

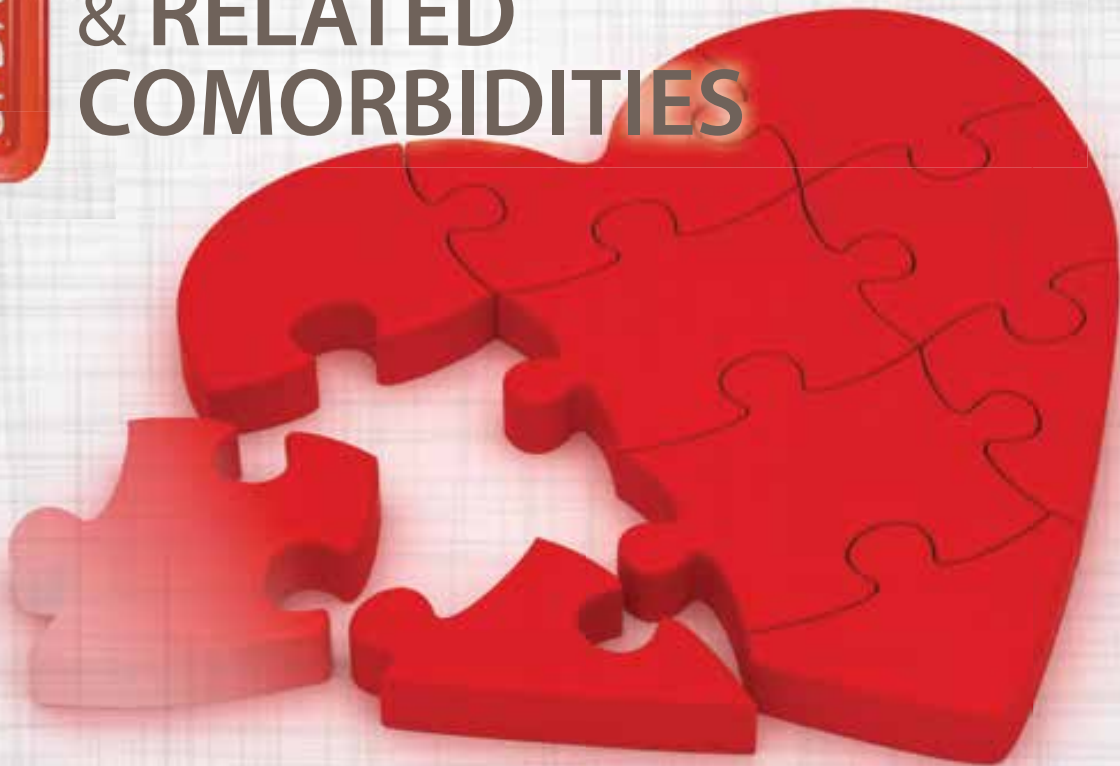


European Society of Hypertension

**6<sup>th</sup>** Official pre-ESH Congress  
Satellite Symposium



# DIFFICULT TO CONTROL **HYPERTENSION** & RELATED COMORBIDITIES



Hellenic Society  
of Hypertension



ESH Working Group  
Interventional treatment  
of Hypertension



University of Athens  
School of Medicine



Hellenic Cardiological Society  
Working Group  
Arterial Hypertension

**29-30 MARCH 2019**

Benaki Museum **Amphitheater**

138 Piraeus Street, **ATHENS**

Chairman: **C. Tsioufis**

Co-chairman: **R.E. Schmieder**

# SCIENTIFIC PROGRAM

## WORKSHOP: HYPERTENSION AND ATRIAL FIBRILLATION

Friday, March 29, 2019

- 14.30-15.00 Registrations-Coffee  
*Workshop: Better implementation of guidelines, less complications of Hypertension*
- 15.00-16.00 **ROUND TABLE I**  
**Stratification of Cardiovascular risk**  
*Chairmen: P. Agathagelou, D. Clement, M. Andreadis*  
How to correctly assess total cardiovascular risk in hypertension  
**H. Grassos**  
Blood pressure pattern and risk for cardiovascular and renal events: we have forgotten the diastolic Blood pressure  
**G. Polonia**  
Hypertension mediated organ damage and CV risk. Is the assessment of LVH enough?  
**E. Agabiti-Rosei**  
White coat hypertension /masked HTN and CV risk. What is worst for the patient?  
**V. Kotsis**  
*Panelists: I. Papadakis, A. Triantafilou, E. Andrikou, TBA*
- 16.00-17.00 **ROUND TABLE II**  
**Heart, Kidney and hypertension: The do and do not do in a hypertensive patient with:**  
*Chairmen: I. Boletis, M. Burnier, M. Viigima*  
Diabetic or no-diabetic nephropathy  
**B. Jelacovic**  
Kidney transplantation  
**S. Marinaki**  
Preserved ejection fraction heart failure  
**E. Triantafilidi**  
Three (3) vessel coronary artery disease  
**K. Dimitriadis**  
*Panelists: F. Lagiou, Damianaki, A. Pittaras, L. Poulimenos*
- 17.00-17.30 **SATELLITE LECTURE (TBA)**
- 17.30-18.00 Coffee Break
- 18.00-19.00 **ROUND TABLE III**  
**5 Challenging cases in the management of hypertension**  
*Chairmen: M. Doropantu, I. Zarifis, D. Lovic*  
Postural hypotension  
**M. Marketou**  
Postural hypertension  
**M. Kalistratos**  
High blood pressure during exercise treadmill test  
**D. Papadopoulos**  
Labile hypertension  
**G. Grassi**  
Spurious hypertension  
**A. Protogerou**  
*Panelists: N. Magkas, M. Pikilidou, F. Stylianou, D. Gourlis, Pierre Boutouyrie*

## Friday, March 29, 2019

19.00-19.30 **SATELLITE LECTURE (TBA)**

19.30-20.30 **ROUND TABLE IV**

***Hypertension and cerebrovascular disease and cognition: The do and the not to do in a hypertensive patient with:***

*Chairmen:* **A. Chatzitoliou, T. Makris, P. Zembekakis**

Transient ischemic attack

**G. Tsivgoulis**

Paroxysmal atrial fibrillation

**D. Tsiachris**

Acute intracerebral haemorrhage

**E. Manios**

Cognitive dysfunction and dementia

**A. Coca**

*Panelists:* **C. Savopoulos, D. Chatzis, Koromboki, E. Fragoulis,**

20.15-20.45 **END OF THE FIRST DAY MEETING**

## Saturday, March 30, 2019

08.45-09.00 **WELCOME ADDRESS**

09.00-11.00 **MANAGEMENT OF HYPERTENSION IN CLINICAL PRACTICE ACCORDING TO THE NEW EUROPEAN HYPERTENSION GUIDELINES**

*Chairpersons:* **C. Tsioufis, G. Mancia**

How to make the diagnosis of hypertension

**K. Narkiewicz**

Blood pressure measurement. Which technic and which method to use?

**J. Redon**

When to initiate antihypertensive drugs

**R.E. Schmieder**

The concept of Blood pressure treatment target range

**G. Mancia**

How to achieve blood pressure targets

**C. Tsioufis**

How to treat resistant hypertension

**A. Januszewicz**

How to manage concomitant cardiovascular disease risk

**R. Kreutz**

*Panelists:* **G. Stergiou, A. Manolis, C. Thomopoulos**

11.00-11.30 **Coffee break**

## Saturday, March 30, 2019

### 11.30-12.45 **MANAGEMENT OF SECONDARY HYPERTENSION**

*Chairmen:* **S. Douma, C. Farsag, E. Iliodromitis**

When and how to screen for secondary HTN

**TBA**

Drugs induced hypertension: mechanisms

**TBA**

Key points in the diagnostic algorithm for primary aldo

**M. Azizi**

Genetic causes of hypertension. How to screen and how to treat

**Jiri Widimsky**

### 12.45-13.15 **SATELLITE SYMPOSIUM (TBA)**

### 13.15-13.45 **SATELLITE SYMPOSIUM (TBA)**

### 13.45-14.30 Light lunch

### 14.30-15.30 **THE DO AND THE DO NOT DO IN THE MANAGEMENT OF A HYPERTENSIVE PATIENT**

*Chairmen:* **E. Agabiti-Rosei, D. Vlachakos, D. Tousoulis**

With aortic dilatation

**K. Filis**

With fibromascular dysplasia

**A. Persu**

With hyperurichemia

**C. Borghi**

On haemodialysis

**P. Sarafidis**

On treatment for cancer

**Gianpaolo Rossi**

*Panelists:* **TBA**

### 15.30-16.45 **HYPERTENSION AND FEMALE SEX. THE DO AND THE DO NOT DO IN THE MANAGEMENT OF HYPERTENSION**

*Chairmen:* **Tawfik Albassam, M. Vigima E. Iliodromitis**

Hypertension in a 20 years old female on oral contraceptives

**E. Lurbe**

A 42 years old hypertensive female is prepared for In Vitro Fertilization (IVF)

**V. Katsi**

An obese 35 years old female with prosthetic aortic valve became pregnant and the BP starts to rise

**J. Brulian**

A 28 years old female complains for high blood pressure 3 days after delivery

**R. Cifkova**

*Panelists:* **S. Stabouli, C. Geladari, M. Pikilidou, M. Papavasiliou**

### 16.45-17.00 Coffee Break

### 17.00-19.30 **ESH EXCELLENCE CENTERS AND WG MEETING**

*Chairperson:* **C. Tsioufis, B. Jelacovicz, G. Parati**