. Zebekakis Pantelis, Professor of Internal Medicine, Chairman of First Department of Internal Medicine, AHEPA University Hospital of Thessaloniki, (Greece)
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