RESISTANT HYPERTENSION & RELATED COMORBIDITIES

MARCH 27-28 2015
Benaki Museum Amphitheater
138 Piraeus Street, ATHENS
Chairman: C. Tsioufis
Co-chairman: R.E. Schmieder
WORKSHOP: HYPERTENSION AND ATRIAL FIBRILLATION

15.00-15.30 Registrations - Coffee

15.30-16.45 ROUND TABLE I
The essentials of atrial fibrillation and hypertension
Chairmen: K. Gatzoulis, Ant. Manolis
Epidemiology
M. Marketou
Clinical patterns of atrial fibrillation
I. Skiadas
Pathophysiology
P. Flevari
Estimation of the embolic risk
P. Stougianos
Panelists: V. Adamopoulou, S. Kourouklis, S. Sideris, D. Chatzis

16.45-17.15 DEBATE I
Atrial fibrillation in hypertensive man in his fifties
Chairman: D. Tousoulis
Rate control is enough
P. Dilaveris
Rhythm control is essential
G. Andrikopoulos

17.15-17.40 SATELLITE LECTURE (ABBOTT)
Atrial fibrillation. An old disease with new therapeutic choices

17.40-18.05 SATELLITE LECTURE (WINMEDICA)
Antiarrhythmic drug choices in the hypertensive patient with atrial fibrillation

18.05-18.15 Coffee break
18.15-18.45 **DEBATE II**

A 75 old hypertensive female with left ventricular hypertrophy and paroxysmal atrial fibrillation: What the appropriate anticoagulant

Chairman: A. Achimastos

The old one is preferable

D. Richter

The new oral anticoagulant is the best choice

I. Zarifis

18.45-20.00 **ROUND TABLE II**

Management of atrial fibrillation in a hypertensive patient. The clinical meaning of

Chairmen: A. Katsivas, T. Makris,

Blood pressure control

K. Dimitriadis

Glycaemic control in diabetics and kidney dysfunction

D. Syrseloudis

Targeting the autonomic system

S. Tzeis

Targeting pulmonary veins

M. Efremidis

Panelists: P. Giovas, D. Gourlis, E. Andrikou, P. Ioannidis

20.00-20.30 **SATELLITE LECTURE (BAYER)**

Management of rivaroxaban in patients with atrial fibrillation

20.30-21.15 **PODIUM DISCUSSION**

Current status of uncontrolled hypertension and atrial fibrillation in the Balkan area

Moderators: M. Papavasiliou, A. Pitaras

Panelists: B. Jelacovic, V. Katsi, D. Lovic
Saturday, March 28, 2015

08.45 WELCOME ADDRESS
C. Tsioufis, Chairman of the Symposium
R.E. Schmieder, Co-Chairman of the Symposium

09.00-10.30 ROUND TABLE I
Basics on resistant/difficult to control hypertension
Chairmen: E. Agabiti-Rosei, G. Mancia, Ath. Manolis
Epidemiology and clinical importance
J. Redon
The problem of white coat effect in a resistant hypertensive patient
G. Stergiou
How to improve patients compliance
C. Grasos
How to optimize pharmacological therapy
G. Mancia
Panelists: V. Kotsis, E. Manios, E. Triantafilidi, K. Pantos

10.30-11.30 ROUND TABLE II
Common causes of difficult to control hypertension
Chairmen: I. Kallikazaros, E. Iliodromitis
Obstructive Sleep Apnea Syndrome: How to assess and how to treat
G. Parati
Primary aldosteronism: How to assess and how to treat
E. Andreadis
Dysautonomia: How to assess and how to treat
A. Coca
Panelists: C. Thomopoulos, K. Kifnidis, D. Papadopoulos

11.30-11.45 Coffee break
11.45-13.15  **ROUND TABLE III**  
*Modulation of the autonomic tone for hypertension treatment. Where we are*  
*Chairmen: G. Parati, F. Tryposkiadis*  
Pharmacological approach  
*C. Tsioufis*  
Renal Denervation  
*F. Mahfoud*  
Baroreceptor stimulation  
*M. Doumas*  
Arterial-Venus fistula  
*R.E. Schmieder*  
The future of interventional therapy  
*M. Bohm*

13.15-13.40  **SEMINAR**  
*(SERVIER)*  
*Combining the gold standards of three worlds*

13.40-14.05  **SEMINAR**  
*(PFIZER)*  
*Individualizing the anticoagulant treatment in patients with non valvular atrial fibrillation. The role of apixaban*

14.05-14.45  Lunch break

14.45-16.15  **ROUND TABLE V**  
*Hypertensive heart-kidney disease: An update*  
*Chairmen: P. Nihoyianopoulos, D. Vlachakos*  
How to differentiate a hypertensive left ventricular hypertrophy from the athletes  
*A. Anastasakis*  
How to treat a hypertensive patient with dyspnea and preserved ejection fraction?  
*E. Agabiti-Rosei*  
Treating proteinuria. Has any clinical value?  
*R.E. Schmieder*  
The challenges of treating hypertensives with end stage renal disease  
*P. Sarafidis*  
*Panelists: C. Aggeli, C. Chrysochoou, D. Petras, N. Kaperonis*
16.15-16.45  **SE-down on Resistant Hypertension & Related Comorbidities**

16.15-16.45  **SE-dellite Lecture (NOvARTIS)**

**TBA**

16.45-17.00  Coffee break

17.00-18.30  **Round Table VI**

**Common issues in an uncontrolled hypertensive patient**

Chairmen: S. Fousas, G. Vysoulis

Sexual dysfunction: How to approach and treat

C. Vlachopoulos

Aortic aneurysm. Monitoring and therapy

A. Naka

Treating an elderly hypertensive. What to pay attention

A. Protogerou

When to refer a hypertensive patient to a hypertension excellence center

P. Kalogeropoulos

Panelists: N. Ioakimidis, K. Filis, F. Lagiou, E. Fragoulis

18.30-19.00  **SE-down Lecture (MSD)**

**Dyslipidemia in high risk patients. Message from the IMPROVE-IT trial**

19.00  **Closing Remarks**

C. Tsioufis, R.E. Schmieder
FACULTY

Achimastos A.            Ioakimidis N.            Parati G.
Adamopoulou V.           Ioannidis P.           Petras D.
Agabiti-Rosei E.         Jelacovic B.           Pitaras A.
Aggeli C.                Kallikazaros I.         Protogerou A.
Anastasakis A.           Kalogeropoulos P.       Redon J.
Andreadis E.             Kaperonis N.           Richter D.
Andrikopoulos G.         Katsi V.               Sarafidis P.
Andrikou E.              Katsivas A.            Schmieder R.E.
Bohm M.                  Kifnidis K.            Sideris S.
Chatzis D.               Kotsis V.              Skiadas I.
Chrysochoou C.           Kourouklis S.          Stergiou G.
Coca A.                  Lagiou F.              Stougianos P.
Dilaveris P.             Lovic D.               Syrseloudis D.
Dimitriadis K.           Mahfoud F.            Thomopoulous C.
Doumas M.                Makris T.              Tousoulis D.
Efremidis M.             Maniatis E.            Triantafilidi E.
Filis K.                 Manolis Ant.           Tryposkiadis F.
Flevari P.               Manolis Ath.           Tsiachris D.
Fousas S.                Marketou M.           Tsioufis C.
Fragoulis E.             Naka A.                Tzeis S.
Gatzoulis K.             Nihoyianopoulos P.      Vlachakos D.
Giovas P.                Pantos K.              Vlachopoulos C.
Gourlis D.               Papadopoulos D.       Vysoulis G.
Grasos C.                Papavasiliou M.        Zarifis I.
GENERAL INFORMATION

Official pre-ESH congress Satellite Symposium
Update on Resistant Hypertension and related comorbidities
Chairman: C. Tsioufis, Secretary of ESH
Co-Chairman: R.E. Schmieder, Vice president of ESH

Venue location & Dates
The official pre-ESH Satellite Symposium will be held from Friday, March 27th to Saturday, March 28th 2014 in Athens, at BENAKI MUSEUM (138 Piraeus str., Athens 118 54, Greece, http://www.benaki.gr/?id=40202&lang=en)

Registration - Certificate of attendance - Credits
The registration fee for the participants is 80,00 €. All registered participants are entitled to receive a Certificate of Attendance.
The Certificate will be issued only upon display of participant badge, which will be issued by the Symposium secretariat and only upon satisfactory attendance.
The Symposium is accredited with 9 CME credits by the Panhellenic Medical Association.

Official Language
The official language of the course is English.

Exhibition
The Symposium will be accompanied by a major exhibition where pharmaceutical and/or equipment/device industries will display relevant products and therapeutic developments.

Organizing Bureau - Secretariat
Congress World Event - Travel EE
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