European Society of Hypertension Working Group on obesity, Diabetes and the High Risk Patients & Hellenic Society for Medical Education

Satellite symposium of the 2016 European Society Hypertension Meeting (Paris)

3-5 June, 2016

Porto Carras Hotel Chalkidiki, Greece

FINAL PROGRAM
Dear Friends, Dear Colleagues,

On behalf of the European Society of Hypertension Working Group on Obesity, Diabetes and the High Risk Patients and the Hellenic Society for Medical Education, it is our pleasure and privilege to welcome you to the Satellite Symposium to be held in Chalkidiki, June 3-5, 2016.

This Symposium is devoted to the understanding of blood pressure mechanisms in obesity, management of the related factors (hyperlipidemia and diabetes) and finally management of obesity induced increased total cardiovascular risk. Chalkidiki and Greece provides a unique opportunity to gather with colleagues from around the world and Europe in an exciting environment.

Our goal is to favour discussion and exchange between ESH working group, European specialists in the field of Obesity and Diabetes and specialists from our country, in order to better implement the management and treatment of hypertension, dyslipidemia and diabetes reducing total CV risk.

Your valuable participation would be highly appreciated. We sincerely hope that you will enjoy this meeting in Chalkidiki, Greece.

Best regards

Vasilios Kotsis
President of the ESH WG on obesity, diabetes and the high risk patient

Asterios Karagiannis
President of the Hellenic Society for Medical Education
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SCIENTIFIC PROGRAM

FRIDAY June 3, 2016

17.00-17:30  **Round table: Atrial fibrillation**  
Chairpersons: **Pitsavos C.** (Athens, Greece),  
**Ganotakis M.** (Heraklion, Greece)  
*New anticoagulant drugs in the treatment of patients with atrial fibrillation*  
**Antza C.** (Thessaloniki, Greece)  
*Aspirin in patients with cardiovascular risk. When?*  
**Grassos X.** (Athens, Greece)

17.30-18.00  **How to treat?**  
Chairperson: **Stabouli S.** (Thessaloniki, Greece)  
*A patient with dyslipidemia and increased liver transaminases*  
**Boutari C.** (Thessaloniki, Greece)  
*15 years old patient with white coat hypertension*  
**Stabouli S.** (Thessaloniki, Greece)  
*Patient with ischemic stroke and statin intolerance*  
**Tziomalos K.** (Thessaloniki, Greece)

18.00-19.00  **Round table: Antihypertensive treatment**  
Chairpersons: **Kotsis V., Tziomalos K.** (Thessaloniki, Greece)  
*Refractory hypertension: diagnosis and treatment*  
**Redon J.** (Valencia, Spain)  
*Hyperlipidemia and target organ damage*  
**Blacher J.** (Paris, France)  
*Drug combinations in the treatment of hypertension*  
**Kotsis V.** (Thessaloniki, Greece)

19.00-19.20  **Coffee Break**
19.20-20.00 Lectures
Chairpersons: Pitavos C, (Athens, Greece)
Karagiannis A. (Thessaloniki, Greece)
Association between obesity, prehypertension and chronic kidney disease
Jelaković B. (Zagreb, Croatia)
Statin associated diabetes mellitus
Elisaf M. (Ioannina, Greece)
SATURDAY June 4, 2016

9.30-10.30 Round table: Treatment of diabetes mellitus
Chairpersons: Hatziagelaki E. (Athens, Greece), Doumas M. (Thessaloniki, Greece)
Optimal treatment of Gestational Diabetes Mellitus
Gouli M. (Thessaloniki, Greece)
Diabetes treatment in patients with chronic kidney disease
Tsapas A. (Thessaloniki, Greece)
Which is the second drug after metformine in diabetes. DDP4 or SGLT-2?
Papanas N. (Alexandroupolis, Greece)

10.30-11.00 Lecture
Chairpersons: Tsioufis K. (Athens, Greece), Zebekakis P. (Thessaloniki, Greece)
Guidelines for the management of diabetes
Nillson P. (Malmo, Sweden)

15.00-16.30 Lunch Break

16:30-17:00 Lecture: Clinical trials update
Chairperson: Kotsis V. (Thessaloniki, Greece)
The effect of double fixed dose combination in hypertensive patients with CAD
Papadopoulos D. (Athens, Greece)

17.00-18.00 Round table: Smoking, obesity and Heart Failure
Chairpersons: Savopoulos C., Hatziotislois A. (Thessaloniki, Greece)
Smoking cessation and CV disease
Kontakiotis T. (Thessaloniki, Greece)
Guidelines for the management of obesity
Kiortsis D. (Ioannina, Greece)
75 years old patient with heart failure
Tzikas S. (Thessaloniki, Greece)
18.00-19.00  **Round table: How to treat?**
Chairpersons: Daniilidis M. (Thessaloniki, Greece), Kiortsis D. (Ioannina, Greece)
*Treatment of hypertension in patients with chronic kidney disease*
Sarafidis P. (Thessaloniki, Greece)
*60 years old patient with non-alcoholic liver disease, hyperlipidemia (LDL:190 with statin) and diabetes HbA1c 11.8 mg/dl*
Michailidis D. (London, UK)
*65 old patient with hypertension and increased arterial stiffness*
Galiagousi E. (Thessaloniki, Greece)

19:00-19:20  **Lecture**
Chairperson: Kotsis V. (Thessaloniki, Greece)
*The impact of perinatal life on cardiometabolic risk factors*
Lurbe E. (Valenthia, Spain)
SUNDAY June 5, 2016

10:00-11:00  Joint session European Society Diabetes and WG on obesity, diabetes and the high risk patients  
Kotsis V. (Thessaloniki, Greece), Nilsson P. (Malmo, Sweeden)  
The role of bariatric surgery in the reduction of Cardiovascular risk in morbid obese patients  
Pournaras D. (Cambridge, UK)  
Measurement of home blood pressure: When and how?  
Parati G. (Milano, Italy)

11:00-12:00  Joint European Atherosclerosis Society-ESH WG on obesity, diabetes and the high risk patients session  
Chairpersons: Kotsis V. (Thessaloniki, Greece), Nilsson P. (Malmo, Sweeden)  
PREVENTION AND LIPID GUIDELINES  
ESC/EAS lipid guideline and its implementation  
Tokgozoglu L. (Ankara, Turkey)  
New riskfactors for obesity: influence of genetics and microbiome  
Dallinga-Thie G. (Amsterdam, Netherlands)

12:00-12:30  Lectures  
Chairpersons: Karagiannis A., Kotsis V. (Thessaloniki, Greece)  
Hypertension and the brain  
Coca A. (Barcelona, Spain)
ACKNOWLEDGEMENTS

The Organizing Committee wishes to thank all the following Pharmaceutical Companies for their support and contribution to the Symposium.
GENERAL INFORMATION

Congress Secretariat
PRAXICON
Ethnikis Antistaseos 101, 55 134 Kalamaria -Thessaloniki
Tel.: 0030 2310 460 682, 0030 2310 460 652 Fax: 0030 2310 435 064
E-mail: info@praxicon.gr – Website: www.praxicon.gr

Certificate of Attendance
All registered participants who have attended at least 60% of the total scientific program will receive a certificate of attendance from the Secretariat Desk.

Audiovisual Equipment / Information for Speakers
A slide preview room is located in the congress venue. ONLY PC DATA PROJECTION WILL BE AVAILABLE AT THE MEETING. The conference rooms will be provided with a laptop computer, therefore the use of one’s laptop will not be allowed. Speakers are kindly requested to contact the slide preview room to upload their presentation at least 1 hour before the beginning of the session.

Language
The official languages of the Symposium are Greek and English.