# Minutes of the Meeting of the ESH Scientific Council

#### Milan, June 16, 2017

#### Present:

- E. Agabiti-Rosei, President
- C. Tsioufis, Secretary
- M. Burnier, Treasurer
- B. Jelakovic, Officer at Large
- A. Dominiczak, Immediate Past President

ESH Council members:	Executive officers
T. Kahan	G. Mancia
R. Kreutz	G. Parati
E. Lurbe	D. Clement
P. van de Borne	A. Coca
B. Williams	

#### **Ex- officio members**

- C. Borghi
- D. Lovic

#### Apologies:

- M. Azizi, Vice President
- M. Bochud

# **1. PRESIDENT'S WELCOME**

The meeting was opened by the ESH President E. Agabiti-Rosei, who conveyed the apologies of M. Azizi and M. Bochud.

# 2. MINUTES OF MILAN SCIENTIFIC COUNCIL MEETING, January 28, 2017

The document was distributed to all Council members before the meeting, by the ESH Secretary C. Tsioufis and the Council unanimously accepted the minutes.

# 3. a) REPORT FOR 2017 ESH MEETING, MILAN

M. Maddalena from the AIM group provided a brief overview of the statistics for the 2017 meeting in Milan. The total number of abstracts received was 1484. The three countries with the most abstracts received were Russia, Italy and Greece. It was also reported that 267 faculty members were invited. The 2017 ESH meeting hosted 1 Educational Session (EGIS), 2 Satellite Symposia (SERVIER, MERCK), 1 How-to Session (SOMNOMEDICS), 1 Parallel Symposium (ASTRAZENECA) and 13 Minisymposia (BOEHRINGER INGELHEIM, BRISTOL-MYERS SQUIBB, CVRx, FUKUDA DENSHI, MEDTRONIC, MENARINI GROUP (n.2), MENARINI GROUP/DAIICHI SANKYO, OMRON HEALTHCARE EUROPE, RECOR MEDICAL, SERVIER (n.2), VIFOR PHARMA).

Furthermore, there were 28 exhibitors in a total surface of approximately 550 SQM. The total number of participants for 2017 was 2462. The top ten countries were Italy, Greece, Spain, Russia, Bulgaria, France, Poland, China, Germany and Japan.

Concerning the Budget, the Sponsorship incomes - confirmed reached  $\leq 1.082.950,00$ . The paying registrations (estimate approximately 2.000) reached  $\leq 1.000.654,00$ . The preliminary expenditures reached  $\leq 2.042.310,00$ . The Preliminary result reached approximately  $\leq 41.000,00$ . It should be noted that the minimum values guaranteed to the ESH and to the LOC are already calculated in these prospects. ( $\leq 150.000,00$  each).

# 3. b) CURRENT ESH SCIENTIFIC NEWSLETTERS

P. Van de Borne presented the following newsletters. that will be distributed during the 2017 ESH Annual Meeting:

- "Blood pressure targets in acute intracerebral hemorrhage" by Efstathios Manios et al
- "Update on device therapies for resistant hypertension" by Costas Tsioufis et al.

# **4. TREASURER'S REPORT**

M. Burnier presented the financial report of the ESH as per 31.12.2016. The total assets of the ESH amount to 1'575'063.92 Swiss francs. The net result for the year amounts to 78'029.02 Swiss francs. The total cash reached 797'500.25 Swiss francs and the retained earnings available to the general meeting and carried forward reached 1'012'887 Swiss francs.

# **5. ESH FOUNDATION (BRIEF REPORT)**

M. Burnier presented the financial report of the Foundation of ESH as per 31.12. 2016. The total assets reached 393'580.94 Swiss francs. The net result for the year amounts to - 128'088.28 Swiss francs. The total cash reached 351'564.89 Swiss francs and the retained earnings available to the general meeting and carried forward reached -282'246 Swiss francs.

#### 6. ESH COUNCIL 2017-2019

Prof. E. Agabiti-Rosei nominated Prof. Costas Tsioufis as the next President of the Society (2017-19), who will be elected by the ESH GA tomorrow. The nomination was unanimously accepted by the Council. Prof. Costas Tsioufis thanked the members of the Council for this great honor.

Prof. Costas Tsioufis proposed the following Council structurefor 2017-2019:

- E. Lurbe as Vice President
- R Kreutz as Secretary
- B Jelakovic to remain as Office-at-large
- M. Bochud to remain Treasurer
- P. van de Borne to remain responsible for the ESH Endorsement Programme/ESH Newsletters
- M. Azizi to remain responsible for the ESH Hypertension Specialist Programme

Prof. Costas Tsioufis' proposals were unanimously accepted by the Council.

Additionally, Prof. E. Agabiti-Rosei nominated two new Council Members J. Polonia (Portugal) and A. Januszewicz (Poland) who were unanimously accepted by the Council and will be elected by the ESH GA tomorrow.

Finally, implementing the decision of a previous Council Prof. Costas Tsioufis reconfirmed:

- E. Agabiti-Rosei as Representative for Far East Countries,
- Manolis as Representative for Middle East Relations and
- A.Coca as Representative for Latin America Relations.

Prof. Costas Tsioufis' proposals were unanimously accepted by the Council.

#### 7. FUTURE ESH MEETINGS

#### (a) 2018 ESH MEETING, BARCELONA

A. Coca informed the Council on the preparations for the 2018 ESH meeting in Barcelona.

#### (b) 2019 ESH MEETING, MILAN

The Council decided the 2019 ESH Meeting to be held in Milan and not in Rome, due to the fact that the Convention Centre in Rome is not convenient.

#### (c) 2020 ESH / ISH MEETING, GLASGOW

The preliminary preparations for the 2020 ESH / ISH Meeting in Glasgow will start soon.

#### (d) 2022 MEETING

Prof. Costas Tsioufis discussed the need to begin proceedings for selecting the city where the 2022 ESH Meeting will be held.

#### 8. ESH EDUCATIONAL ACTIVITIES

# CURRENT STATUS ON THE RELATIONSHIP WITH ESC (JOINT SESSIONS, ESH/ESC GUIDELINES)

G. Mancia and B. Williams informed us that the preparation for the Joint ESH/ESC Guidelines goes on. There is a lot of work to do, but the guidelines will be ready to be presented next June in the ESH Meeting in Barcelona.

Along these lines, it was made known that the process of requesting the participation of National Reviewers from ESH Affiliated Societies has already started.

This year a ESH/ ESC Joint Session is scheduled in both the ESH and ESC meeting.

# 9. HOW TO APPLY FOR THE ORGANIZATION OF THE PRE AND POST SATELLITE MEETING OF THE ESH ANNUAL MEETING

G. Mancia provided information concerning the application process of the Pre and Post Satellite Meeting of the ESH Annual Meeting. Moreover, G. Mancia stressed the need to set rules on the endorsement of the Pre and Post Satellite meeting, as well as rules on the role of the industry in organizing Satellite Symposiums.

# **10. RESEARCH PROJECTS**

The Council discussed the current status of ESH research activities.

# (a) ATRIAL FIBRILATION PROJECT

E. Agabiti – Rosei and B. Jelacovic provided a brief update on the atrial fibrillation project.

# (b) BP CONTROLS IN EUROPEAN COUNTRIES

G. Mancia, E. Agabiti – Rosei and B. Jelacovic provided a brief update on BP controls in European countries.

# (c) ARTEMIS / ESH App / MASTER

G. Parati provided a brief update on Artemis / ESH App / Master projects.

# **11. OMRON ACADEMY PROJECT**

A. Dominiczak, C. Tsioufis and G. Parati provided a brief update on the Omron Academy project.

# **12. ESH WEB PORTAL**

C. Tsioufis provided information concerning the ESH Web Portal. More specifically there are 119 new members from 49 countries (70 new members from 24 European countries and 49 new members from 25 non-European countries)

# **13. EUROPEAN HYPERTENSION SPECIALIST PROGRAMME (BRIEF UPDATE)-**

C. Tsioufis, instead of M. Azizi presented a brief report on the ESH European Hypertension Specialist Programme. The Council was informed that there are currently 1069 European Hypertension Specialists in 49 countries and 226 Hypertension Specialists were re-accredited from 41 countries.

# **14. ESH ENDORSEMENT**

P. Van de Borne informed the Council on the endorsement of the Symposium "Cardiovascular and metabolic changes at high altitude – relevance to cardiovascular risk?" held in Lima from May 25 to 26, 2017.

# **15. DATES AND VENUES FOR THE FUTURE ESH COUNCIL MEETING**

#### a. Glasgow, 30 September, 2017

C. Tsioufis announced that the future ESH Scientific Council meeting will be held on September  $30^{th}$  2017, in Glasgow.

#### b. January TBA

Instead of January, a meeting will be held on February 3<sup>rd</sup> 2018, in Barcelona.

#### **16. ANY OTHER BUSINESS AND CLOSURE**

E. Agabiti-Rosei thanked all the ESH scientific Council members who participated in the meeting. The newly elected ESH president, Costas Tsioufis thanked again the Council members and promised to work in order to further improve the status of the Society.

Prof. Enrico Agabiti-Rosei

ESH President

Prof. Costas Tsioufis

ESH Secretary

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