



European society of Hypertension

**2<sup>nd</sup> Official pre-ESH Congress Satellite Symposium**



# RESISTANT **HYPERTENSION** & RELATED COMORBIDITIES



Hellenic Society  
of Hypertension



ESH Working Group  
Interventional treatment  
of Hypertension



University of Athens  
School of Medicine



Hellenic Cardiological Society  
Working Group  
Arterial Hypertension

MARCH

**27-28 2015**

Benaki Museum **Amphitheater**  
138 Piraeus Street, **ATHENS**

Chairman: **C. Tsioufis**  
Co-chairman: **R.E. Schmieder**

# SCIENTIFIC PROGRAM

Friday, March 27, 2015

## WORKSHOP: HYPERTENSION AND ATRIAL FIBRILLATION

15.00-15.30 Registrations - Coffee

### 15.30-16.45 ROUND TABLE I

*The essentials of atrial fibrillation and hypertension*

Chairmen: **K. Gatzoulis, Ant. Manolis**

Epidemiology

**M. Marketou**

Clinical patterns of atrial fibrillation

**I. Skiadas**

Pathophysiology

**P. Flevari**

Estimation of the embolic risk

**P. Stougianos**

Panelists: **V. Adamopoulou, S. Kourouklis, S. Sideris, D. Chatzis**

### 16.45-17.15 DEBATE I

*Atrial fibrillation in hypertensive man in his fifties*

Chairman: **D. Tousoulis**

Rate control is enough

**P. Dilaveris**

Rhythm control is essential

**G. Andrikopoulos**

### 17.15-17.40 SATELLITE LECTURE (ABBOTT)

*Atrial fibrillation. An old disease with new therapeutic choices*

### 17.40-18.05 SATELLITE LECTURE (WINMEDICA)

*Antiarrhythmic drug choices in the hypertensive patient with atrial fibrillation*

18.05-18.15 Coffee break

**18.15-18.45 DEBATE II**

***A 75 old hypertensive female with left ventricular hypertrophy and paroxysmal atrial fibrillation: What the appropriate anticoagulant***

**Chairman: A. Achimastos**

The old one is preferable

**D. Richter**

The new oral anticoagulant is the best choice

**I. Zarifis**

**18.45-20.00 ROUND TABLE II**

***Management of atrial fibrillation in a hypertensive patient. The clinical meaning of***

**Chairmen: A. Katsivas, T. Makris,**

Blood pressure control

**K. Dimitriadis**

Glycaemic control in diabetics and kidney dysfunction

**D. Syrseloudis**

Targeting the autonomic system

**S. Tzeis**

Targeting pulmonary veins

**M. Efremidis**

**Panelists: P. Giovas, D. Gourlis, E. Andrikou, P. Ioannidis**

**20.00-20.30 SATELLITE LECTURE (BAYER)**

***Management of rivaroxaban in patients with atrial fibrillation***

**20.30-21.15 PODIUM DISCUSSION**

***Current status of uncontrolled hypertension and atrial fibrillation in the Balkan area***

**Moderators: M. Papavasiliou, A. Pitaras**

**Panelists: B. Jelacovic, V. Katsi, D. Lovic**

## Saturday, March 28, 2015

08.45

### WELCOME ADDRESS

**C. Tsioufis**, *Chairman of the Symposium*

**R.E. Schmieder**, *Co-Chairman of the Symposium*

09.00-10.30 **ROUND TABLE I**

### **Basics on resistant/difficult to control hypertension**

*Chairmen:* **E. Agabiti-Rosei, G. Mancia, Ath. Manolis**

Epidemiology and clinical importance

**J. Redon**

The problem of white coat effect in a resistant hypertensive patient

**G. Stergiou**

How to improve patients compliance

**C. Grasos**

How to optimize pharmacological therapy

**G. Mancia**

*Panelists:* **V. Kotsis, E. Manios, E. Triantafilidi, K. Pantos**

10.30-11.30 **ROUND TABLE II**

### **Common causes of difficult to control hypertension**

*Chairmen:* **I. Kallikazaros, E. Iliodromitis**

Obstructive Sleep Apnea Syndrome: How to assess and how to treat

**G. Parati**

Primary aldosteronism: How to assess and how to treat

**E. Andreadis**

Dysautonomia: How to assess and how to treat

**A. Coca**

*Panelists:* **C. Thomopoulos, K. Kifnidis, D. Papadopoulos**

11.30-11.45 Coffee break

**11.45-13.15 ROUND TABLE III**

***Modulation of the autonomic tone for hypertension treatment. Where we are***

**Chairmen: G. Parati, F. Tryposkiadis**

Pharmacological approach

**C. Tsioufis**

Renal Denervation

**F. Mahfoud**

Baroreceptor stimulation

**M. Dumas**

Arterial-Venous fistula

**R.E. Schmieder**

The future of interventional therapy

**M. Bohm**

**13.15-13.40 SATELLITE LECTURE (SERVIER)**

***Combining the gold standards of three worlds***

**13.40-14.05 SATELLITE LECTURE (PFIZER)**

***Individualizing the anticoagulant treatment in patients with non valvular atrial fibrillation. The role of apixaban***

**14.05-14.45 Lunch break**

**14.45-16.15 ROUND TABLE V**

***Hypertensive heart-kidney disease: An update***

**Chairmen: P. Nihoyianopoulos, D. Vlachakos**

How to differentiate a hypertensive left ventricular hypertrophy from the athletes

**A. Anastasakis**

How to treat a hypertensive patient with dyspnea and preserved ejection fraction?

**E. Agabiti-Rosei**

Treating proteinuria. Has any clinical value?

**R.E. Schmieder**

The challenges of treating hypertensives with end stage renal disease

**P. Sarafidis**

**Panelists: C. Aggeli, C. Chrysochoou, D. Petras, N. Kaperonis**

**16.15-16.45 SATELLITE LECTURE (NOVARTIS)**

**TBA**

**16.45-17.00 Coffee break**

**17.00-18.30 ROUND TABLE VI**

***Common issues in an uncontrolled hypertensive patient***

***Chairmen: S. Fousas, G. Vysoulis***

***Sexual dysfunction: How to approach and treat***

***C. Vlachopoulos***

***Aortic aneurysm. Monitoring and therapy***

***A. Naka***

***Treating an elderly hypertensive. What to pay attention***

***A. Protogerou***

***When to refer a hypertensive patient to a hypertension excellence center***

***P. Kalogeropoulos***

***Panelists: N. Ioakimidis, K. Filis, F. Lagiou, E. Fragoulis***

**18.30-19.00 SATELLITE LECTURE (MSD)**

***Dyslipidemia in high risk patients. Message from the IMPROVE-IT trial***

**19.00 CLOSING REMARKS**

***C. Tsioufis, R.E. Schmieder***

## FACULTY

Achimastos A.	Ioakimidis N.	Parati G.
Adamopoulou V.	Ioannidis P.	Petras D.
Agabiti-Rosei E.	Jelacovic B.	Pitaras A.
Aggeli C.	Kallikazaros I.	Protogerou A.
Anastasakis A.	Kalogeropoulos P.	Redon J.
Andreadis E.	Kaperonis N.	Richter D.
Andrikopoulos G.	Katsi V.	Sarafidis P.
Andrikou E.	Katsivas A.	Schmieder R.E.
Bohm M.	Kifnidis K.	Sideris S.
Chatzis D.	Kotsis V.	Skiadas I.
Chrysochoou C.	Kourouklis S.	Stergiou G.
Coca A.	Lagiou F.	Stougianos P.
Dilaveris P.	Lovic D.	Syrseloudis D.
Dimitriadis K.	Mahfoud F.	Thomopoulos C.
Doumas M.	Makris T.	Tousoulis D.
Efremidis M.	Mancia G.	Triantafilidi E.
Filis K.	Manios E.	Tryposkiadis F.
Flevari P.	Manolis Ant.	Tsiachris D.
Fousas S.	Manolis Ath.	Tsioufis C.
Fragoulis E.	Marketou M.	Tzeis S.
Gatzoulis K.	Naka A.	Vlachakos D.
Giovas P.	Nihoyianopoulos P.	Vlachopoulos C.
Gourlis D.	Pantos K.	Vysoulis G.
Grasos C.	Papadopoulos D.	Zarifis I.
Iliodromitis E.	Papavasiliou M.	

## GENERAL INFORMATION

### Official pre-ESH congress Satellite Symposium

Update on Resistant Hypertension and related comorbidities

Chairman: **C. Tsioufis**, Secretary of ESH

Co-Chairman: **R.E. Schmieder**, Vice president of ESH

### Venue location & Dates

The official pre-ESH Satellite Symposium will be held from Friday, March 27th to Saturday, March 28th 2014 in Athens, at BENAKI MUSEUM (138 Piraeus str., Athens 118 54, Greece, <http://www.benaki.gr/?id=40202&lang=en>)

### Registration - Certificate of attendance - Credits

The registration fee for the participants is 80,00 €. All registered participants are entitled to receive a Certificate of Attendance.

The Certificate will be issued only upon display of participant badge, which will be issued by the Symposium secretariat and only upon satisfactory attendance.

The Symposium is accredited with 9 CME credits by the Panhellenic Medical Association.

### Official Language




The official language of the course is English.



### Exhibition

The Symposium will be accompanied by a major exhibition where pharmaceutical and/or equipment/device industries will display relevant products and therapeutic developments.

### Organizing Bureau - Secretariat

#### Congress World Event - Travel EE

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