

## CURRENT NUCLEUS OFFICERS 2018-2020

(Elected in Barcelona, June 10<sup>th</sup>, 2018)

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### **Curriculum Vitae Summary July 2018**

Pedro Guimarães Cunha is Professor of Medicine at the School of Medicine, Minho University, Braga/Guimarães, Portugal. He works at the Hospital Senhora da Oliveira, Guimarães, Portugal where he coordinates the Outpatient Clinic of Hypertension and Renal Diseases in the Center for the Research and Treatment of Hypertension and Cardiovascular Risk (ESH Excellence Center). He also coordinates the Stroke Unit of that Hospital. He obtained his MD from the Instituto de Ciências Biomédicas Abel Salazar, Oporto University and his PhD from the University of Minho School of Medicine, Portugal. He is currently a researcher of the Life and Health Sciences Research Institute (IICVS) and the 3B's – Government Associate Laboratory, from Minho University. He has previously trained at the Centre d'Investigations Cliniques – Hôpital Européen Georges Pompidou, Paris, France. Professor Cunha is a member of the Portuguese Society of Hypertension, member of the Artery Society and Fellow of the European Society of Hypertension (European Hypertension Specialist since 2011, reaccredited in 2016). In 2014 he was elected Officer of the ESH Working Group on Hypertension and the Brain and in 2016 he was nominated for the Executive Committee of the Artery Society. In 2018 he was elected President of the same Working Group. He serves as a Board Member of the Internal Medicine Specialty College in Portugal. He is currently the Coordinator of the Iberian Network on Arterial Structure, Central Hemodynamics and Neurocognition (founded in November 2017). He has authored, co-authored and reviewed several manuscripts on hypertension and vascular aging in peer-reviewed international journals, as well as book chapters, and has presented invited lectures at international and national meetings and universities. He has collaborated in several international multicentre studies in the field of blood pressure, cardiovascular risk, large arteries, vascular and brain aging, as well as neurocognition.



### **Curriculum Vitae Summary**

**July 2016**

Cristina Sierra is Associate Professor, Medical Consultant-1 of the Department of Internal Medicine, Hospital Clínic, School of Medicine, University of Barcelona, Spain. She is a staff member of the Hypertension and Vascular Risk Unit since 1996. She obtained the PhD in 2002 from the University of Barcelona School of Medicine, Spain for her work on blood pressure and silent cerebral damage. The same year she obtained the title of Specialist in Arterial Hypertension by the European Society of Arterial Hypertension. Since 2011 is Investigator of the IDIBAPS (Instituto de Investigaciones Biomédicas August Pi i Sunyer; Barcelona, Spain), within the Group “Vascular Risk, Nutrition and Aging”. She has been Associate Editor of the journal “*Hipertensión y Riesgo Vascular*”, the official journal of the Spanish Society of Hypertension (2005-2011). She was officer of the Scientific Council of the Spanish Society of Hypertension (2006-2010) and the Secretary of the Scientific Council of the Catalan Society of Hypertension (2008-2012). She worked as post-doc fellow for one-year (2010-2011) at the Cardiovascular Prevention Center/Lady Davis Institute Laboratory of the Jewish General Hospital, in Montreal, Canada. She is currently the Coordinator of the Working Group on Hypertension and Brain of the Spanish Society of Hypertension since March 2012. Member of the Current Nucleus Officers of the Working Group on Hypertension and the Brain of the European Society of Hypertension since 2014; she was the Secretary of the Working Group on Hypertension and the Brain of the European Society of Hypertension from 2016 to 2018, and she is currently the Vice-Chair of the Group. Her main research is devoted to silent structural and functional cerebral involvement induced by hypertension and cognitive decline. She has published more than 100 original articles, reviews and editorials in peer-review international journals, as well as book chapters, and has presented more than 50 invited lectures in national and international meetings.



### **Curriculum Vitae Summary**

Dariusz Gasecki is an Assistant Professor at the Department of Adult Neurology in Medical University of Gdansk in Poland since 2014. He obtained his both MD and PhD from the Medical University of Gdansk, Poland. He is a certified neurologist with academic training and has over 20 years of experience in cerebrovascular diseases as the active member of the Stroke Unit in Medical University of Gdansk. He supported his training in Stroke Medicine and in Neurointensive Care at the University of Muenster, Germany.

Currently Dr Gasecki serves as the coordinator of the Stroke Unit, as well as a member of multidisciplinary team at the Department of Hypertension (Center of Excellence ESH) in Medical University of Gdansk.

He is member of the Polish Neurological Society, Polish Stroke Society, European Society of Hypertension. He was the President of the ESH Working Group of Hypertension and the Brain, 2016-2018.

He is author of more than 30 papers in peer-reviewed international journals and invited speaker in more than 50 lectures at both national and international meetings. His main research interest focuses on arterial stiffness, acute hypertensive response, blood pressure variability and acute stroke.



### **Curriculum Vitae Summary**

**July 2018**

Dagmara Hering is an Associate Professor at the Medical University of Gdansk, Poland and a Professorial Fellow at Baker IDI Heart and Diabetes Institute, Melbourne, Australia. She is a medical scientist and clinical specialist in internal medicine (2007) and hypertension (2010), also recognized by the European Society of Hypertension (2012). She obtained her PhD (2006) and habilitation (2013) from the Medical University of Gdansk. Her clinical research has been focused on the role of the sympathetic nervous system and its reflex mechanisms, arterial stiffness, and haemodynamics in the development of hypertension and its progression including cardiovascular and renal complications. She has substantially contributed to the understanding of the efficacy of novel device-based therapies (i.e. slow breathing technique, renal denervation, carotid body denervation) for the management of hypertension, heart failure and chronic kidney disease. She has expertise in muscle sympathetic nerve activity (MSNA, microneurography), for which she is renowned internationally. She has worked at the Baker IDI Heart & Diabetes Institute, Melbourne, Australia (2011-2014) where she was acquainted with the state-of-the-art noradrenaline spillover technique. Between the years 2015-2018, she has worked at the University of Western Australia-Royal Perth Hospital to institute these research methods into new and continuing clinical research projects. She actively peer reviews over 30 international journals and is an associate Editor for the BMC Cardiovascular Disorder Journal and the Cardiology Journal. She is a member of the Polish Society of Hypertension (PSH), ESH, International Society of Hypertension (ISH) and High Blood Pressure Research Council of Australia (HBPRCA). She has received a total of 17 awards including those obtained from the PSH, ESH, ISH, HBPRCA, Polish Academy of Science, and Polish Academy of Science and Arts. She has been invited to speak and co-chair at ~30 international conference meetings. She is an expert author contribution to The Lancet Commission on Hypertension, and co-author of over 120 publications including original research papers, review articles, book chapters and editorials with over 2000 citations.

## Professor Dragan Lovic, MD, PhD, FESC, FACP

Prof. Dragan Lovic, work in the Clinic for Internal disease InterMedica. He is specialist of internal medicine and cardiology. Dr Lovic is at moment chief of Hypertensive Center.

Prof. Lovic is mainly interested in research of performing twenty-four hour ambulatory blood pressure monitoring and analysis, examining the pathogenesis of hypertension. He is interested in coronary heart disease, neurohormonal activation and treatment of heart failure, arrhythmias and Cardiovascular prevention.

Prof. Lovic had over 350 abstracts and 50 papers published in international and national Journals. These have been in the fields of internal medicine, rheumatology, cardiology and hypertension. He was and is participant in few clinical studies and recent projects as well as a National Coordinator in 3 recent studies (Artemis Project, ESH-SHOT Project and EUROASPIRE IV Project).

Prof. Lovic was invited lecturer on over 100 Meetings on Hypertension European and World Congresses as well as National Meetings in a field of Hypertension

He is a President of the Serbian Society of Hypertension. Dr Lovic was also a General Secretary of Serbian Association of internal medicine since 2010-2014. and general Secretary of Serbian Cardiology Society from 2010-2012.

He is member of editorial board of several international Journals and reviewer in ten international Journals.

Prof. Lovic is elected fellow of European Society of Cardiology (FESC), and the member of nucleolus of the Working group `` Hypertension and heart `` of ESC (European Society of Cardiology) from 2012-2014. as well as a Fellow of American College of Physicians (FACP).

In the ISH (International Society of Hypertension) dr Lovic is serving as a member of RAG (Regional Advisory Group) for East Europe and middle east. 2010-2014 and re-elect 2014-2018.

European Society of Hypertension (ESH) Council Member elects 2016.

**Memberships:** Serbian Association of internal Medicine; Serbian Society of Hypertension; Cardiology Society of Serbia; Serbian Chamber of Medical Doctors, American Society of Hypertension (ASH), European Society of Hypertension (ESH), International Society of Hypertension (ISH), European Federation of Internal Medicine (EFIM), American College of Physicians (ACP).

Working group Hypertension and the heart of ESC

Working group Arrhythmias and thrombosis of ESH

Working group Hypertension and brain- ESH



**Curriculum Vitae Summary  
July 2018**

Efstathios Manios serves as an Assistant Professor at the Department of Clinical Therapeutics, Medical School, National and Kapodistrian University of Athens, in Greece since 2015. He is a Board-certified Internist (2006) with academic training and qualification in the field of Hypertension (European Hypertension Specialist since 2012). He was awarded a PhD for his work on blood pressure in the acute phase of stroke at the University of Athens in Greece. He received his training in Stroke Medicine at the Stroke Unit, Department of Cardiovascular Sciences, University of Leicester, General Hospital of Leicester in UK, supported by scholarship from the Hellenic Society of Hypertension. Dr Manios has over 15 years of experience in Stroke Medicine being an active member of the multidisciplinary stroke team at the Department of Clinical Therapeutics (Acute Stroke Unit, outpatient clinics). Currently Dr Manios serves as the Head of the Hypertension Unit at the Department of Clinical Therapeutics in Athens, Greece (Center of Excellence ESH). He is member of the Hellenic Society of Hypertension, Hellenic Stroke Organization and European Society of Hypertension. He is author of more than 90 papers in peer-review international journals and invited speaker in more than 100 invited lectures at national and international meetings. He has participated as co-investigator and principal investigator in several randomized clinical trials in stroke and hypertension. His main research interest focuses on blood pressure measurements, blood pressure variability, blood pressure management in acute stroke and secondary stroke prevention.



PROF. DR. AUGUSTO ZANINELLI, MD, FAHA, FESO

#### MEDICAL SCHOOL

- Degree on Medicine and Surgery, University of Milan on July 16, 1980, Milano, Italy

#### PRESENT APPOINTMENT

- President of the System Academy, School for Competence Certification in Health Professional and Technology, Florence, Italy
- Professor of General Practice, University of Florence, Florence, Italy
- General Practitioner/Family Physician, Primary Care at Romano di Lombardia (Italy)

#### FELLOWSHIP

- Graduation of Specialist on Internal Medicine, Postgraduate Specialty Course on Internal Medicine of University of Milan on July 10, 1986
- Graduation of Specialist on Cardiology, Postgraduate Specialty Course in Cardiology of University of Perugia, November 3, 1992
- Graduation of European Hypertension Specialist, June 2003, European Society of Hypertension
- Graduation on Professor of General Practice by the University of Florence, Medical School, on December 17, 2003
- Graduation of Fellow of the American Heart Association/American Stroke Association on November 2007
- Graduation of Fellow of the European Stroke Organization on October 2010
- Honorary Professor, Cardiology Branch, Henan Medical Society, Zhengzhou, People Republic of China, on September 8, 2012



## AFFILIATIONS

Since 1982 he works as General Practitioner at Romano di Lombardia (Italy), and since 2004 he serves as Professor of General Practice at the University of Florence, School of Medicine.

Furthermore, he is:

- Co-Founder and President of the System Academy: educational, training and certification for health, professional and technology ([www.sys-academy.org](http://www.sys-academy.org))
- Past-President of the Italian Interdisciplinary Society for Primary Care (SIICP – [www.siicp.it](http://www.siicp.it))
- Co-founder and President of audit board of the “Italian Stroke Organization”, ([www.iso-stroke.it](http://www.iso-stroke.it)) an association including the most important Italian Physicians for stroke prevention and management
- Co-editor of the ISO-SPREAD Collaborative Group: the official Italian stroke guidelines ([www.iso-spread.it](http://www.iso-spread.it))
- Co-founder of SIMMED, the Italian Society of Simulation in Medicine ([www.simmed.it](http://www.simmed.it))
- Member of Executive Committee of the Hypertension & Brain Working Group of the
- European Hypertension Society ([www.eshonline.org](http://www.eshonline.org))

## MOST IMPORTANT SCIENTIFIC SOCIETY AND OTHER GROUP MEMBERSHIP

- The Society for Simulation in Healthcare (since 2011)
- American Heart Association, High Blood Pressure Council and Stroke Council (since 2001)
- European Stroke Organization and past member of the International Liason Committee
- European Society of Hypertension (since 2002), member of Executive Committee of the Hypertension & Brain Working Group (since 2014)
- International Society of Hypertension (since 2002)
- Italian Society of Cardiovascular Prevention (since 2002), as founding member and past

## Secretary

- Italian College of General Practitioners (since 1989)
- Italian Society of Hypertension (since 1984)
- American Stroke Association (since 2003)
- American Academy of Family Physicians (since 2004)
- Referee for CME events on behalf of Italian Ministry of Health (since 2004)
- Henan Medical Society, Zhengzhou, People Republic of China

## REFERENCES

Prof. Zaninelli is author or co-author of about 250 papers published in peer reviewed issues or in free press. Furthermore, he is author of about 40 textbooks regarding the field of stroke, hypertension, coronary artery disease, medical simulation and primary care and books oriented to patient's education. Particularly he is:

- co-director of the issue "CardioVascular and Metabolic Journal"
- co-director of the web site "www.cardiotool.net"
- scientific editorial board of the issue "the Italian Journal of Primary Care"
- scientific editorial board of the issue "High Blood Pressure & Cardiovascular Prevention"
- scientific editorial board of the issue "Patient at Cardiovascular Risk"

## OTHER INTERESTS

Since 2014 he is Co-founder, Board of Directors Member and Chief Healthcare Service of EXOM Group, a CRO Company, based in Milan (Italy)



### **Curriculum Vitae Summary July 2018**

Augusto Vicario is graduated of the University of Buenos Aires, Medical School and, pos-graduated in Cardiology in the University of Salvador, Buenos Aires, Argentina. Currently, he is coordinating medical and scientific activity in the Heart-Brain Unit, of the Cardiovascular Institute of Buenos Aires (ICBA), heads the Heart and Brain Federal Network in Argentina and elected member of the Nucleus Officer of the Working Group Hypertension and Brain of the European Society of Cardiology (ESH). Dr. Vicario is Past-President of the Cardiology Society of Buenos Aires (2013), he has held different positions in the Nucleus Officer of the Argentinian Federation of Cardiology (2005-2015). He is a full member of the Argentinian Society of Hypertension and the Argentinian Federation of Cardiology. He was director of the Brain and Heart Study in Argentina, and he was co-director in the Joint Executive Committee (Argentinian Society of Cardiology and Argentinian Federation of Cardiology) of RENATA 2 study (National Registry of Hypertension in Argentina). In 2013-2015 he was coordinator of the Executive Committee of Alzheimer National Programme and other Dementias of the Social Development Ministry, Presidency of the Nation. From 2005 to present is Guest Teacher by Universities in Postgraduate and Master's courses. Dr. Vicario has received investigation grants from Health Ministry of the Presidency of the Nation and Argentinian Society of Hypertension. He has been awarded several times for his research works. He was editor of the first guidelines on Cognitive Status in hypertensive patients and others vascular diseases in Argentina, author of 7 book's chapter, author and co-author over 40 scientific publications in national and international journals with "peer-review" and has been invited in more than 100 lectures at national and international meetings all related to topics of hypertension, vascular brain disease, cognitive impairment, dementia and Alzheimer's disease.